

**JUNE**  
2017

# Halifax Central

## PROGRAM LISTINGS

### **Adult**

#### **Movie**

##### ***La La Land***

PG-13

Sebastian (Ryan Gosling) and Mia (Emma Stone) are drawn together by their common desire to do what they love. But as success mounts they are faced with decisions that begin to fray the fragile fabric of their love affair, and the dreams they worked so hard to maintain in each other threaten to rip them apart. This modern musical won six Academy Awards, including a Best Actress win for Emma Stone.

**Thu, Jun 1/6:30 PM**

#### **Movie**

##### ***Jackie***

Rated 14A

Natalie Portman stars in this powerfully stirring drama as First Lady Jacqueline Kennedy, whose faith and strength see her through the death of President John F. Kennedy. This film was nominated for three Academy Awards, including a Best Actress nomination for Natalie Portman.

**Fri, Jun 2/10 AM**

#### **BIKE WEEK**

##### **MEC's Mobile Bicycle Maintenance Station**

Drop in. Staff from MEC (Mountain Equipment Co-op) will be on hand with their mobile bicycle safety check and repair station. Learn basic bike maintenance, get some quick adjustments, and prepare to explore your community on two wheels. In partnership with Halifax Regional Municipality.

**Sat, Jun 3/2 PM-4 PM**

##### **Love for Our (Literary) Children with the Theatre Arts Guild**

Peter Pan, Christopher Robin and friends, and Alice in Wonderland come to life with the talents of the Theatre Arts Guild (TAG). Join us for a cozy and entertaining afternoon of animated storytelling focusing on some famous children in stories much loved over the years. This theatrical performance will elaborate on the authors of these classics too: J.M. Barrie, A.A. Milne, and Lewis Carroll. In partnership with Theatre Arts Guild.

**Sat, Jun 3/2 PM-3 PM**

#### **Chess at the Library**

Join us for this monthly instructional and recreational program. While the program's goal is to teach novice players the basic strategies of the game, the emphasis is on fun, enjoyment and learning something new. Chess is a pastime that has been embraced by young and old alike. It has been played in many cultures throughout the world for centuries. Known as the royal game, it can help develop logic, spatial thinking, and improve planning, memory, judgment, creativity and concentration.

**Sun, Jun 4/1 PM-4 PM**

#### **Yoga Flow**

Connect to your breath, play with balance, build strength, and increase flexibility. This session is suitable for all levels and great for beginners. Please bring a mat. To register, visit [eventbrite.ca](http://eventbrite.ca) and search for Yoga Flow.

**Sun, Jun 4/2 PM-3 PM**

#### **BIKE WEEK**

##### **The Future of Cycling in Halifax**

Staff from the HRM planning department will share current plans and projects on cycling and walking - and they want to hear from you. Come out, listen, and share your feedback. In partnership with Halifax Regional Municipality.

**Mon, Jun 5/6:30 PM**

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# Halifax Central

## PROGRAM LISTINGS

### STRENGTHEN YOUR HEALTH

#### **Expressing Authentic Movement with Tyler Dillman and Nick Matheson, Physiotherapists**

This workshop will include an introduction to conscious breathing, body awareness, and authentic movement to unwind tension and relieve pain. Your body responds best to free, fluid, and intuitive motion that is not choreographed and can be deeply relaxing. You will be participating in gentle movement exercises so please wear loose clothing. In partnership with One to One Wellness Centre.

**Mon, Jun 5/7 PM-8 PM**

#### **Getting Money: What Lenders and Investors Want**

Find out what financial and non-financial information is used to evaluate a loan request and the steps to prepare for a presentation to lenders. In partnership with Chartered Professional Accountants Canada.

**Tue, Jun 6/12 PM-1 PM**

### FEATURED DIRECTOR FILM SERIES

#### **Richard Linklater's *Dazed and Confused* with introduction by Mark Palermo**

Rated 14A

America, 1976. Bell-bottoms ring and rock and roll rocks. Among the best teen films ever made, *Dazed and Confused* eavesdrops on a group of seniors-to-be and incoming freshmen. Side-stepping nostalgia, this film is less about "the best years of our lives" than the boredom, angst, and excitement of teenagers waiting...for something to happen. Mark Palermo is a screenwriter and freelance journalist.

