

MAY
2017

Halifax Central

PROGRAM LISTINGS

Adult

Memory Boot Camp

with Dr. Gail Eskes & Dr. Ryan Wilson

Memory is like a muscle - it can work better with training and practice. If you would like to improve your memory join the memory boot camp for three sessions of education, workouts, and challenges with experts from Dalhousie University and the community called Inspired Living Medical. Session 1 outlines how memory works and the science behind making memory better. Sessions 2 and 3 focus on goal setting, skill building, and practice, practice, practice. Participants should plan to attend all three sessions

Mon, May 1/12 PM

Registration required

Immigration: The Ins and Outs of Visas and Permanent Residency

Immigrants bring great skills and diverse experiences with them. Including them in our workforce will greatly help Canada to grow and prosper. Immigration lawyers, staff from ISANS, and federal and provincial immigration departments are here to share information valuable to international students who wish to stay in Canada, entrepreneurs interested in establishing new businesses, and businesses interested in hiring employees from outside Canada. Light refreshments and networking following talks. In partnership with StartUp Halifax.

Mon, May 1/5:30 PM-8:30 PM

Registration required

Small Business Café

Networking group

Meet, learn, and share your experiences and issues with other small business owners like yourself. Bring your business cards and get ready to connect. Discover resources to find answers to your questions. The Small Business Café is a monthly networking for small business start-ups and owners. Our guest speaker, Zoran Jokic, CEO and President of Training First Consulting, will share his experience of becoming an entrepreneur in Nova Scotia. Zoran will bring insights into what are some of the challenges, and what it takes to be a successful small business owner.

Mon, May 1/6:30 PM-8:30 PM

Small Business Café

Networking group

Meet, learn, and share your experiences and issues with other small business owners like yourself. Bring your business cards and get ready to connect. Discover resources to find answers to your questions. The Small Business Café is a monthly networking for small business start-ups and owners.

Mon, May 1/6:30 PM-8:30 PM

Computer Coding for Adults

Intro to Coding for Adult/Seniors

Curious about coding but have no idea what it's about? Come join us for this introduction to coding where we'll talk about some of the popular tools and use some simple techniques to get you started. This program is designed for people with absolutely no experience with computer coding.

Tue, May 2/1 PM-2:30 PM

Registration required

Tutor Basics for Volunteer ESL Tutors

All community ESL (English as a Second Language) volunteer tutors are invited to this special presentation of Tutor Basics, presented by Rory Leitch from the Saint Mary's University Department of Education. Back by popular demand, this workshop will help you become a more successful and confident tutor, resulting in greater learner achievement. This is also a great opportunity to network with other volunteer tutors from around the city. No registration required.

Wed, May 3/6:30 PM-8:30 PM

BOOK LAUNCH

On the Author's Stage: Jen Powley featuring *Just Jen: Thriving Through Multiple Sclerosis*

Jen Powley was diagnosed with multiple sclerosis at fifteen. By thirty-five, she had lost the use of her arms and legs. *Just Jen* is a powerful memoir that tells the story of Powley's life at the time of her diagnosis, and the infinite, irrevocable ways it has changed since. It is a powerful, uplifting, and unforgettable work by an author who has laid her life - and her body - bare in order to survive. Presented in partnership with Scotiabank.

Wed, May 3/7 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

GAELIC NOVA SCOTIA MONTH / MÌOS NAN GÀIDHEAL

Gaels in the Wars /

Na Gàidheil 's na Cogaidhean

Experience a traditional ceilidh! Your host will bring to you songs, stories, tea and oatcakes and feature Joe Murphy, who will discuss The Gaels involvement in World War One. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Thu, May 4/6:30 PM

Movie

Florence Foster Jenkins

Rated PG

Meryl Streep delivers a touching performance as a New York socialite who dreams of becoming a great opera singer. While the voice she hears in her head is beautiful, to everyone else it is hilariously awful. Her husband (Hugh Grant) is determined to protect Florence from the truth. But when Florence stages a huge concert at Carnegie Hall, he faces his greatest challenge. Based on the incredible true story, Meryl Streep received a Best Actress Oscar Nomination for this role.

Fri, May 5/10 AM

Acoustic Song Circle

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

Sat, May 6/2 PM-4 PM

Yoga Flow

Connect to your breath, play with balance, build strength, and increase flexibility. This session is suitable for all levels and great for beginners. Please bring a mat. To register, visit eventbrite.ca and search for Yoga Flow.

Sun, May 7/2 PM-3 PM

Dance. Explore. Celebrate with the Halifax Fuse Festival

Join us to celebrate Halifax's cultural diversity through dance. Learn some cool moves. Try out African dance, flamenco, salsa, and more. Learn Halifax Fuse Festival's Flash Mob choreography to be performed at the Commons on July 1. Everyone is welcome. In partnership with Halifax Fuse Festival.

