

**APRIL**  
**2017**

# Halifax North

## PROGRAM LISTINGS

### Adult

#### **Building Better Goals**

This learning session will help you set realistic health goals. You'll explore what motivates you and what stops you from making changes. At the end of the session you'll develop a plan to help you achieve your goals. In partnership with Capital District Health Authority's Community Health Team..  
**Thu, Apr 6/6 PM-8 PM**

#### **Movie**

##### ***Manchester By The Sea***

Rated R

An uncle (Casey Affleck) is asked to take care of his teenage nephew after the boy's father dies. You will cry - Kleenex will be provided.

**Sat, Apr 8/1:30 PM-3:30 PM**

#### **Movie**

##### ***Nocturnal Animals***

Rated R

A wealthy art gallery owner (Amy Adams) is haunted by her ex-husband's novel, a violent thriller she interprets as a symbolic revenge tale.

**Sat, Apr 15/1:30 PM-3:30 PM**

#### **7th Annual Emerging Lens Cultural Film Festival Youth Night**

A night focused on local young aspiring filmmakers and their unique stories. Watch the films, then meet the creative talent!

**Fri, Apr 21/7 PM-9 PM**

#### **7th Annual Emerging Lens Cultural Film Festival Pitch Session**

Join us at our Pitch Session with a panel of experts from the film industry and the chance to share with them your own story. The panel is a great opportunity to connect, get feedback and collaborate with other folks.

**Sat, Apr 22/11 AM-1:30 PM**

#### **Movie**

##### ***Moonlight***

Rated R

A timeless story of human self-discovery and connection, *Moonlight* chronicles the life of a young black man from childhood to adulthood as he struggles to find his place in the world while growing up in a rough neighborhood of Miami.

**Sat, Apr 22/1:30 PM-3:30 PM**

#### **Movie**

##### ***Jackie***

Rated R

Following the assassination of President John F. Kennedy, First Lady Jacqueline Kennedy (Natalie Portman) fights through grief and trauma to regain her faith, console her children, and define her husband's historic legacy.

**Sat, Apr 29/1:30 PM-3:30 PM**

### Kids

#### **After School Drop-In**

Ages 7-12

A safe, supportive, and supervised space for kids to hang out, eat healthy snacks, and participate in fun activities including gaming, art, and hands-on science. In partnership with St. George's Youthnet.

**Fridays/3:30 PM-4:45 PM**

### Preschoolers

#### **Puppet Show**

Ages 2-5

Pop for some puppet fun and watch as your favourite stories come to life with our amazing cast of characters.

**Thu, Apr 6/10:30 AM-11 AM**

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### **Storytime**

Ages 2-5

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading. Join us at Halifax North!

**Thu, Apr 13/10:30 AM-11:30 AM**

### **Block Party**

Ages '2-5

Join us for the best kind of party - a block party! Come by for our block-play program where kids can build, explore, and create together. A great way for kids and parents to learn the importance of play side-by-side.

**Thu, Apr 20/10:30 AM-11:30 AM**

### **Preschool Dance Party**

Ages 0-5

Are you ready for a preschool dance party? We hope you are! Come by and move, shake it, and jump around to old favourites and new classics.

**Thu, Apr 27/10:30 AM-11 AM**

## **Teens**

### **Teen Night**

Ages 13+

This is your place to hang out, meet new people, play games, explore your artistic side...and have fun!

**Wednesdays/6:30 PM-8:30 PM**