**Tue, Jun 6/6:30 PM**

#### **Inside the Music: Demystifying Recording and Releasing Your Own Music**

Ages 12-Adult

Have you ever wanted to produce your own music but didn't know where to start? Come out and explore how to make it a reality.

**Tue, Jun 6/7 PM-8 PM**

#### **Self Care in the Age of Technology**

Constant technology use can cause a lot of pain in our bodies. Join us to hear from Dr. Julien Payne (DC, CSCS) about how technology use can affect our health and learn some self-treatment techniques to manage the effects.

**Wed, Jun 7/12 PM-1 PM**

### Adult ADHD

#### **with Bonnie Waugh, M.A.S.P. and Diana Cassie, Ph.D.**

In this talk, the speakers will review the characteristics of ADHD in adults and discuss the elements of a comprehensive diagnostic evaluation. They will also discuss how ADHD symptoms manifest in adulthood and how these symptoms can affect relationships and workplace functioning. Strategies for managing such symptoms will be presented as well as a list of relevant local resources. In partnership with the Association of Psychologists of Nova Scotia.

**Wed, Jun 7/6:30 PM**

### Film Screening and Discussion

#### ***Mr. Gaga***

Ohad Naharin, artistic director of the Batsheva Dance Company, is regarded as one of the most important choreographers in the world. Meeting him at a critical turning point in his personal life, this spirited and insightful documentary will introduce you to a man with great artistic integrity and an extraordinary vision, and to a story of an artistic genius who redefined the language of modern dance. *Mr. Gaga* is guaranteed to leave you skipping. In partnership with Atlantic Jewish Council and Halifax Dance.

**Thu, Jun 8/6:30 PM**

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## PROGRAM LISTINGS

### **Building Better Sleep**

Do you ever wonder how you could get a better night's sleep? How well you sleep can make a difference in how you live your life. Join us for a discussion on how to promote better sleep. To register, please call 902-460-4560. In partnership with Halifax Peninsula Community Health Team.

**Fri, Jun 9/10 AM-12 PM**

### **Acoustic Song Circle**

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

**Sat, Jun 10/2 PM-4 PM**

### **Celebration of Emerging Writers**

Join the Writers' Federation of Nova Scotia for an afternoon celebrating the five winners of the 2017 Nova Writes Competition for Unpublished Manuscripts and the three graduates of the Alistair MacLeod Mentorship Program. In partnership with Writer's Federation of Nova Scotia.

**Sat, Jun 10/2 PM**

### **Dance. Explore. Celebrate with the Halifax Fuse Festival**

Join us to celebrate Halifax's cultural diversity through dance. Learn some cool moves. Try out African dance, flamenco, salsa, and more. Learn Halifax Fuse Festival's Flash Mob choreography to be performed at the Commons on July 1. Everyone is welcome. In partnership with Halifax Fuse Festival.

**Sun, Jun 11/2 PM**

### **Small Business Café Networking group**

Meet, learn, and share your experiences and issues with other small business owners like yourself. Bring your business cards and get ready to connect. Discover resources to find answers to your questions. The Small Business Café is a monthly networking for small business start-ups and owners. Our guest speaker, John Robertson, has over 20 years of progressive experience in business development. He is an entrepreneur incubating ideas that are simple and intuitive. Today, John's work focuses on social innovation, IoT and machine learning (AI).

**Mon, Jun 12/6:30 PM-8:30 PM**

### **Small Business Café Networking group**

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**Mon, Jun 12/6:30 PM-8:30 PM**

### **STRENGTHEN YOUR HEALTH**

#### **Strength Training for Managing Chronic Conditions**

##### **with Tyler Dillman, Physiotherapist**

In this workshop, you will learn how proper strength training is essential for effective treatment of several chronic conditions and why maintaining muscle is the core of healthy aging. Learn how to live better with conditions like osteoarthritis, diabetes, obesity, osteoporosis, heart disease, and neurological conditions. We will be demonstrating several exercises so please wear loose clothing so you can perform gentle movements in various positions. In partnership with One to One Wellness Centre.

