

MAY
2017

Woodlawn

PROGRAM LISTINGS

Adult

Approaching Dementia Positively with Marcy MacPherson

Is someone in your life affected by dementia? Please join us for an informed discussion on dementia including approaches and relationship building techniques. In partnership with Still Alive Inside.

Tue, May 2/6 PM

LUNCH AND LEARN

Living with Osteoarthritis (OA)

Join us for an informed discussion on Osteoarthritis. Speakers include Physicians, Registered Dietitians, Physiotherapists, Certified Pedorthists and Kinesiologists. Refreshments provided. In partnership with Atlantic Arthritis School Association. In partnership with the Atlantic Arthritis School Association.

Wed, May 3/12 PM

Registration required

Movie Matinee

Hidden Figures

Rated PG

A period space-race drama is inspired by the real-life tale of a group of African-American female mathematicians, Dorothy Vaughn, Mary Jackson and Katherine Johnson, who helped put astronaut John Glenn into orbit. Starring Octavia Spencer, Janelle Monae, Kevin Costner and Kirsten Dunst.

Wed, May 3/1:30 PM

Free tickets given out 60 min before

NATUROPATHIC MEDICINE WEEK

Healthy Detox: Daily Detox Habits to Make You Feel Your Best with Dr. Karen Frackowiak

Join Naturopathic Doctor Karen Frackowiak as she dives into the importance of detoxification for optimal health and improved energy and discusses how to easily make detoxing a part of your daily routine. Learn why we need to detox, what you should stop consuming, and the best detox foods, supplements, and habits to incorporate into your life to feel your best. Detoxing does not have to be difficult or disgusting. Optimize your health with simple daily detox solutions. In partnership with Nova Scotia Association of Naturopathic Doctors (NSAND).

Tue, May 9/7 PM

Movie Matinee

La La Land

Rated PG

Mia is an aspiring actress rushing around Los Angeles to audition for the big break that will finally let her quit her day job; Sebastian plays jazz piano at dive bars while waiting to be discovered. These two fall head-over-heels in love with each other but when their careers start to take off, their new found success puts their romance to the test. Starring Ryan Gosling and Emma Stone.

Wed, May 10/1:30 PM

Free tickets given out 60 min before

Movie Matinee

La La Land

Rated PG

Mia is an aspiring actress rushing around Los Angeles to audition for the big break that will finally let her quit her day job; Sebastian plays jazz piano at dive bars while waiting to be discovered. These two fall head-over-heels in love with each other but when their careers start to take off, their new found success puts their romance to the test. Starring Ryan Gosling and Emma Stone.

Wed, May 10/6:15 PM

Free tickets given out 60 min before

TASTES LIKE HOME

The Food Lover's Garden with Jenni Blackmore

How, what, and when to plant for success here in our variable maritime environment. Local writer and micro-farmer Jenni Blackmore tracks the journey of some fail-safe veggies from seed to supper table, with lots of excellent advice on how to save money, time, and energy on growing solid, sustainable food crops and preparing mega nutritious meals. Vegetables are elevated to a celebration of colour, texture, and taste when Homegrown is the buzzword. Presented in partnership with Scotiabank.

Wed, May 10/7 PM

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PROGRAM LISTINGS

Movie Matinee

Collateral Beauty

Rated PG

Howard Inlet has a successful career as one of the most brilliant advertising executives New York City has ever seen. However, when he faces a deeply tragic occurrence, his entire world shatters. Howard begins to pull away from his former life, so his friends and work colleagues create a plan that will help him to face his grief and rise above it. Starring Will Smith, Edward Norton, Kate Winslet, Helen Mirren and Keira Knightley.

Wed, May 17/1:30 PM

Free tickets given out 60 min before

Movie Matinee

Allied

Rated R

In the midst of World War II, an intelligence officer stationed in North Africa meets and fall in love with a member of the French Resistance on a dangerous mission. They are forced by war and duty to go their separate ways but are reunited later in the war when their paths cross again in London. They rekindle their romance but the stress of war and loyalties put their new found love and relationship to the test. Starring Brad Pitt and Marion Cotillard.

