

**JANUARY**  
2017

# Alderney Gate

## PROGRAM LISTINGS

### Adult

#### **Steampunk Book Club**

Honour the arts, crafts, and aesthetic of sci-fi inspired by the Industrial Revolution. This month, discussion will abound as we visit P. Djeli Clark's *A Dead Djinn in Cairo*.

**Sun, Jan 8/3 PM**

#### **Cultivating Cosiness: Hygge Living**

In the deep, cold Winter how can we cultivate cosiness? Hygge is a beautiful Danish way of living that nurtures relationships with loved ones over crackling fires, warm woolen socks, shared meals, and laughter. Learn from local Danes how to have a hyggelig time, and get inspired with ideas for decorating a cosy living space. In Partnership with the Scandinavian Society of Nova Scotia, and Kept Home Decor.

**Tues, Jan 17/7 PM**

#### **Environment Ethics**

##### **with Dr. Andrew Kernohan**

With important changes happening on the world's geographic and political landscape discussions of Environmental Ethics are more important than ever. Join these discussion based on TED Talks and work to solve problems around global tipping points, planetary boundaries, ocean degradation, animal agriculture, desertification, and climate change.

**Tue, Jan 17/11 AM-12 PM**

#### **Evergreen Writers Group**

Always welcoming new participants, the group gets together for discussions, feedback, guest speakers, and workshops for aspiring writers. Call 902-463-5612 for more information.

**Wed, Jan 18/10:15 AM-12:15 PM**

#### **Introduction to Mindfulness**

##### **with Dr. Jans Ellefsen**

Who couldn't use a little stress reduction in their life? Stress reduction is just one of the healthy benefits of practicing mindfulness along with boosting focus and memory, and increasing cognitive flexibility.

**Fri, Jan 20/10:30 AM**

#### **Want Better Health? Build Better Goals!**

Explore what motivates you and what stops you from making healthy changes, as well as develop a plan to help you achieve your goal.

**Fri, Jan 20/12 PM**

#### **Games for Grown-ups**

Take a break on a wintery day, meet up with friends and community, and get your gaming brain ready! Enjoy crib, playing cards, Yahtzee, checkers, and tic-tac-toe (including Braille versions.) This program is offered in partnership with the The Alliance for the Equality of Blind Canadians, and is open to all game lovers. In partnership with The Alliance for the Equality of Blind Canadians.

**Sun, Jan 22/2 PM-4 PM**

#### **Job Searching Skills Series**

This four session workshop provides participants with the opportunity to develop the skills required to conduct an effective job search. Call 902-422-8023 to register. In partnership with Nova Scotia Works.

**Wed, Jan 25/9 AM**

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**Fri, Jan 27/9 AM**

#### **Knitting and Crochet Social**

Bring your wool, needles, and hooks and join us to chat, exchange ideas, and work on your current creation.

**Fri, Jan 27/10:30 AM-12 PM**

#### **Families Matter in Mental Health**

Do you care for someone living with a mental illness? You're not alone, and there is hope. Find support and information to help cope, strengthen communication, and solve problems. This 11-week program starts January 19th. Call 902-404-3504 or email [hmnavigator@eastlink.ca](mailto:hmnavigator@eastlink.ca) to register.

**Thursdays/2 PM-4 PM**

Begins January 19

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### Conversation Corner

Newly arrived to Halifax? Bring your coffee, meet people and practice your English.

**Saturdays/9:15 AM-11:15 AM**

Begins January 7, Registration required

### Kids

#### Saturday Game Day

##### Giant Games

All Ages

Get your game on at the library! Each month will be a different, hands on activity or experience that will be fun for kids and grown ups alike. Drop-in for some gaming fun.

**Sat, Jan 7/10 AM-3 PM**

#### Sat-ART-day

##### Fireworks Painting

All Ages

It's Sat-art-day at the library! Drop in for a different artistic experience or technique each month, and let your creativity soar! Create your own, or collaborate with your family or friends.