**Mon, Jun 12/7 PM-8 PM**

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## PROGRAM LISTINGS

### Think Export

Think Export asks the questions businesses need to answer to become successful exporters. Research has shown that exporters are more profitable and stay in business longer than non exporters. Join us for a brief intro to the questions you need to ask about export. In partnership with Nova Scotia Business Inc.

**Tue, Jun 13/12 PM-2 PM**

### Introduction to Photoshop Restoration and Colourization

Join us as we explore the tools needed to digitally repair and restore damaged photographs. We'll also show you how to add a splash of colour to a black and white image. Basic computer skills are required. Previous knowledge of Photoshop is an asset. Laptop and sample images will be here for you.

**Tue, Jun 13/6:30 PM-8 PM**

Registration required

### FEATURED DIRECTOR FILM SERIES

#### Richard Linklater's

#### *Everybody Wants Some!!*

with introduction by Kendra Barnes

Rated 14A

In the summer of 1980, freshman pitcher Jake moves into an old college house with his new rowdy teammates. Together, they must navigate their way between girls, parties, and baseball, all in the last weekend before school begins. Good times never get old! Kendra Barnes is a Senior Film Programmer with Carbon Arc Cinema. In partnership with Carbon Arc Cinema.

**Tue, Jun 13/6:30 PM**

### TASTES LIKE HOME

#### Open Heart Farming Poetry 2017 Launch

Join the passionate poets of Open Heart Farming for its sixth annual launch. Open Heart Farming Poetry is a collection of food and farm-related poems by Nova Scotians. [ohforgery.com](http://ohforgery.com)

**Wed, Jun 14/6:30 PM**

#### Untie the Mysteries of Chinese Knots

Explore the intricate art of Chinese knot making in this demonstration/workshop. In partnership with Confucius Institute.

**Thu, Jun 15/6:30 PM-7:30 PM**

Registration required

### Movie

#### *Hidden Figures*

Rated PG

Based on the unbelievably true life stories of African-American female mathematicians, known as "human computers", we follow three women as they quickly rise in the ranks of NASA, tasked with calculating the momentous launch of astronaut John Glenn into orbit, and guaranteeing his safe return. This film was nominated for three Academy Awards, including Best Picture, Best Adapted Screenplay, and Best Supporting Actress for Octavia Spencer.

**Fri, Jun 16/10 AM**

### Home Staging

with Joanne Abrahams

Planning to sell your home? Join Joanne Abrahams, owner of Rave Review Home Staging and Redesign, to discover what is involved in home staging and how it can play a role in your real estate transaction.

**Sat, Jun 17/2 PM**

### WORLD REFUGEE DAY

#### Walk with Refugees

Join us as we mark World Refugee Day with an event for the whole family. Enjoy music, drumming, entertainment, and learn about ways to support refugees from around the world. In partnership with Immigrant Services Association of Nova Scotia (ISANS).

**Sat, Jun 17/2 PM**

#### Amplify Your Talent: Building A Song

Ages 14-Adult

Learn how to write your own lyrics and music with a few simple steps.

**Sun, Jun 18/1 PM-2 PM**

### Pop-Up Tech

#### 3D Printer

Come down to the lobby to see our 3D printer in action.

**Sun, Jun 18/2 PM-4 PM**

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## PROGRAM LISTINGS

### **Dance. Explore. Celebrate with the Halifax Fuse Festival**

Join us to celebrate Halifax's cultural diversity through dance. Learn some cool moves. Try out African dance, flamenco, salsa, and more. Learn Halifax Fuse Festival's Flash Mob choreography to be performed at the Commons on July 1. Everyone is welcome. In partnership with Halifax Fuse Festival.