Wed, May 24/1:30 PM

Free tickets given out 60 min before

Movie Matinee

Gold

Rated R

During the 1980s, it would seem that all of the world's major gold rushes had already occurred. But when one man gets wind of the fact that there is gold to be mined in Indonesia, he immediately decides to go after it. What follows is an absolutely wild series of events that turns the dreaming miner's expectations upside-down. Starring Matthew McConaughey, Bryce Dallas Howard and Edgar Ramirez.

Wed, May 31/1:30 PM

Free tickets given out 60 min before

Home Staging

with Joanne Abrahams

Planning to sell your home? Join Joanne Abrahams, owner of Rave Re:view Home Staging and Redesign, to discover what is involved in home staging and how it can play a role in your real estate transaction.

Wed, May 17/7 PM

Renovate Your Relationships

A Two Week Program

Whether with family, friends, or others, our lives are full of relationships. Join us for this two-week program to learn strategies to build more supportive relationships. To register, call 902-460-4560. Library walk-ins are always welcome. In partnership with Dartmouth Community Health Team.

Tue, May 30/6:30 PM

Registration required

A Social Cultural View of African Nova Scotian History

with Dr. Wanda Bernard

Explore the rich history and cultural traditions of the African Nova Scotian experience. Examine the history and contemporary issues facing African Nova Scotians through this social-historical lens. Participants will be able to discover the ways in which race, sex, gender, class, disability, sexual identity, and age affect ANS, particularly the impact on health and well-being.

SCANS.

Mondays/10 AM-12 PM

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Tue, May 23/6:30 PM

Registration required

Bridge

Meet and play with other bridge enthusiasts. Some experience is necessary. Mondays except holidays.

Mondays/10 AM-12 PM

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PROGRAM LISTINGS

Woodlawn Conversation Group

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Benchmark level 3+ required. Call (902) 490-2636 to register.

Tuesdays/10 AM-11:30 AM

Registration required

Needle Niche

Join us for an evening of stitchery and conversation. Share patterns, stitches, yarn, advice, and projects, and draw inspiration from the library's crafty resources. From beginner to advanced, everyone is welcome.

Tuesdays/7 PM

Nourishing Mamas Breastfeeding & Mothering Support Drop-in with Dr. Jacqueline Merritt, N.D.

Please join us at the breastfeeding and mothering support drop-in. Whether you are in need of guidance or have experience to share, enjoy the support of other new moms in your community, ask all of your questions, find solutions to challenges, and embrace a joyful breastfeeding and mothering experience. Babies and young children welcome.

Fridays/10 AM-11 AM

Kids

TASTES LIKE HOME

Iron Chef for Kids

Ages 7-11

The name of the game is create a masterpiece while using surprise ingredients. Everyone will get a chance to create something fun and tasty for their after school snack. .

Fri, May 5/3:30 PM-4:30 PM

Registration required

Inservice Movie

Moana

All ages (Rated PG)

Watch the Disney film *Moana* on our big screen.

Fri, May 19/1:30 PM

Group registration required, Free tickets given out 30 min before event

ESL Book Buddies

Grades 1-12

This program promotes enthusiasm for reading among students whose first language is not English. Meet with a teen volunteer each week to practice conversation and literacy skills in a fun and supportive environment.

Tuesdays/4 PM-5 PM

Registration required

Fun Zone

Ages 7-11

Drop in and join us after school for all things FUN! We will have craft supplies, games, PS4, Minecraft, and more. There's something for everyone! Snacks will be provided. In partnership with the Dartmouth Community Health Board.

Fridays/3:30 PM-4:30 PM

No program May 5 and 19

Preschoolers

Spring Craft Table

All ages

Drop in and make a fun spring craft.

