

JANUARY
2017

Tantallon

PROGRAM LISTINGS

Adult

Games Night for Adults

Why should kids have all the fun? Drop-in to this program to explore new and classic board games. We'll play a few in small groups, and then merge into one large game. Bring friends or come solo. All are welcome to play.

Thu, Jan 5/7 PM-8:30 PM

Book Club

***Great House*, by N. Krauss**

For twenty-five years, a reclusive American novelist has been writing at the desk she inherited from a young Chilean poet who disappeared at the hands of Pinochet's secret police. One day, a girl claiming to be the poet's daughter, arrives to take it away, sending the writer's life reeling.

Tue, Jan 10/7 PM-8:30 PM

Registration required

Public Health Information Sessions

Breastfeeding Support

Parents with children ages 0-5 Drop-in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about special topic. In partnership with Nova Scotia Public Health.

Tue, Jan 10/1:30 PM-2:30 PM

Creating a Nature Habit with Your Family

with Dawn Suzette Smith

Dawn Suzette Smith shares the importance of prioritizing outdoor time for your family to help your children grow in not only their understanding of the natural world, but also to increase their problem solving skills, creatively, ingenuity, and more. Dawn is an advocate of taking time to connect with nature. She is a strong believer that it is possible to create time in our busy schedules to dedicate to the outdoors, and believes that by doing so we will see benefits in all aspects of life.

Wed, Jan 11/7 PM-8:30 PM

Safe Winter Driving

with Tom Hickey

The Safe Winter Driving Program is an interactive talk provided by Tom Hickey, a Safe Driving Consultant with the RCMP. He will discuss how to improve your driving during winter in three main areas: 1) The Environment---inside and outside the vehicle, 2) The Vehicle---is it ready for winter driving, and 3) The Driver---conditions for safe travel. Tips and more information will be given during this informative talk. All are welcome. In partnership with Safe Winter Driving, RCMP.

Sat, Jan 14/2:30 PM-4:30 PM

Registration required

A Monthly Meditation Group Open to All

An introduction to the power of the practice of mindfulness and its benefits to health, well-being, and managing the pace of life. Drop-in once to check it out or come regularly. Sessions include guided practice and discussion. No previous experience required. The sessions are led by Dr. Timothy Walker, Ph.D., a faculty member of the Atlantic Contemplative Centre (ACC). The Open Mindfulness in the Bay is a free, 2 hr/month session for the public.

Sun, Jan 15/2:30 PM-4:30 PM

Hello iPad

Got the iPad blues? Bring your iPad to the library and we will help you to learn some basic functions and features, as well as how to download library books. Please bring your iPad along for this session. Please call 902-826-3330 to register or sign up at the Information Desk.

Tue, Jan 17/7 PM-8:45 PM

Registration required

Mindfulness in the Bay

INTRO TO THE PSYCHIC: A THREE PART

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SERIES

Introduction to Being Psychic with Carol Grimmitt, Shining Silverbirch

Do you notice co-incidences in your life? Do you feel, see, and sense things before they happen? We are all intuitive beings. Come and learn what being psychic is all about and tap into your abilities. Please register by calling 902-826-3330 or drop-in to sign up. In partnership with Shining Silverbirch, Tantallon.

Thu, Jan 19/7 PM-8:45 PM

Registration required

Firewood, Wildlife, and the Well Managed Forest by Bob Bancroft with the Nova Scotia Firewood Club

Bob Bancroft served as an extension (education) biologist, editor, and fisheries biologist before leaving the provincial civil service in 1999. As the current President of Nature Nova Scotia, Bob led a scientific panel commissioned by government in 2009/2010 to make recommendations for a new forest strategy. This is a presentation of his vision. In partnership with Nova Scotia Firewood Club.

Sat, Jan 21/2 PM-4:30 PM

Learn the basics of Ryder Carroll's bullet journal system, a customizable, analog organization system suitable to the digital age and applicable to many uses, such as a to-do list, diary, or anything else that helps you. This beginner's workshop will give you ideas on how to customize this bullet journal system to suit your needs. Bring a favourite notebook and pen and get a fresh start on getting organized for 2017.