Sun, May 7/2 PM

Book Club

***All the Light We Cannot See*, by Anthony Doerr**

A novel about a French girl and a German boy in France during World War II. At age six, Marie-Laure goes blind and her father builds a model of their Paris neighborhood so she can memorize it. When Paris is occupied, they go to coastal Saint-Malo. In Germany, orphaned Werner becomes a radio expert, goes to military school, and becomes a tracker of the Resistance. Werner's path eventually converges with Marie's. Interweaving both lives, Doerr shows the ways that people can be good to one another.

Sun, May 7/3 PM-4 PM

Reel Justice

Celebrating Working People and the Arts

Reel Justice returns for a third year to present a selection of short films examining issues of social justice that affect our community. This year's selection includes works by local filmmakers who celebrate home, roots and belonging in a way that challenges common narratives about Nova Scotia. The screening will include films by KeKe Beatz and MAJE, Ragged Charabaty, Sylvia Hamilton, Guyleigh Johnson, Koumbie, Ariella Pahlke and Stephanie Young. mayworkshalifax.ca. In partnership with the Mayworks Halifax Festival.

Mon, May 8/6:30 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Top Five Common Mistakes Startups Make

This session will explain the value of business plan and business structure, and how to monitor cash flow. In partnership with Chartered Professional Accountants Canada.

Tue, May 9/12 PM-1 PM

LIBRARY PLAYERS' 27TH SEASON

Sonatas: Five for Three

In their first concert of the series, the Library Players explore the "Trio Sonata" - one of the staples of early music composers with music by Corelli, Bach, Quantz, Handel, and Haydn. The Library Players are Anita Gao-Lee (violin), Yi Lee (violin) and Max Kasper (bass). Enjoy wonderful music and informative, funny stories about the composers who wrote and developed the sonata, one of the main building blocks of classical music. Thank you to sponsor Wilson Fuels Co. In partnership with Symphony Nova Scotia.

Tue, May 9/12 PM

BOOK LAUNCH

On the Author's Stage: Mary Walsh featuring *Crying for the Moon*

In this brilliantly funny and poignant debut novel, actress, comedian, and social activist Mary Walsh has created the unforgettable Maureen Brennan, a young woman coming of age in the late 1960s in St. John's, Newfoundland. Presented in partnership with Scotiabank.

Tue, May 9/7 PM

On the Author's Stage: Steven Price featuring *By Gaslight*

A magnificent literary historical-suspense novel in the tradition of Eleanor Catton's *The Luminaries*, Patrick DeWitt's *The Sisters Brothers*, and Michael Faber's *The Crimson Petal and the White*, bestseller *By Gaslight* was one of the most acclaimed and talked-about books of the past year. Presented in partnership with Scotiabank and Canada Council for the Arts.

Wed, May 10/6:30 PM

FANDOM WEDNESDAYS

Deep Cuts Vinyl Music Club

Johnny Cash's *American Recordings*

Ages 14-Adult

Rolling Stone placed *American Recordings* at #366 on its list of the 500 Greatest Albums of All Time. Fiercely true to the legend of Johnny Cash yet entirely contemporary, *American Recordings* gets richer with each listen. In partnership with Taz Records.

Wed, May 10/7 PM-8 PM

Wyndrock Quintet

The very popular Wyndrock Quintet will be returning with a colourful variety of concert selections and special guest artists duo pianists Louise Grinstead and Michele Bortolussi. The Wyndrock Quintet are Sue Kulik (flute), Nina Woulff (oboe), Andrey Smirnov (clarinet), Kristin Domm (bassoon) and Michael Chisholm (horn).

Thu, May 11/7 PM

3RD ANNUAL LIBRARY MINI-CON

Screening of *Raiders of the Lost Ark: The Adaptation*

and Conversation with the Creators on Skype

Rated PG

Talk about mega fans, this film is a shot-for-shot remake of *Raiders of the Lost Ark*, created by three friends over seven years. Discovered 14 years later in 2003, this low-on-budget, high-on-creativity love letter has garnered the attention of fans around the world (and Steven Spielberg). With a new scene added, a 100% rating on Rotten Tomatoes, and called the greatest fan film ever made. Eric Zala, the director of the film, will even be joining us after the screening for a short QandA. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more.

Sat, May 13/10 AM-12 PM

3RD ANNUAL LIBRARY MINI-CON

Injustice PS4 Tournament

Ages 13-Adult

Show off your mad fighting skills as a DC superhero or villain for your chance at prizes, bragging rights and glory! We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes, and more.

Sat, May 13/12 PM-1PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

3RD ANNUAL LIBRARY MINI-CON
Henchkin's Guild RPG and Board Game Room

All ages

The Hench-Kin's Guild of Halifax is a club dedicated to tabletop roleplaying games (RPGs), including Dungeons and Dragons, Call of Cthulhu, and many more. As a Mini-Con special they'll be open to all ages and running some great board games in addition to some adventurous RPGs. No prior experience necessary. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more.