**Sat, Jan 14/10 AM-3 PM**

#### Super Science Saturdays

##### Paper Airplane Science

All Ages

Unleash your inner mad scientist!

Drop in for a different family-friendly scientific experiment or activity every month.

**Sat, Jan 21/10 AM-3 PM**

### Chess at the Library

#### with Dartmouth Junior Chess Club

Ages 5+

Learn to play against others, take on new challenges, and develop your own strategies, guided by local experts. Open to chess players of all ages. Call Don Bidgood at 902-463-7667 for more information. In partnership with Dartmouth Junior Chess Club.

**Saturdays/1 PM-4 PM**

Begins January 7

#### Learn Chess with Your Child

Children in Grades 1-2 with Adult Chess for absolute beginners in Grades 1-2. Join local Chess Expert Chris Felix to learn how the pieces move, and all the basics you need to get you started! Each child should be accompanied by an adult who will stay and learn with them. Students are welcome to stay after each session and get in some practice games with the Dartmouth Junior Chess Club. In partnership with Dartmouth Junior Chess Club.

**Saturdays/1:30 PM-2:30 PM**

Begins January 14, Registration required

### Preschoolers

#### Puppet Show for Groups

***The Wizard's Sneeze and Mother, Mother, I Want Another!***

All ages

Daycares and preschools are invited to join us for these two puppet stories starring a wizard, a queen, a princess, and...a lamb?

**Wed, Jan 25/9:45 AM-10:15 AM**

Group registration required

#### Puppet Show

***The Wizard's Sneeze and Mother, Mother, I Want Another!***

All ages

Join us for these two puppet stories starring a wizard, a queen, a princess, and...a lamb?

**Wed, Jan 25/10:30 AM**

Free tickets given out 30 min before event

#### Puppet Show

***The Wizard's Sneeze and Mother, Mother, I Want Another!***

All ages

Join us for these two puppet stories starring a wizard, a queen, a princess, and...a lamb?

**Sat, Jan 28/10:30 AM**

Free tickets given out 30 min before event

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## PROGRAM LISTINGS

### **Baby and Tot Time**

Ages 0-35 months

Drop-in and introduce your child to the wonderful world of books!

**Mondays/10:30 AM-11:15 AM**

Begins January 9, Free tickets given out 30 min before event

### **Tales for Tots**

**Winter Session**

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present. .

**Tuesdays/10:30 AM**

Begins January 10, Registration required

### **Shake, Rattle, and Read**

All Ages

This entertaining, high-energy program for young children and their caregivers will focus on the importance of oral storytelling, rhymes, and music in the development of pre-reading skills.

**Wednesdays/10:30 AM-11 AM**

Begins January 4, No program January 25, Free tickets given out 30 min before event

### **Shake, Rattle, and Read for Groups**

All Ages

Daycares and Preschools: This entertaining, high-energy program will focus on the importance of oral storytelling, rhymes, and music in the development of pre-reading skills.

**Wednesdays/9:45 AM-10:15 AM**

Begins January 4, No program January 25, Group registration required

### **Storytime**

**Winter Session**

Ages 3-5

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading.

**Thursdays/10:30 AM-11 AM**

Begins January 12, Registration required

### **Baby's First Books**

**Winter Session**

Ages 0-18 months

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Caregiver must be present.

**Fridays/10:30 AM**

Begins January 13, Registration required

## Teens

### **Game Night!**

Come play one of our board games, or try out the new PS4! Game Night will happen the first Wednesday of every month. Email Barb at orrb@halifax.ca for special requests.

**Wed, Jan 4/6 PM-8 PM**

### **Geek Night!**

The third Wednesday of each month we'll have a gathering of a different fandom. This month's theme is Sherlock Mystery Breakout! Email Barb at orrb@halifax.ca with suggestions for future programs.

**Wed, Jan 18/6 PM-8 PM**

### **Create Night!**

Come create, invent, or craft at the library. All our supplies are available for you to indulge your inner genius. This program will happen the last Wednesday of every month. Email Barb at orrb@halifax.ca for any special requests.

**Wed, Jan 25/6 PM-8 PM**