

MAY
2017

Tantallon

PROGRAM LISTINGS

Adult

The Wooden Barrel and Box Legacy of Hammonds Plains with the Hammond Plain's Historical Society

The Barrel and Box industry was the lifeblood of the community Hammonds Plains from the mid-1800s to mid-1900s. Dave Haverstock from the Hammonds Plains Historical Society will present a history of the impact of this industry on the area. Through a historical capsule, pictures, and videos, you will hear how Hammonds Plains was once a leading barrel and box producer in Nova Scotia. In partnership with Hammond Plain's Historical Society.

Tue, May 2/7 PM-8 PM

Family Game Night

All ages

Drop-in to explore new and classic board games. We'll play a few in small groups, and maybe merge into one large game. Bring family and friends or come solo. All are welcome to play, but do bare in mind most games are suitable for ages 7+.

Thu, May 4/7 PM-8:30 PM

Gaelic Nova Scotia Month /

Mìos nan Gàidheal

Spinning and Weaving Demonstration A' snìomh agus A' fighe

Spinning and weaving have long been an integral part of Gaels heritage. Come and interact with members of the Atlantic Spinners and Handweavers Guild as they demonstrate the spinning and weaving process from fleece to finished product. There will be a floor loom and a variety of spinning wheels in use, as well as a display of finished products and books. Come, watch, ask questions, and maybe even try your hand at this historic craft. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Sat, May 6/10 AM-4 PM

ASIAN HERITAGE MONTH

Chinese Tea Traditions

Learn about the history and traditions of Chinese Tea in this workshop and demonstration (including tea sampling). In partnership with Confucius Institute.

Sat, May 6/2:30 PM-3:30 PM

Mindfulness in the Bay

A Monthly Meditation Group

Open to All

An introduction to the power of the practice of mindfulness and its benefits to health, well-being, and managing the pace of life. Drop-in once to check it out or come regularly. Sessions include guided practice and discussion. No previous experience required. The sessions are led by Dr. Timothy Walker, Ph.D., a faculty member of the Atlantic Contemplative Centre (ACC). The Open Mindfulness in the Bay is a free, 2 hr/month session for the public.

Sun, May 7/2:30 PM-4:30 PM

Public Health Information Sessions

Breastfeeding Support

Parents with children ages 0-5

Drop-in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about special topic. In partnership with Nova Scotia Public Health.

Tue, May 9/1:30 PM-2:30 PM

Public Health Information Sessions

Infant CPR and Choking

Parents with children ages 0-5

Drop-in for a free session with a Public Health Nurse. In partnership with Nova Scotia Public Health.

Tue, May 9/2:30 PM-3:30 PM

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Book Club

Cat's Table, by Michael Ondaatje

In the early 1950s, an eleven-year-old boy in Colombo boards a ship bound for England. At mealtimes he is seated at the "cat's table"—as far from the Captain's Table as can be—with a rag-tag group of "insignificant" adults and two other boys, Cassius and Ramadhin. The Library's book club meets once a month between September-June on Tuesday nights. Please call 902-826-3330 to register or drop by the Library to sign up.

Tue, May 9/7 PM-8:30 PM

Registration required

NATUROPATHIC MEDICINE WEEK

Brain Health:

Maximize Your Memory

Power your brain to think smarter, focus better, and remember faster. Join Dr. Ashley Margeson, ND, and hear her talk on natural ways to improve your memory. In partnership with Cornerstone Naturopathic Inc.

Wed, May 10/7 PM-8:30 PM

JAZZ APPRECIATION MONTH

Rochon/Wentzell Duo

All ages

Rheo Rochon and Trevor Wentzell are two staples of the Halifax music scene, and you may recognize them from a whole slew of great bands spanning rock, blues, jazz and soul. Come see these two versatile players in their duo show, switching up instruments, playing a broad spectrum of material.

Sat, May 13/2 PM-3 PM

TRANSITION BAY PRESENTATION

Eat Your Yard: Converting Your Lawn to Food Production

Learn the easy ways to convert your lawn into a production garden space for growing food. First, this workshop will cover the basics of permaculture and edible landscaping and everything else you need to get going. Next, you will have a chance to get your hands in the soil. This workshop will end with a Permablitz, or field trip, to a nearby St. Margaret's Bay resident, who is in the process of such lawn conversion. This will extend to sunset and perhaps a bit beyond. For more information visit: www.transitionbay.ca/events/ In partnership with Transition Bay.

Sat, May 20/1 PM-4:30 PM

Public Health Information Sessions

Parenting Support

Parents with children ages 0-5 Drop-in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about a special topic. In partnership with Nova Scotia Public Health.

Tue, May 23/1:30 PM-3:30 PM

Gaelic Nova Scotia Month /

MÌOS NAN GàIDHEAL

A Tour of the Gaelic Languages / A' siubhail nan cànanan Gàidhealacha

with Dr. Emily McEwan and Dr. Jerry White

This program focuses on all three Gaelic languages: Scottish Gaelic (Gàidhlig), Irish (Gaeilge), and Manx (Gaelg). Learn what the languages sound like, where they are spoken, their histories and their similarities and differences. In partnership with the Gaelic Language Society of Halifax and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Tue, May 23/7 PM

Home Staging

with Joanne Abrahams

Planning to sell your home? Join Joanne Abrahams, owner of Rave Re:view Home Staging and Redesign, to discover what is involved in home staging and how it can play a role in your real estate transaction.