**Sun, Jun 18/2 PM**

### **On the Author's Stage: Jeff Lemire**

New York Times bestselling, award-winning writer and artist of literary graphic novels, Jeff Lemire is known to many for different reasons. Music fans know Lemire due to his collaboration with Gord Downey of The Tragically Hip on *Secret Path*. CBC listeners know his *Essex County* was the first graphic novel in the Canada Reads contest. Marvel and DC Comics fans know his work in *Justice League* and *Hawkeye and Moon Knight*. Jeff Lemire's latest graphic novel, *Roughneck*, is about a brother and sister facing a disturbing family history. Presented in partnership with Scotiabank and Canada Council for the Arts.

**Mon, Jun 19/6:30 PM**

### STRENGTHEN YOUR HEALTH

#### **What the Foot: A Game-Changing Philosophy of Human Movement with Tyler Dillman, Physiotherapist**

This workshop involves a series of exploratory movements designed to enhance balance, relieve pain, and increase human potential. Come and learn how you can expand your movement repertoire and activity tolerance as you age rather than see it decline. Please wear loose clothing so you can perform movements in various positions. In partnership with One to One Wellness Centre.

**Mon, Jun 19/7 PM-8 PM**

### TASTES LIKE HOME / BOOK LAUNCH

#### **On the Author's Stage: Simon Thibault featuring *Pantry and Palate:* *Remembering and Rediscovering Acadian Food***

In *Pantry and Palate: Remembering and Rediscovering Acadian Food*, journalist Simon Thibault explores his Acadian roots by scouring old family recipes, ladies' auxiliary cookbooks, and folk wisdom for best-loved recipes of Acadian past and present. Thibault shares stories behind the nostalgic recipes from his modern, narrative cookbook exploring Acadian food, and provides a sample of Acadian cuisine. Presented in partnership with Scotiabank.

**Tue, Jun 20/6:30 PM**

### **Tech of the Ages Film and Video**

Join us as we explore classic film and video technologies and show you how to utilize current equipment to create time-lapse and stop-motion videos.

**Tue, Jun 20/6:30 PM-8 PM**

### FEATURED DIRECTOR FILM SERIES

#### **Richard Linklater's *Slacker* with introduction by Chris Campbell** Rated 14A

This film presents a day in the life of a loose-knit subculture of marginal, eccentric, and overeducated citizens in Austin, Texas. Shooting the film on 16mm for \$23,000, Linklater eschewed a traditional plot, choosing instead to employ long takes and fluid transitions to create a tapestry of over a hundred characters, each as unique as the last. Chris Campbell is a blogger and member of NSCC Screen Arts faculty.

**Tue, Jun 20/6:30 PM**

### FANDOM WEDNESDAYS

#### **Deep Cuts Vinyl Music Club Prince's *Sign O' The Times***

Ages 14-Adult

Prince's ninth and most acclaimed record, *Sign O' The Times* has been ranked as one of the greatest albums of all time. Critics from *Spin* magazine bill it as, "the last classic R&B album prior to hip-hop's takeover of black music and the final four-sided blockbuster of the vinyl era." In partnership with Taz Records.

**Wed, Jun 21/7 PM-8 PM**

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## PROGRAM LISTINGS

### **Essential Oils and Your Emotions with Aromatherapist Jennifer Aiken**

Essential oils can help balance and brighten your changing moods. Learn how blends can help you let go of burdens, find comfort and encouragement, or inspire you to dream with passion again.

**Wed, Jun 21/7 PM**

### **After the Death of Jane Austen: A 200 Year Legacy with John Mullan, University College London**

Join us as Professor John Mullan reflects on the importance and significance of the novelist Jane Austen on English Literature since her death. John Mullan is the Dean of the Faculty of Arts and Humanities at University College London and the Lord Northcliffe Professor of English Literature.

**Thu, Jun 22/6:30 PM**

### **Arthritis School**

Osteoarthritis is the most common chronic condition of the joints. Sometimes called wear-and-tear arthritis or degenerative joint disease, symptoms include pain, joint swelling, and stiffness. Learn from a team of medical professionals more about this condition and how to reduce its symptoms. To register, please call 902-701-7838. In partnership with the Atlantic Arthritis School Association.

**Fri, Jun 23/12 PM-1:30 PM**

### **Diaga Irish Dance Summer Recital**

An afternoon performance from Diaga Irish Dance showcasing their Beginners to World Championship Qualifiers.