Tue, Jan 24/7 PM-8:30 PM

Public Health Information Sessions Parenting Support

Parents with children ages 0-5 Drop-in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about a special topic. In partnership with Nova Scotia Public Health.

Tue, Jan 24/1:30 PM-3:30 PM

Don't Hibernate, Participate! with Community Health Team

Does your physical activity routine tend to cool off with the temperatures? Learn strategies to keep you exercising safely into the colder months. Call 902-460-4560 to register. In partnership with Community Health.

Tue, Jan 31/7 PM-8:30 PM

Registration required

Public Health Information Sessions Making Mealtimes Matter

Parents with children ages 0-5 Drop-in for a free session with a Public Health Nurse. In partnership with Nova Scotia Public Health.

Tuesdays/2:30 PM-3:30 PM

Begins January 10

Women in Conversation

Are you a woman who has newly immigrated to Canada? Join us to practice your English skills while meeting other people, sharing experiences and learning about your new community!

Wednesdays/10:30 AM-12 PM

Begins January 4, Registration required

Needle Niche Craft Social Group

Meet in the lounge with this social group and bring along any of your needle crafts and join in with this fun group. Knitting, crocheting, quilting, embroidery—share your passion or develop a new hobby.

Thursdays/7 PM-8:50 PM

Begins January 5

Bridge at the Library

Mixed "Kitchen" style- all new members with some experience with Kitchen Style Bridge are welcome to join.

Fridays/1 PM-4 PM

Begins January 6

Bullet Journaling for Beginners

HALIFAX PUBLIC
Libraries

Visit halifaxpubliclibraries.ca or the branch information desk for current program information. Listings printed on December 22.

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Games at the Library

Join us for an afternoon of games such as Scrabble, Crib, or 45's with old friends and new. Please bring a friend or two or your own games to join in the fun. All are welcome.

Fridays/12:30 PM-2:30 PM

Begins January 6

Kids

SUPER SATURDAYS

Snowmen

All ages

All ages fun, every Super Saturday Morning! Puppet Shows, Free Play, Special Storytimes, and who knows what else! Drop-in for crafts and stories about snowmen. There's snow-way you can miss this program.

Sat, Jan 14/10:30 AM-11:30 AM

Homeschoolers at Tantallon

Dewey Numbers 400-499

All ages

Let us help you with your homeschooling plans. Register with the group and drop-in for our monthly program by contacting Eric at 902-826-3330 or drewe@halifax.ca. This month's session features Dewey Numbers 400-499, in a team-based trivia game about language.

Thu, Jan 19/2 PM-4 PM

Registration required

SUPER SATURDAYS

Variety-Pack-o-Fun

All ages

All ages fun, every Super Saturday Morning! Puppet Shows, Free Play, Special Storytimes, and who knows what else!

Sat, Jan 21/10:30 AM-11:30 AM

Puppet Show

The Mouse Deer

All ages

What wacky antics will those puppets get up to this time?

Thu, Jan 26/3:30 PM-4 PM

Free tickets given out 30 min before event

Preschoolers

SUPER SATURDAYS

Puppet Show

The Mouse Deer

What will those wacky puppets get up to this time?

Sat, Jan 28/10:30 AM-11 AM

Free tickets given out 30 min before event

Storytime

Ages 3-5

Are your children ready to begin independent learning through stories and music? This program will get them and you started, including introductions to French music and vocabulary.

Tuesdays/10:30 AM-11:15 AM

Begins January 10

Songs and Stuff

Ages 0-5

Music focused story time for pre-schoolers and their families!

Thursdays/10:30 AM-11:15 AM

Begins January 12

Fables and Frolics

Family Drop-In

Ages 0-5

Free-play, crafts, story time and more family fun!

Fridays/10:30 AM-11:30 AM

Begins January 13

Teens

TEEN SCI-FI / FANTASY CLUB

Board Gaming

Come on out and get your geek on!

Whether you're a teen with a taste for Sci-Fi and Fantasy or a teen who reads geek, watches geek, plays, dresses, and breathes geek, this is the club for you.

Let's play: Marvel Legendary, Smash Up, Zombie Dice, Ultimate Werewolf, King of Tokyo, and The Resistance

Thu, Jan 12/7 PM-8:30 PM