

MAY
2017

Bedford

PROGRAM LISTINGS

Adult

ADULTING SERIES

How to Get a Job

Ages 18+

A clear and effective introduction to your skills is your key to unlocking the door to a good job. NSCC Communications Teacher, Jolene Pattison can give you that key. Learn the most important tips to building a resume that will get attention. The Library's Adulting Series follows the maxim, "Just because you don't feel like an adult doesn't mean you can't act like one."

Wed, May 3/7 PM-8:30 PM

First Aid for Families with Nova First Aid

All ages

Nova First Aid provides basic first aid instruction for families with young children who do not have access to first aid training. Topics covered in each two-hour workshop include basic first aid skills for families, calling 9-1-1 for children, and how to help when someone is choking. Novafirstaid.com. In partnership with Nova First Aid.

Tue, May 9/6:30 PM-8:30 PM

Registration required

Writers' Circle

Join our writers' circle for support and inspiration. Hosted by author Suzanne Atkinson.

Wed, May 10/6:30 PM-8 PM

GAELIC NOVA SCOTIA MONTH /
MÌOS NAN Gàidheal

Genealogy / Sloinntearachd with Vince MacNeil

Discover where to look and gain insight into the Gaelic language and culture as you research your Scottish ancestry. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Sat, May 13/2 PM

First Things First: Time Management with the Bedford/Sackville Community Health Team

Do you feel like there are not enough hours in your day? Learn tips and tools to achieve a better life balance. To register, call 902-460-6750. In partnership with Bedford/Sackville Community Health Team.

Tue, May 16/7 PM

Registration required

ADULTING SERIES

How to Take Care of Your Car

Ages 18+

Automotive expert, Doug Bethune will give us a basic crash course in car care. Bring your questions. The Library's Adulting Series follows the maxim, "Just because you don't feel like an adult doesn't mean you can't act like one."

Wed, May 17/7 PM-8:30 PM

Windows 10

Learn to navigate the basics of Windows 10

Fri, May 26/2 PM-3:30 PM

Registration required

Book Club

***The Rainbow Comes and Goes: A Mother and Son on Life, Love, and Loss*, by Anderson Cooper and Gloria Vanderbilt**

Discover new authors, meet new people, and share insights.

Wed, May 31/2:30 PM

Newcomers' Conversation Group (Beginner Level)

Meet with our skilled instructors and other adults new to Canada. Enjoy coffee, make new friends, and improve your language skills. Contact information desk staff for more details.

Mondays/9:30 AM-11:30 AM

No program May 22, Registration required

How to Speak Assertively with the Bedford/Sackville Community Health Team

You will learn how to say your opinions, needs, and feelings in an open, honest, and direct way by participating in group activities, discussions, role plays, and practicing at home. To register for this four week series, call 902-460-6750. In partnership with the Bedford/Sackville Community Health Team.

Tuesdays/10 AM-12 PM

Session ends May 2, Registration required

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SCANS Presents:

Shakespeare and Old Age with Alan Young, Acadia University

The phenomenon of old age and the aging process are of considerable significance in a number of Shakespeare's plays. King Lear is the most detailed and complex of these, and it will provide the centrepiece for the course. In approaching the subject-matter of this course, the instructor will offer some historical pointers regarding concepts of age and aging in the Elizabethan and early Stuart period, comparing them with our own often very different and evolving perceptions. Alan Young is a Professor Emeritus at Acadia University. Seniors' College Association of Nova Scotia (SCANS).

Tuesdays/1:30 PM-3:30 PM

Registration required

Newcomers' Conversation Group (Intermediate Level)

Meet with our skilled instructors and other adults new to Canada. Enjoy coffee, make new friends, and improve your language skills. School-aged children are invited to attend our Children's language learning session also offered during this time. Contact information desk staff for more details.

Saturdays/10 AM-12 PM

Registration required

Kids

Lego at the Library

All ages

Let your imagination run wild with the Library's Lego collection. Create some fun for the whole family.

Sat, May 13/10 AM-4:30 PM

TASTES LIKE HOME

Cupcake Wars

Ages 5-12

Join us for Bedford Public Library's second annual Cupcake Wars. We will supply cupcakes, icing, and a variety of tasty (and not so tasty) toppings, but the decorating is up to you. Each round will feature a surprise twist, and the winner of each will walk away with a fabulous prize. Which dessert will take the cake?

Sat, May 27/2:30 PM

Children's English Language Skills Program

Ages 5-12

Join us for a morning of fun and learning as we work on homework, play games and meet new friends, all while practicing our English language skills! Parents are invited to attend our Newcomers' Conversation Group also offered during this time.

Saturdays/10 AM-12 PM

Registration required

Preschoolers

Puppet Show

Mother, Mother, I Want Another

All ages

Mrs. Raccoon is anxious to get Baby Raccoon to sleep and goes off to find what she thinks Baby Raccoon wants.

Thu, May 11/10:30 AM

ASIAN HERITAGE MONTH

Puppet Show

Chopsticks the Mouse and the Chinese Dragon

All ages

This is the story of a friendship between a mouse named Chopsticks and a wooden Chinese dragon.

Thu, May 25/10:30 AM

Family Drop-in

Ages 0-5

A short storytime followed by free play with puzzles and crafts is sure to delight and entertain your child. There's something here for everyone, including a baby corner complete with infant toys.

Wednesdays/10:15 AM-11 AM

Sessions ends May 24

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Teens

YMCA Homework Club for Newcomer Youth

Ages 13-18

Are you a teen who is new to Canada? Join us for a safe and friendly environment where you can get help with your homework, practice your conversational English, and make new friends. For permanent residents only. YMCA.

Wednesdays/4 PM-6 PM