**Sat, Jun 24/2 PM**

### **Tech of the Ages Film and Video**

Join us as we explore classic film and video technologies and show you how to utilize current equipment to create time-lapse and stop-motion videos.

**Sat, Jun 24/2:30 PM-4 PM**

### **The PEACE Project: Initiating Conversation Around Palliative Care**

This production was created from first-hand experiences of people touched by advanced cancer. From their stories an interactive play was created. We hope to provide a starting point for conversation about palliative and end of life care. Come join us and share your thoughts.

**Sun, Jun 25/2 PM**

### **An Introduction to the Study of Price Charts in Financial Markets with Hamish Calder, Institutional Stockbroker**

The study of charts or technical analysis is an accepted tool in the financial industry. This talk will focus on the basics of charting markets and stock prices, and some techniques for interpreting and assessing risk. Please note that no investment advice will be given. Hamish has been an institutional stockbroker for 21 years, dealing with Asian equities in Hong Kong and London, England.

**Mon, Jun 26/7 PM**

### **STRENGTHEN YOUR HEALTH From Pain to Performance with Tyler Dillman and Nick Mathe- son, Physiotherapists**

This seminar will focus on helping you understand how to transform pain and learn how greater body awareness leads to enhanced performance. Whether you are an elite athlete, a weekend warrior, or someone struggling to move toward an active lifestyle, we will help you see how you can safely and efficiently improve the quality of your movement and your life. In partnership with One to One Wellness Centre.

**Mon, Jun 26/7 PM-8 PM**

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## PROGRAM LISTINGS

### **Hello Android**

Learn the basics of how you use your Android mobile phone or tablet. We can help you learn some basic functions and features as well as how to download library ebooks to your device. This class is for beginners and you will need to bring your own Android mobile phone or tablet. To register, please call 902-490-5706.

**Tue, Jun 27/1:30 PM-2:30 PM**

Registration required

### **Let's Talk Apps for Summer**

Are you ready for the summer? You may be, but how about your phone? Come join us in this session where we will talk about must-have mobile apps for travel and other summer activities.

**Tue, Jun 27/6:30 PM-8 PM**

### **FEATURED DIRECTOR FILM SERIES**

#### **Richard Linklater's *School of Rock* with introduction by Tara Thorne**

Rated PG

After being kicked out of a rock band, Dewey Finn becomes a substitute teacher of a strict elementary private school, only to try and turn it into a rock band. Starring Jack Black, Mike White, and Joan Cusack. Tara Thorne is an arts and entertainment journalist with The Coast and the CBC.

**Tue, Jun 27/6:30 PM**

### **How to Protect Yourself and Your Business**

The panel will provide tips and insights on how to protect yourself and your business from different threats, such as legal, IT, fraud, etc. It is important to know how to limit your personal and business liability. In partnership with Virtual Management Group.

**Wed, Jun 28/6 PM-8 PM**

### **FANDOM WEDNESDAYS**

#### **Escape Room**

Ages 12-Adult

Have you ever wanted to know the secret to immortality? Here is your chance. Work together in a group of like-minded, clever team members to solve clues and puzzles to find the answer.

**Wed, Jun 28/6 PM-8 PM**

Registration required

### **Iranian Poetry in Dance and Musical Performances**

Experience the wonder of Iranian dance and music! Performers will show you how their art journey passes through thousands years of glorious Iranian poetry. Enjoy some of the richest technical and emotional performances that have been thrilling audiences around the world for decades. There will also be an exhibition of Tazhib, Iranian musical instruments and calligraphy. This bilingual program is presented in both English and Farsi. In partnership with Halifax Farsi Poetry Night

**Thu, Jun 29/6:30 PM**

### **Movie**

#### ***Lion***

Rated PG

A five-year-old Indian boy gets lost on the streets of Calcutta, thousands of kilometers from home. Twenty-five years later, he sets out to find his lost family. Based on a true story, this film was nominated for six Academy Awards, including Best Picture.