Sat, May 13/11 AM-5 PM

3RD ANNUAL LIBRARY MINI-CON
Nero Armonia: Live Action Roleplay Interactive Demo

All ages

Do you love LARPing or have you never heard of it? Either way, you should check out this live interactive demo by Halifax medieval fantasy LARP chapter Nero Armonia. They will tell you all about what they do and give you a chance to join them on the battlefield. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more. In partnership with Nero Armonia.

Sat, May 13/12:30 PM-1:30 PM

3RD ANNUAL LIBRARY MINI-CON
Must Reads and What's New in Comics with Cal Johnston

Ages 12-Adult

Special guest and owner of Strange Adventures, Cal Johnston, will be here to tell us all about some great comic series, what's new, what you should absolutely be reading and some great starting points. Whether you're new to the world of comics or you're fully immersed and just want some ideas of what to read next this talk is for you. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more. In partnership with Strange Adventures.

Sat, May 13/1:30 PM-3 PM

JAZZ APPRECIATION MONTH
Bill Stevenson In Concert

Canadian treasure and local pianist and singer Bill Stevenson is giving a special Mother's Day afternoon concert featuring much loved jazz and blues classics. While his career has forty years of national-sized accomplishments that has placed him on the stage with The Doors and John Lee Hooker and in the recording studios of Garrett Mason and Hot Toddy, ECMA award-winning Bill Stevenson knows how to create a up-close and personal, lively vibe your mother will enjoy. Co-sponsored by TD Halifax Jazz Labs and Halifax Jazz Festival.

Sun, May 14/2 PM

Memory Boot Camp
with Dr. Gail Eskes and Dr. Ryan Wilson

Memory is like a muscle - it can work better with training and practice. If you would like to improve your memory join the memory boot camp for three sessions of education, workouts, and challenges with experts from Dalhousie University and the community called Inspired Living Medical. In Session 1, we learned how memory works and the science behind making memory better. In Session 2 (and 3), we focus on goal setting, skill building, and practice, practice, practice. Participants should plan to attend all three sessions

Mon, May 15/12 PM

Registration required

Author Soren Bondrup-Nielsen
featuring *Pukaskwa: A Naturalist's Year Surveying Birds in the Lake Superior Wilderness*

Having lived in Pukaskwa National Park for a full year in 1976/77, Soren Bondrup-Nielsen will talk about surviving 50-below temperatures, living in a tent for weeks, and traveling by snowshoes in winter, as well as summer living on the Lake Superior shore and weathering storms while surveying birds. Soren delves into the routines of this remarkable year, from walking transects and recording observations to the essentials of warmth, food and shelter, the joys of companionship, and the simple comforts of camp life.

Mon, May 15/7 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Introduction to Podcasting

Ages 15+

Are you interested in creating your own podcast? Join us as we discuss how to develop your ideas, and learn some of the technical skills needed to get your show off the ground.

Mon, May 15/7 PM-8 PM

LIBRARY PLAYERS' 27TH SEASON

Sonatas: Four for Two

In this concert, the Gatto Dolce Duo will look at sonatas written for two instruments and delve a little into Sonata form as it evolved into, and during, the Classical era with music by Mozart, Romberg, DeFesch and Telemann. The Gatto Dolce Duo are Colin Matthews (cello) and Max Kasper (bass). Enjoy wonderful music and informative, funny stories about the composers who wrote and developed the sonata, one of the main building blocks of classical music. Thank you to sponsor Wilson Fuels Co. In partnership with Symphony Nova Scotia.

Tue, May 16/12 PM

Corporate Structures for Small Business

This session will talk about business, tax, and liability aspects involved in selecting an appropriate corporate structure through which to operate a new business, and recognizing when it may be time to change the structure an established business is operated. In partnership with Cox and Palmer. Lawyers and Legal Services.

Tue, May 16/1 PM-2 PM

ATLANTIC BOOK AWARDS

Author Phonse Jessome featuring *Disposable Souls*

As part of the Atlantic Book Awards Festival, award-winning journalist and best-selling author Phonse Jessome will read from *Disposable Souls*, shortlisted for the 2017 Jim Connors Dartmouth Book Award for Fiction. He will also deliver a talk that explores the social value of Noir fiction as a form of journalism that examines the many ills in our society. In partnership with Atlantic Book Awards and Festival.

Tue, May 16/6:30 PM

NSCC NOVAfest 2017

All ages

Come and experience some of the best new World and Latin bands in Halifax at NOVAfest 2017. Organized and sponsored by NSCC.

Wed, May 17/6:30 PM

ATLANTIC BOOK AWARDS

Author Erin Wunker featuring *Notes from a Feminist Killjoy: Essays on Everyday Life*

Interested in talking about how to be a feminist killjoy in everyday life? Shortlisted for both the Margaret and John Savage First Book Award and Atlantic Book Award for Scholarly Writing, Erin Wunker, author of *Notes From a Feminist Killjoy*, will be doing a reading and discussion of feminism. Questions are welcome. In partnership with Atlantic Book Awards and Festival.