Wed, May 24/7 PM

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PROGRAM LISTINGS

INTRO TO THE PSYCHIC: A THREE PART SERIES

Introduction to Perception with Pendulums and Psychometry with Carol Grimmitt

We can gain useful information through the use of pendulums and the skill of psychometry. This practical workshop works with the techniques to demonstrate outcomes. Please bring a small significant personal object (i.e. pendant, necklace, ring, button, and watch) to use in the exercise. Please register by calling 902-826-3330 or drop-in to sign up. This program is one of a three part series introducing the community to being psychic, divination tools, such as cards and crystals, and perception with pendulums and psychometry. In partnership with Shining Silverbirch, Tantallon.

Thu, May 25/7 PM-8:45 PM

Registration required

Songs that Celebrate Canada with Dragonfly Children's Choir

Join Dragonfly Children's Choir and their director, local music teacher and singer/songwriter Deborah Gabinet, as they take you on a musical tour celebrating Canada's 150th birthday. In word and song, Dragonfly and Deborah will travel with you from the Yukon to the Maritimes and delight you with the joy, history, beauty, and humour of the Canadian peoples and landscape. Deborah will also share special performance from her album *REAL and ALIVE -O*, which was inspired by the ocean and St. Margaret's Bay area. All ages are welcome.

Sat, May 27/2 PM-3 PM

Women in Conversation

Are you a woman who has newly immigrated to Canada? Join us to practice your English skills while meeting other people, sharing experiences and learning about your new community!

Please note: Registration is required and once we have at least 3-4 women registered, we will begin the group meetings. Please call 902-826-3330 to register.

Wednesdays/7 PM-8:30 PM

Session ends May 17, Registration required

Needle Niche

Craft Social Group

Meet in the lounge with this social group and bring along any of your needle crafts and join in with this fun group. Knitting, crocheting, quilting, embroidery—share your passion or develop a new hobby.

Thursdays/7 PM-8:50 PM

Games at the Library

Join us for an afternoon of games such as Scrabble, Crib, or 45's with old friends and new. Please bring a friend or two or your own games to join in the fun. All are welcome.

Fridays/12:30 PM-2:30 PM

Bridge at the Library

Mixed "Kitchen" style- all new members with some experience with Kitchen Style Bridge are welcome to join.

Fridays/1 PM-4 PM

Kids

Puppet Show

The Princess and the Pony

Celebrate Canadian Children's Book Week with a puppet show inspired by Canadian author Kate Beaton. Super Saturdays is all ages fun, every Super Saturday Morning. It's Puppet Shows, Free Play, Special Storytimes, and who knows what else.

Thu, May 4/3:30 PM-4 PM

Free tickets given out 30 min before event

SUPER SATURDAYS

Puppet Show

The Princess and the Pony

All ages

Celebrate Canadian Children's Book Week with a puppet show inspired by Canadian author Kate Beaton. Super Saturdays is all ages fun, every Super Saturday Morning. It's Puppet Shows, Free Play, Special Storytimes, and who knows what else.

Sat, May 6/10:30 AM-11:30 AM

Free tickets given out 30 min before event

SUPER SATURDAYS

It's Mother's Day.

All ages

All ages fun, every Super Saturday Morning. Puppet Shows, Free Play, Special Storytimes, and who knows what else.

Sat, May 13/10:30 AM-11:30 AM

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Homeschoolers at Tantallon

Dewey Numbers 800-899

All ages

Let us help you with your homeschooling plans. Register with the group and drop in for our monthly program by contacting Eric at 902-826-3330 or drewe@halifax.ca. This month's session features Dewey Numbers 800-899, where we will hold a mini Caldecott-style book competition.

Thu, May 18/2 PM-4 PM

SUPER SATURDAYS

Micro-Saturday

All ages

Explore our (tiny) world with microscopes. Super Saturdays is all ages fun, every Super Saturday Morning. It's Puppet Shows, Free Play, Special Storytimes, and who knows what else.

Sat, May 20/10:30 AM-11:30 AM

SUPER SATURDAYS

Giant Games

All ages

All ages fun, every Super Saturday Morning. Puppet Shows, Free Play, Special Storytimes, and who knows what else.

Sat, May 27/10:30 AM-11:30 AM

Preschoolers

Storytime

Ages 3-5

Are your children ready to begin independent learning through stories and music? This program will get them and you started, including introductions to French music and vocabulary.

Tuesdays/10:30 AM-11:15 AM

Songs and Stuff

Ages 0-5

Music focused story time for preschoolers and their families!

Thursdays/10:30 AM-11:15 AM

Family Drop-In

Fables & Frolics

Ages 0-5

Free-play, crafts, story time and more family fun!

Fridays/10:30 AM-11:30 AM

Teens

Teen Sci Fi / Fantasy Club

Ages 13+

Come on out and get your geek on.

Whether you're a teen with a taste for Sci-Fi and Fantasy or a teen who reads geek, watches geek, plays, dresses, and breathes geek, this is the club for you.

What would you like to do? Stay tuned for future plans.

Thu, May 11/7 PM-8:30 PM