Sat, May 13/10 AM

ASIAN HERITAGE MONTH

Puppet Show

The Extraordinary Cat

All ages

Watch as this story comes to life on our puppet stage.

Fri, May 26/10:15 AM-10:45 AM

Group registration required, Free tickets given out 15 min before event

ASIAN HERITAGE MONTH

Puppet Show

The Extraordinary Cat

All ages

Watch as this story comes to life on our puppet stage.

Fri, May 26/11 AM-11:30 AM

Group registration required, Free tickets given out 30 min before event

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PROGRAM LISTINGS

Tales for Tots

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

Wednesdays/10 AM-10:45 AM

Sessions ends May 24

Please note: Registration is closed. Program is full.

Tales for Tots

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

Wednesdays/11 AM-11:45 AM

Sessions ends May 24, Registration required

Baby's First Books

Ages 0-18 months

Treat your little one to the experience of books, rhythm of music, and fun of group play. Caregiver must be present.

Thursdays/10 AM-10:45 AM

Registration required

Baby's First Books

Ages 0-18 months

Treat your little one to the experience of books, rhythm of music, and fun of group play. Caregiver must be present.

Thursdays/11 AM-11:45 AM

Registration required

Family Drop-In

Ages 0-5

Families! Enjoy a variety of activities together, including stories and songs.

Fridays/10:30 AM-11:15 AM

Free tickets given out 30 min before event

Family Drop-In

Ages 0-5

Families! Enjoy a variety of activities together, including stories and songs.

Saturdays/10:30 AM-11:15 AM

Free tickets given out 30 min before event

Teens

TASTES LIKE HOME

Cupcake Wars

Ages 14-18

Join us for a fantastical night of cupcake wars. Each contestant will have the chance to create a unique and professional-style cupcake. May the best cupcake win!

Thu, May 4/6 PM-8 PM

Registration required

Connect the Dots

Led by the Youth Project

Ages 18 and Under

LGBTQ youth and friends, drop in on the third Tuesday of every month, make connections and have fun! Led by the Youth Project. For more information, call 902-429-5429. In partnership with The Youth Project.

Tue, May 16/6 PM-8 PM

TASTES LIKE HOME

DIY PIZZA PIE

Ages 14-18

Join us for a night of baking pizza pies. We will have the pros show you how to create a pizza from scratch with many toppings to choose from. No previous cooking/baking experience necessary. .

Tue, May 23/6 PM-8:30 PM

Registration required

Pop-Up Library at EPEC

Grades 7-9

We are hosting a monthly Pop-Up library on the last Wednesday of every month during lunchtime at the Eastern Passage Education Center. Students will have an opportunity to make requests for materials, check-out materials, learn about e-resources, and more. In partnership with EPEC Jr. High School.

Special location: Student Cafeteria, Eastern Passage Education Center Jr. High School

Wed, May 31/11:30 AM-1:30 PM

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PROGRAM LISTINGS

YOLO

After School Program at Ellenvale Jr. High

Grades 7-9 (youth from all schools are welcome)

Woodlawn Public Library is going to school! This is a safe and supportive program for youth to hangout, eat healthy snacks, check out new books and magazines and participate in fun activities. Youth from all Jr. High Schools are welcome. Sign-in upon when you arrive, please. Ellenvale Jr. High School.

Special location: Ellenvale Jr. High School

Mondays/3 PM-4:30 PM

Session ends May 15

Anime Club

Ages 14-18

If you love manga or are addicted to anime, this club is for you! Watch anime, discuss manga, make crafts, eat snacks, and more.

Tuesdays/7 PM-8:30 PM

Session ends May 2

Teen Machine

Ages 13-18

Thursday nights are kind of a big deal around here. That's cause it's Teen Night! We got snacks, games, art, performance, movies, and more. Come check us out. Oh, and did I mention it's totally free?! PLEASE NOTE: Parents/Guardians, please pick-up youth at 8 p.m.

Thursdays/6 PM-8 PM

Registration required