Wed, May 17/7 PM

Movie

Loving

Rated PG

The story of Richard and Mildred Loving, an interracial couple, whose challenge of their anti-miscegenation arrest for their marriage in Virginia led to a legal battle that would end at the US Supreme Court. Starring Joel Edgerton and Ruth Negga, who received a Best Actress Oscar Nomination for her role.

Fri, May 19/10 AM

Chess at the Library

Join us for this monthly instructional and recreational program. While the program's goal is to teach novice players the basic strategies of the game, the emphasis is on fun, enjoyment and learning something new. Chess is a pastime that has been embraced by young and old alike. It has been played in many cultures throughout the world for centuries. Known as the royal game, it can help develop logic, spatial thinking, and improve planning, memory, judgment, creativity and concentration.

Sun, May 21/1 PM-4 PM

NSCC NOVAfest 2017

All ages

Come and experience some of the best new R&B and Funk bands in Halifax at NOVAfest 2017. Organized and sponsored by NSCC.

Sun, May 21/2 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Sharing Dance with Halifax Dance!

Learn to dance from the comfort of your chair! Canada's National Ballet School is excited to launch Sharing Dance Canada 2017 to celebrate Canada's 150th Anniversary. Four Canadian choreographers have collaborated to give voice to a unique work that embodies Canada's diversity and artistic identity. This class will teach the seated portion of the dance, perfect for seniors or anyone wanting to try a unique dance. Visit <http://www.nbs-enb.ca/Sharing-Dance/Sharing-Dance-Day-2017> for more information. In partnership with Halifax Dance.

Tue, May 23/10 AM

Exploring Entrepreneurship and Funding Your Business

Hosted by the Business Counselling Coordinator, this workshop will cover topics on how to start your own business, business start-up resources, arts based businesses, available business programs and services in NS, inventing and patenting new products or methods, business in the digital age, and more. It is open to all and will be a mixture of presentation and discussion with the participants. In partnership with Entrepreneurs with Disabilities Network.

Tue, May 23/1 PM-2 PM

GAELIC NOVA SCOTIA MONTH / MÌOS NAN GÀIDHEAL

DNA Footprint / Fail SMS with Wayne MacIntyre

Take part in a genetic journey which, according to DNA results from National Geographic, started about 100,000 years ago. Learn some of the developments in the Gaelic language based on what linguistics have to say. Hear about how humans started out together, traveled apart, but are being brought back together in Canada's diverse population. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Tue, May 23/6:30 PM

Introduction To Photoshop Selections and Layers

Join us as we explore the Selection and Layers tools in Photoshop and teach you how to isolate components of your photos for editing, as well as how to manipulate layers to create a collage. Basic computer skills are required, and previous knowledge of Photoshop is an asset. We'll have a laptop and sample images here waiting for you.

Tue, May 23/6:30 PM-8 PM

Registration required

FANDOM WEDNESDAYS

Sports Trivia

Ages 12-Adult

Do you love sports? If you answered yes, test your knowledge with sports trivia and wear your team jersey for a photo.

Wed, May 24/6 PM-8 PM

Movie

Moonlight

Rated R

A timeless story of human self-discovery and connection, *Moonlight* chronicles the life of a young black man from childhood to adulthood as he struggles to find his place in the world while growing up in a rough neighborhood of Miami. *Moonlight* won three 2017 Academy Awards, including Best Picture, Best Adapted Screenplay, and Best Supporting Actor for Mahershala Ali.

Wed, May 24/6:30 PM

Hench-Kins Guild of Halifax RPG Club Adults/Teens 12+

The Hench-Kin's Guild of Halifax is a new club dedicated to tabletop roleplaying games (RPGs), including Dungeons & Dragons, Call of Cthulhu, and many more! These games are fun, social events, and no prior experience is necessary.

Sat, May 27/11 AM-5 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

OBEY CONVENTION

Laughter Meditation Workshop with Laraaji

Join us for a playful lesson in laughter and transcendence with legendary new age beacon Laraaji. Born Edward Larry Gordon, Laraaji has been a major figure of new age and ambient music for over three decades. After a chance encounter with British art-music pioneer Brian Eno in the late 1970s, Laraaji launched a career that has seen him perform and provide workshops all across the globe. A deeply talented and positive force in spiritual music and well-being. Presented as part of the OBEY Convention Music and Arts Society's 10th annual festival, OBEY Convention X.

Sun, May 28/2 PM-3:30 PM

Registration required

OBEY CONVENTION

Kara-Lis Coverdale Performs *PICL* (*Pieces In Caps Lock*)

A Musical Performance

Montreal's Kara-Lis Coverdale is a fiercely independent voice in new music. She creates colourful arrangements that blur the line between the human and the data with a unique penchant for long-form melody, harmony, and sonic detail. *PICL (Pieces in Caps Lock)* is a new work for solo piano that explores the modern relationship between text and the keyboard. Presented as part of the OBEY Convention Music and Arts Society's 10th annual festival, OBEY Convention X.