**Fri, Jun 30/10 AM**

### **Your Way to Wellness: Chronic Disease Self-management Workshop SPECIAL EDITION: For Adults 35 and Under**

Do you have an ongoing chronic condition such as arthritis, asthma, diabetes, fibromyalgia, depression, anxiety, Crohn's, or IBS? Join us for a free 6-week workshop, where you'll meet other people who understand what you're going through - because they are, too. The workshop is led by trained volunteers. To register, please contact us at 902-473-7709 or [yourwaytowellness.ca](http://yourwaytowellness.ca). In partnership with the Nova Scotia Health Authority.

**Tuesdays/6 PM-8:30 PM**

Runs May 23-June 27, Registration required

### **Central Conversation Club**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Call 490-5706 to register.

**Thursdays/10 AM-12 PM**

Session ends June 15, Registration required

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## PROGRAM LISTINGS

### **Classical Music Undressed: Take 2 with Dr. Jennifer Farrell, Maritime Conservatory**

Did you know that a young Bach got into a knife fight? That Handel was a foodie? That Beethoven was clumsy? These facts and more will pepper an exploration of the cultural contexts of the famous works of composers from the 17th to 19th centuries. An enhanced version of the course offered in 2015, these classes include more biographies of composers that push them off their pedestals, and highlight intimate details of their lives. Live musical excerpts will be performed by Jennifer and guests. Dr. Jennifer Farrell is the Dean of the School of Music at the Maritime Conservatory. In partnership with Seniors' College of Nova Scotia (SCANS).

**Fridays/10 AM-12 PM**  
Session ends June 16

### **Kids**

#### **The Hangout Shrinky Dinks**

Ages 8-12

Draw your own little pieces of art and then watch it magically shrink before your eyes. Make it into a pin, a necklace, or a keychain. As usual, there will also be snacks, video games and craft supplies.

**Thu, Jun 1/3:30 PM-4:30 PM**

#### **Efficiency Day for Families**

Join Efficiency Nova Scotia for Energy Efficiency Day! Learn how to make your homes more energy efficient, comfortable, and reduce their carbon footprint. The day will include workshops for all ages, including fun games and activities from Green Schools Nova Scotia, education seminars from the Ecology Action Centre, and do-it-yourself workshops from experts in the energy efficiency industry. Learn, have fun, save money and the environment. You'll be sure to leave feeling energized. In partnership with Efficiency NS.

**Sat, Jun 3/12 PM-5 PM**

#### **project ARC Musical Theatre: Shining a Light on Human Rights**

Ages 8 +

The project ARC (Action, Responsibility, Choice) performance uses musical theatre featuring a multi-talented cast of youth age 12-18 to educate its audience about the UN Convention on the Rights of the Child and the Universal Declaration of Human Rights.

**Sun, Jun 4/2 PM-3 PM**

Free tickets given out 30 min before event

#### **THE HANGOUT**

##### **Pancakes Galore**

Ages 8-12

Mix, design, and taste your very own pancake creations. Supplies provided. Plus, there will be video games, craft supplies, and lots of fun.

**Thu, Jun 8/3:30 PM-4:30 PM**

#### **Coastal Crafts:**

##### **Sea the Ocean Differently**

Ages 5+

Celebrate World Oceans Day with marine themed crafting, presented by Dalhousie University's Marine Affairs program students. Learn about reducing marine litter using upcycled materials to craft an octopus, a clam and a turtle. Stop by the photo booth with your creations to share your new ocean awareness with family and friends. All supplies are provided. Pre-school-aged children are welcome with adult supervision.

**Sat, Jun 10/2 PM-4 PM**

#### **Author Visit: Maria Gallagher**

##### ***Red Sparrow's Glorious Maritime Adventure***

All ages

Join author Maria Gallagher as they read from their book "Red Sparrow's Glorious Maritime Adventure". Follow Red Sparrow as she leaves the nest in search of new friends and adventures throughout Nova Scotia's mountains, forests and seashores.

**Sun, Jun 11/2:30 PM-3:30 PM**

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## PROGRAM LISTINGS

### **The Hangout Cupcake Wars**

Ages 8-12

Go all in with sprinkles, candies, and other decorations. Compete with your friends to see who can make the wildest, craziest, tallest, most delicious cupcake. Win prizes for creativity. And of course there will be snacks, video games, and lots of fun.

