

MAY
2017

Cole Harbour

PROGRAM LISTINGS

Adult

Book Club

***The Rosie Effect*, by Graeme Simsion**

Discover new authors, meet new people, and share insights monthly.

Wed, May 3/7 PM-8 PM

Registration required

Introduction to Reiki

Janet Harrison shares the background and benefits of traditional Usai Reiki from her own experience as a recipient and a practitioner of this dynamic form of energy healing. Learn how you can reduce your stress, balance energies, and reduce pain and discomfort. Call 902-490-3821 to register.

Wed, May 10/7 PM-8 PM

Laughter Yoga with Bruce Miller

This "laughing for no reason" form of yoga is good for stress relief and a better immune system. Join us! Please call 902-490-3821 to register.

Sat, May 13/11 AM

Registration required

GAELIC NOVA SCOTIA MONTH /
MÌOS NAN Gàidheal

Ceilidh with Celtic Harp / A' Chlàrsach Cheilteach

Experience a traditional ceilidh! Your host will bring to you songs, stories, tea, and oatcakes, and a special performance by Alys Howe on the Celtic harp. Please call 902-490-3821 to register. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Tue, May 16/7 PM

Discover Your Personal Strengths

Join us to discover your character strengths through activities and learn the benefits of applying them in life situations. Please register by calling 902-460-4560. In partnership with Dartmouth Community Health Team.

Wed, May 17/6:30 PM-8:30 PM

Knitting for Charity

We're still knitting squares for blankets, and finger puppets for the IWK! We're also knitting Twiddlemuffs for folks with dementia. Join us! (Donations of yarn are welcome.)

Wed, May 24/6:30 PM-8:30 PM

Home Staging

with Joanne Abrahams

Planning to sell your home? Join Joanne Abrahams, owner of Rave Review Home Staging and Redesign, to discover what is involved in home staging and how it can play a role in your real estate transaction. Please call 902-490-3821 to register.

Wed, May 31/7 PM

Adult Summer Reading Challenge

Read often! Read more! That is your goal for our first adult reading challenge. Register in person at Cole Harbour Public Library to record your summer reading, meet with others to chat about books and reading, get personal reading recommendations, and enter to win prizes.

Runs June 1-August 31

Registration required

Preschoolers

Read-A-Jig-Jig for Groups

Ages 0-5

Read a Jig Jig and away we'll go with music, stories, and more! To register please call 902-490-3820.

Wed, May 3/9:30 AM-10 AM

Group registration required

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Puppet Show

The Camping Trip

Ages 0-8

Will Percy be able to teach Delbert the art of camping or will the trip turn into an outdoor disaster?

Thu, May 4/10:30 AM-11 AM

Free tickets given out 30 min before event

Puppet Show

The Smartie Garden

Ages 0-8

Can Clarence really grow jellybeans or chocolate bars in his garden?

Thu, May 11/10:30 AM-11 AM

Free tickets given out 30 min before event

Read-A-Jig-Jig for Groups

Ages 0-5

Read a Jig Jig and away we'll go with music, stories, and more! To register please call 902-490-3820.

Wed, May 17/9:30 AM-10 AM

Group registration required

Puppet Show

The Beauty Who Would Not Spin

Ages 0-8

Can Anastasia learn to spin and win the love of the handsome prince?

Thu, May 18/10:30 AM-11 AM

Free tickets given out 30 min before event

Puppet Show

The Dragon Who Lived Downstairs

Ages 0-8

Will the dragon share his golden horde or will the witch steal everything?

Thu, May 25/10:30 AM-11 AM

Free tickets given out 30 min before event

Read-A-Jig-Jig

Ages 0-5

Read a Jig Jig and away we'll go with music, stories, and lots more fun.

Wednesdays/10:30 AM-11:15 AM

Sessions ends May 24, Free tickets given out 30 min before event

Baby and Tot Time

Ages 0-36 months

Join us for stories, songs, rhymes and more!

Wednesdays/1:30 PM-2:15 PM

Sessions ends May 24, Free tickets given out 30 min before event

Teens

YOUTH SPLASH

Library Scavenger Hunt

Grades 7-9

Can you navigate the Library and find all the clues for chance to win a prize?

Thu, May 4/6:30 PM-8 PM

Teen Supreme

Grades 10-12

A space for teen to hand out and relax, watch movies and videos, play games and participate in cool activities.

Snacks provided.

Thu, May 11/6:30 PM-8:30 PM

YOUTH SPLASH

Fun with Perler Beads

Grades 7-9

Come and design a hair bow, keychain, earrings...anything is possible with perler beads.

Thu, May 18/6:30 PM-8 PM

Teen Supreme

Grades 10-12

A space for teen to hand out and relax, watch movies and videos, play games and participate in cool activities.

Snacks provided.

Thu, May 25/6:30 PM-8:30 PM