Sun, May 28/3:30 PM-5 PM

Memory Boot Camp with Dr. Gail Eskes and Dr. Ryan Wilson

Memory is like a muscle - it can work better with training and practice. If you would like to improve your memory join the memory boot camp for three sessions of education, workouts, and challenges with experts from Dalhousie University and the community called Inspired Living Medical. In Session 1, we learned how memory works and the science behind making memory better. In Session 3 we continue what was started in Session 2: goal setting, skill building, and practice, practice, practice. Participants should plan to attend all three sessions

Mon, May 29/12 PM

Registration required

GAELIC NOVA SCOTIA MONTH / MÌOS NAN GÀIDHEAL

A Tour of the Gaelic Languages / A' siubhail nan cànanan Gàidhealacha

with Dr. Emily McEwan and Dr. Jerry White

This program focuses on all three Gaelic languages: Scottish Gaelic (Gàidhlig), Irish (Gaeilge), and Manx (Gaelg). Learn what the languages sound like, where they are spoken, their histories and their similarities and differences. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Mon, May 29/6:30 PM

Get To Know Your Guitar

Ages 12+

Not sure where to start with the guitar? Join us for this skill building workshop where we will discuss the basics of guitar ownership including tuning, maintenance, basic chords, and theory as well as strumming techniques. This workshop is for beginners looking to explore the instrument.

Mon, May 29/7 PM-8 PM

Hello iPad

Learn the basics on how to use an iPad. We can help you learn some basic functions and features, and we'll even show you how to download library ebooks. Bring your own iPad or use one of ours. To register, please call 902-490-5706.

Tue, May 30/1:30 PM-2:30 PM

Registration required

Frightening Film Scores

Bernard Herrmann's *Psycho* (1960)

Ages 14-Adult

Come listen and discuss this chilling score from Alfred Hitchcock's horror classic, *Psycho*, by Bernard Herrmann (*Citizen Kane*, *Cape Fear*). The famous cue from the shower scene is considered to be the scariest film theme of all time.

Tue, May 30/6 PM-8 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Michelle Elrick and Alison Smith Double Book Launch

Nightwood Editions and Gaspereau Press invite you to the Halifax launch of new books by two Nova Scotia poets. Hear Michelle and Alison read from their new releases and talk about their work. Michelle's *then/again* is a poetic account of finding home, and the meanings and moments that the concept of home can come to embody. Alison will read from her third volume of poetry, *This Kind of Thinking Does No Good*.

Tue, May 30/6:30 PM

East Coast Literary Awards Celebration

Join the Writers' Federation of Nova Scotia as we celebrate the shortlist for the 2017 East Coast Literary Awards and announce the winners of the JM Abraham Poetry Award (\$2000), the Evelyn Richardson Non-Fiction Award (\$2000) and the Thomas Raddall Atlantic Fiction Award (\$25,000). In partnership with Writer's Federation of Nova Scotia.

Wed, May 31/6:30 PM

The Craft of Belonging: A Workshop for Newcomers

Want to learn how to personalize your mug, create a greeting card, or decorate a basket for a special event? Join us in this 10-week workshop to explore your artistic talents and connect with other newcomers. This is a free program and all the supplies are provided. Please call 902-490-5706 to register. Space is limited.

Tuesdays/10 AM-12 PM

Session ends May 23, Registration required

Your Way to Wellness: Chronic Disease Self-management Workshop SPECIAL EDITION: For Adults 35 and Under

Do you have an ongoing chronic condition such as arthritis, asthma, diabetes, fibromyalgia, depression, anxiety, Crohn's, or IBS? Join us for a free 6-week workshop, where you'll meet other people who understand what you're going through - because they are, too. The workshop is led by trained volunteers. To register, please contact us at 902-473-7709 or yw2w@nshealth.ca. yourwaytowellness.ca. In partnership with the Nova Scotia Health Authority.

Tuesdays/6 PM-8:30 PM

Runs May 23-June 27, Registration required

Meditation: The Inner Journey with Sarita Earp

A 4-Week Series

We practice simple meditation techniques to help quiet the mind, reduce stress, improve focus, and cultivate positive attitudes. Attend a single session or all four. "Meditation has the capacity to clear our overcast mind." - Sri Chinmoy

Tuesdays/7 PM-8 PM

Session ends May 16

Media Studio

One-on-One Appointments

Need some help with your music and media skills? One-on-one appointments in the media studio are available. We can help you fine-tune your recording technique, build your production and mixing skills, and assist you with your graphic design projects. Contact the Welcome Desk to book your appointment.

Wednesday Mornings/9 AM-12 PM

Central Conversation Club

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Call 490-5706 to register.

