

**APRIL**  
**2017**

# Bedford

## PROGRAM LISTINGS

### Adult

#### **Bedford Sackville Autism Support Group**

Open to primary caregivers of people with Autism Spectrum Disorder, these meetings are an opportunity to share and learn from other families experiencing the challenges and joys that can come with caring for a person on the spectrum. You are welcome to join us on the first Tuesday of every month.

**Tue, Apr 4/7 PM**

#### ADULTING SERIES

#### **Adulting: How to Grocery Shop**

Ages 18+

Is it time to move beyond cereal or noodles for supper? Superstore Dietitian, Ellen Panting can help you grocery shop and eat healthily on a budget. We'll also go on a virtual tour of the grocery store. In partnership with Atlantic Superstore.

**Wed, Apr 12/7 PM-8:30 PM**

#### ADULTING SERIES

#### **Adulting: How to Money**

Ages 18+

Learn how to manage your finances like a grownup: where to put your money, how to spend it, how to save it, and how to make sure you still have it when the rent is due! With Michael Allen, a financial advisor from Edward Jones.

**Wed, Apr 19/7 PM-8:30 PM**

#### **Book Club**

#### ***The Illegal*, by Lawrence Hill**

Discover new authors, meet new people, and share insights.

**Tue, Apr 25/2:30 PM**

#### **Newcomers' Conversation Group (Beginner Level)**

Meet with our skilled instructors and other adults new to Canada. Enjoy coffee, make new friends, and improve your language skills. Contact information desk staff for more details.

**Mondays/9:30 AM-11:30 AM**

No program April 17, Registration required

#### **How to Speak Assertively with Bedford/Sackville Community Health Team**

You will learn how to say your opinions, needs, and feelings in an open, honest, and direct way by participating in group activities, discussions, role plays, and practicing at home. To register for this four-week workshop series, call 902-460-6750.

**Tuesdays/10 AM-12 PM**

Runs April 11-May 2

#### **Newcomers' Conversation Group (Intermediate Level)**

Meet with our skilled instructors and other adults new to Canada. Enjoy coffee, make new friends, and improve your language skills. School-aged children are invited to attend our Children's language learning session also offered during this time. Contact information desk staff for more details.

**Saturdays/10 AM-12 PM**

Registration required

### Kids

#### **Lego at the Library**

All ages

Let your imagination run wild with the Library's Lego collection. Create some fun for the whole family.

**Sat, Apr 15/10 AM-4:30 PM**

#### **Children's English Language Skills Program**

Ages 5-12

Join us for a morning of fun and learning as we work on homework, play games and meet new friends, all while practicing our English language skills! Parents are invited to attend our Newcomers' Conversation Group also offered during this time.

**Saturdays/10 AM-12 PM**

No program March 18, Registration required

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## PROGRAM LISTINGS

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### Preschoolers

#### **Puppet Show**

##### ***Don't Count Your Chickens***

All ages

The Easter Bunny doesn't have any eggs to paint. Mrs. Hen has too many eggs. Perhaps you see where this is going? Join us for lots of funny antics along the way to our happy ending. Please note: There will be a chocolate egg hunt in the library following the show.

**Thu, Apr 13/10:30 AM**

#### **Puppet Show**

##### ***Puss in Boots***

All ages

In this classic tale from France a clever cat wins a fortune for his master and the hand of a princess.

**Thu, Apr 27/10:30 AM**

#### **Family Drop-in**

Ages 0-5

A short storytime followed by free play with puzzles and crafts is sure to delight and entertain your child. There's something here for everyone, including a baby corner complete with infant toys.

**Wednesdays/10:15 AM-11 AM**

No program March 15 and 22