Thursdays/10 AM-12 PM

Registration required

MAY
2017

Halifax Central

PROGRAM LISTINGS

Classical Music Undressed: Take 2 with Dr. Jennifer Farrell, Maritime Conservatory

Did you know that a young Bach got into a knife fight? That Handel was a foodie? That Beethoven was clumsy? These facts and more will pepper an exploration of the cultural contexts of the famous works of composers from the 17th to 19th centuries. An enhanced version of the course offered in 2015, these classes include more biographies of composers that push them off their pedestals, and highlight intimate details of their lives. Live musical excerpts will be performed by Jennifer and guests. Dr. Jennifer Farrell is the Dean of the School of Music at the Maritime Conservatory. In partnership with Seniors' College of Nova Scotia (SCANS).

Fridays/10 AM-12 PM

Session begins May 12

Kids

Music Monday

All ages

Celebrate the unifying power of music with the You Gotta Sing! Chorus on Music Monday 2017. All across Canada on this day, people of all ages and backgrounds are singing together to show that music creates vital communities. At the Library, we will sing uplifting songs, including *Rise Again* and Music Monday anthem, *Sing It Together* (translations will be provided). All are welcome, no singing experience necessary. In partnership with You Gotta Sing Choir; Music Monday Coalition for Music Education.

Mon, May 1/9:45 AM-10:30 AM

The Hangout

Star Wars: May the 4th Be With You

Ages 8-12

May the fourth be with you! Come celebrate your love of Star Wars with us. We'll have Star Wars themed crafts and activities, as well as the usual videogames, snacks, and lots of fun.

Thu, May 4/3:30 PM-4:30 PM

Maritime Conservatory Jr. Orchestras Music From Around The World

All ages

The Conservatory Junior Orchestras present an interactive concert featuring music from around the world, stories, adventure, and surprises. In partnership with Maritime Conservatory of Performing Arts.

Sat, May 6/10 AM-11 AM

Build and Program a Robot

Ages 8+

Using Lego Mindstorms, we will be building and programming robots together.

Sat, May 6/2 PM-3:30 PM

Registration required

Sharing Dance Workshop

Ages 5+

Join Halifax Dance for rehearsals of the 2017 Sharing Dance Choreography. No experience necessary to join in on this fun event! Get up and move with us, and be part of this Canada-wide celebration! Sharing Dance Canada 2017 will share and showcase Canada's history, cultural richness and diversity through dance, while also bringing together and empowering communities across the country to share their stories of what it means to be Canadian. In partnership with Halifax Dance.

Sat, May 6/2 PM-3 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Get Energized!

with Green Schools Nova Scotia

All ages

Did you know that the most efficient fuel is energy efficiency? Actions as small as turning off the lights can have a big impact. Join Green Schools Nova Scotia for a fun-filled afternoon of learning about energy efficiency through activities and games. In partnership with Green Schools Nova Scotia.

Sun, May 7/2 PM-4 PM

THE HANGOUT

Kids in Space

Ages 8-12

Blast off and join us for a space program that will be out of this world. Make...and taste...a moon pie, create your own moon rocks, or lounge around and watch a movie. Plus, there will be video games, crafts, and lots of fun.

Thu, May 11/3:30 PM-4:30 PM

3RD ANNUAL LIBRARY MINI-CON

Family Costume Dance Party

All ages

Get ready to move, wiggle, and shake at our costume dance party with special guest Princess Merida! Put on your dancing shoes, bring the whole family, and dance to some awesome music kids will love. Costumes are encouraged but not required. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more.

Sat, May 13/10:30 AM-11 AM

3RD ANNUAL LIBRARY MINI-CON

Pokemon Bingo

All ages

Yet another way to catch em' all, Pokemon Bingo is exactly what it sounds like. A very special game of bingo with cards featuring those elusive pokemon. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more.

Sat, May 13/11 AM-12 PM

3RD ANNUAL LIBRARY MINI-CON

Candy Sushi

All ages

Come to the Creative Lab, channel your inner sushi chef, and make a candy sushi masterpiece. No experience required. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more.

Sat, May 13/11:30 AM-12:30 PM

3RD ANNUAL LIBRARY MINI-CON

Ross Creek Geeky Crafts

All ages

Did you say Ross Creek or Ross Geek? Drop in and get crafty. We'll be creating colourful paper puppets of your favourite superheroes or comic book characters. You can write your favourite characters into a comic book of your own creation and/or design a character and construct a piece of wearable art to express your character's personality. Your imagination's the limit. We're geeky, proud and taking over the library for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more. In partnership with Ross Creek Centre for the Arts.

Sat, May 13/1 PM-3 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

TASTES LIKE HOME

Blueberry Grunt

Ages 3+

Make and sample traditional Maritime blueberry grunt, a delicious dessert made with Nova Scotian blueberries.

Chef and registered dietician Emily Glover will guide kids as they measure and stir in this hands-on workshop.

And while the blueberry grunt is cooking, we'll enjoy blueberry stories and activities, too. This program is suitable for vegetarians and Muslims but not for those who follow a gluten-free diet. In partnership with Sobeyes.

Sun, May 14/2:30 PM-3:30 PM

Free tickets given out 30 min before event

Family Coding Hour

Come and drop in with your kids or grandkids, and learn to program interactive stories together using SCRATCH, a block based programming language.

Sun, May 14/3 PM-4:30 PM

Sharing Dance Workshop

Ages 5+

Join Halifax Dance for rehearsals of the 2017 Sharing Dance Choreography. No experience necessary to join in on this fun event! Get up and move with us, and be part of this Canada-wide celebration! Sharing Dance Canada 2017 will share and showcase Canada's history, cultural richness and diversity through dance, while also bringing together and empowering communities across the country to share their stories of what it means to be Canadian. In partnership with Halifax Dance.

Tue, May 16/6 PM-3 PM

The Hangout

Kinetic Sand

Ages 8-12

Make and play with home-made Kinetic Sand, the squishy, squeezable sand that you can mold and shape with your hands. As usual, there will also be snacks, video games, and craft supplies.

Thu, May 18/3:30 PM-4:30 PM

Web Design for Girls

Ages 9-12

Learn how to build and customize your own Wordpress website with web designer Sarah Hart.

Sat, May 20/1 PM-4 PM

Registration required

Camp Day

with Ross Creek Centre for the Arts

All ages

Experience the magic of Summer Camp with the Ross Creek Centre for the Arts! Join us for hands on activities, campfire traditions, and arts and crafts. Please note that children under 7 must be accompanied by an adult. Teens and adults are welcome.

www.artscentre.ca. In partnership with Ross Creek Centre for the Arts.

Sat, May 20/1 PM-4 PM

Lego at the Library

Ages 5+

Let your imagination go wild with the Library's Lego collection.

Sun, May 21/2 PM-4 PM

THE HANGOUT

Bizarre Batteries

Get "charged" up and join us as we experiment with various things like lemons, coins, and vinegar to make some really bizarre home-made batteries. Plus, there will be video games, snacks, and lots of good fun.

Thu, May 25/3:30 PM-4:30 PM

Sharing Dance Workshop

Ages 5+

Join Halifax Dance for rehearsals of the 2017 Sharing Dance Choreography. No experience necessary to join in on this fun event! Get up and move with us, and be part of this Canada-wide celebration! Sharing Dance Canada 2017 will share and showcase Canada's history, cultural richness and diversity through dance, while also bringing together and empowering communities across the country to share their stories of what it means to be Canadian. In partnership with Halifax Dance.

Tue, May 16/6 PM-3 PM

Makedo Cardboard Creations

All ages

Let your imagination soar with the Library's new Makedo toolkit. You can design your own cardboard creation. Supplies are provided.

Sun, May 28/2:30 PM-3:30 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Sharing Dance Workshop

Ages 5+

Join Halifax Dance for rehearsals of the 2017 Sharing Dance Choreography. No experience necessary to join in on this fun event! Get up and move with us, and be part of this Canada-wide celebration! Sharing Dance Canada 2017 will share and showcase Canada's history, cultural richness and diversity through dance, while also bringing together and empowering communities across the country to share their stories of what it means to be Canadian. In partnership with Halifax Dance.

Tue, May 16/6 PM-3 PM

Preschoolers

Puppet Show

Mud Puddle

All ages

Watch as your favourite story comes to life.

Sat, May 20/11 AM-11:30 AM

Free tickets given out 30 min before event

Puppet Show

The Sheep, the Bagpipes, and the Wee Trow

All ages

Celebrate Gaelic Nova Scotia Month with our new puppet show. It is sure to delight.

Sat, May 27/11 AM-11:30 AM

Free tickets given out 30 min before event

Baby and Tot Drop-In

Ages 0-2

Books, toys, social time for parents and caregivers

Mondays/10:30 AM-11:15 AM

Session ends May 15

Storytime

Spring Session

Ages 3-5

Storytime features great picture books, felt stories and rhymes, songs and more. This program fosters independence as children attend without caregivers or work towards that goal.

Tuesdays/10:30 AM-11 AM

Sessions ends May 23, Registration required

Daycare Groups—Welcome to Shake, Rattle, and Read

Ages 2-5

Pre-registered daycare groups can Shake, Rattle, and Read with Alys and her harp. This active musical storytime incorporates singing, movement, and instruments to help children develop pre-literacy skills through song, rhyme, and stories. Content is geared towards ages 2-5 with adult participation. Everyone is invited to put their listening ears, singing voices, and dancing feet to good use! (The program repeats at 10:45 for families).

Wednesdays/10 AM-10:30 AM

Sessions ends May 24, Group registration required

Families—Welcome to Shake, Rattle, and Read with Alys and her harp

Ages 2-5

This active musical storytime incorporates singing, movement, and instruments to help children ages 2-5 develop pre-literacy skills through song, rhyme, and stories. Content is geared towards ages 2-5 with adult participation; babies and tots are also invited to attend and participate as they can. Everyone is invited to put their listening ears, singing voices, and dancing feet to good use.

Wednesdays/10:45 AM-11:15 AM

Sessions ends May 24, Free tickets given out 30 min before event

Baby's First Books

Spring Session

Ages 0-18 months

In this program babies hear stories, songs and rhymes and interact with other babies. Parents and caregivers learn new songs and fun things to do with baby, plus have some social time with other grown-ups.

Wednesdays/2 PM-2:45 PM

Sessions ends May 24, Registration required

Tales for Tots

Spring Session

Ages 19-35 months

Stories, songs, rhymes, toys and more, specially chosen to engage and delight toddlers. Parents and caregivers learn fun new things to do with their tots, but also have time to socialize with the other grown-ups.

Thursdays/10:30 AM-11:15 AM

Registration required

MAY
2017

Halifax Central

PROGRAM LISTINGS

Family Drop-in

Ages 0-5

The whole family can enjoy a variety of activities including stories and songs.

Fridays/10:30 AM-11:15 AM

Free tickets given out 30 min before event

Teens

Teen Zone: May the Fourth Be With You.

Ages 12-18

Come celebrate Star Wars day with some geeky crafts. And as always have snacks, video games ipads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

Thu, May 4/6 PM-8 PM

Teen Zone: Paper Cosplay Competition

Ages 12-18

Come create a cosplay look on the spot with only paper and random supplies. Prizes for best costumes. And as always have snacks, video games ipads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

Thu, May 11/6 PM-8 PM

3RD ANNUAL LIBRARY MINI-CON

3rd Annual Library Mini-Con

All ages

Come in cosplay or come as you are, either way don't miss this day. Enjoy a special screening of *Raiders of the Lost Ark: The Adaptation* followed by a skype conversation with its creators.

Sit in on panels with guests Cal Johnston and our TAAC volunteers. Compete in the Hal-Con pre-qualifier Lip Sync Battle. Check out an interactive demo by LARP group Nero Armonia, learn how to do movie makeup, and get your digital photo done. We're geeky, proud, and taking over for the day. There will be programs and fun for all ages so come in cosplay or come as you are for a day of gaming, heroes, villains, prizes and more. In partnership with Hal-Con and Strange Adventures.

10 AM—Film Screening—*Raiders of the Lost Ark: the adaptation*

10 AM - Manga Café

10:30 AM - Family Costume Dance Party

11 AM—Pokemon Bingo

11 AM—Hench-Kin's Guild RPG and Board Game Room

11:30 AM - Cosplay for Dummies

11:30 AM—Candy Sushi

12 PM—Injustice PS4 Tournament

12:30 PM—Nero Armonia: Live Action Roleplay Interactive Demo

1 PM - Geeks Vs. Nerds Trivia

1 PM—Ross Creek Geeky Crafts

1:30—Must Reads and What's New in Comics with Cal Johnston

2 PM - Hal-Con 2017: Lip Sync Battle, Pre-Qualifying Round

3:30 PM - Cosplay Competition

Sat, May 13/10 AM-5:30 PM

Teen Zone: Ghosting

A Spine-Chilling Photography Project

Ages 12-18

Join us for an evening of ghostly imagery as we manipulate slow shutter speeds to create eerie apparitions. And as always have snacks, video games ipads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

Thu, May 18/6 PM-8 PM

Glass Slipper Prom Dress Giveaway 2017

Ages 13-19

Are you a Junior High or High School student in need of a prom or semi-formal dress? Bring your student ID and pick out a dress completely for free at our event. There are even dressing rooms available so you can try them on. Students are welcome to bring family and friends to help them choose a dress. Interested in donating a dress? You can drop it off at the second floor information desk at Halifax Central Library. In partnership with Glass Slipper.

Sat, May 20/10 AM-5 PM

MAY
2017

Halifax Central

PROGRAM LISTINGS

Teen Zone: Second Annual Fancy

Grilled Cheese Night

Ages 12-18

Come join us in your fanciest grilled-cheese eating attire and create something delicious. And as always have snacks, video games ipads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

Thu, May 25/6 PM-8 PM

INTRO TO ADULTING

Cooking Basics, Part 1

Ages 14-18

Heading off to university soon and would like to pick up some basic cooking skills before you go? Just feel like making and eating some free food? Then you're in the right place. Stop in for the first in our series of cooking instructional programs. We'll help you get started on your road to adulting.

Mon, May 29/6:30 PM-8 PM

It Might Get Loud

Ages 12-18

Drop-in to the teen space on the second floor and let your creativity loose in the music studios or experiment with technology old and new on the floor.

Fridays/3:30 PM-5:30 PM