**Thu, Jun 15/3:30 PM-4:30 PM**

### **Family Crafternoon**

All ages

Chill out, unplug, and craft an hour away. All materials supplied. We have colouring sheets for the little siblings, too.

**Sat, Jun 17/2:30 PM-3:30 PM**

### **Lego at the Library**

Ages 5+

Let your imagination go wild with the Library's LEGO collection.

**Sun, Jun 18/2 PM-4 PM**

THE HANGOUT

### **POP!**

Ages 8-12

Come hang out and join us for all kinds of balloon fun. Create your own balloon orb, balloon rocket, or balloon sculpture. Plus, there will be video games, craft supplies, and lots of fun.

**Thu, Jun 22/3:30 PM-4:30 PM**

### **Family Crafternoon**

All ages

Drop-in for simple crafts or activities: often silly and always fun.

**Sat, Jun 24/1:30 PM-2:30 PM**

### **First Aid Instruction for Families with Nova First Aid**

All ages

Nova First Aid provides basic first aid instruction for families with young children who do not have access to first aid training. Topics covered in each two-hour workshop include basic first aid skills for families, calling 9-1-1 for children, and how to help when someone is choking. Novafirstaid.com. In partnership with Nova First Aid.

**Sat, Jun 24/2 PM-4 PM**

Registration required

### **Games on the Plaza**

Ages 3+

Come play with the library's collection of giant games, chalk, and bubbles – outside on the Plaza.

**Sun, Jun 25/2:30 PM-3:30 PM**

### **Halifax Central Summer Reading Club Kick Off**

Drop in for active games and giant games like Jenga and Connect 4, Canada-themed crafts, Makedo construction, and more. Activities are aimed at ages 5 and up but younger children can participate with adult supervision. Registration for the TD Summer Reading Club begins June 17. Read during the summer, visit the library to collect cool rewards, and enter to win exciting prizes.

**Thu, Jun 29/10 AM-11:30 AM**

THE HANGOUT

### **Hilarious Heads**

Ever wonder what you'd look like with a dinosaur for a head? Or maybe a goldfish or a robot's head? Come get your picture taken in The Hangout and we'll see who can come up with the wackiest image. Plus, there will be video games, snacks, and lots of good fun.

**Thu, Jun 29/3:30 PM-4:30 PM**

## **Preschoolers**

### **Puppet Show**

#### ***The Smartie Garden***

All ages

Watch as your favourite story comes to life.

**Sat, Jun 3/11 AM-11:30 AM**

Free tickets given out 30 min before event

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## PROGRAM LISTINGS

### Drop-In Family Sing-A-Long

Ages 0-6

Drop-in for a sing along great for the whole family. Classic songs for everyone.

**Sat, Jun 3/12:30 PM**

### Puppet Show

**Dragon Stew**

All ages

Watch as your favourite story comes to life.

**Sat, Jun 10/11 AM-11:30 AM**

Free tickets given out 30 min before event

### Puppet Show

**Piglet and Papa**

All ages

Watch as your favourite story comes to life.

**Sat, Jun 17/11 AM-11:30 AM**

Free tickets given out 30 min before event

### Puppet Show

**Little Penguin Gets the Hiccups**

All ages

Watch as your favourite story comes to life.

**Sat, Jun 24/11 AM-11:30 AM**

Free tickets given out 30 min before event

## Teens

### Teen Zone: Let's Make Milkshakes!

Ages 12-18

Come make your very own milkshake creation with lots of fun ingredients.

And as always have snacks, video games iPads, laptops, music and more.

Hang out, meet new people, play games, do homework, and explore your artistic side.

**Thu, Jun 1/6 PM-8 PM**

INTRO TO ADULTING

### Cooking Basics, Part 2

Ages 14-18

Heading off to university soon and would like to pick up some basic cooking skills before you go? Just feel like making and eating some free food?

Then you're in the right place. Stop in for the first in our series of cooking instructional programs. We'll help you get started on your road to adulting.

**Mon, Jun 5/6:30 PM-8 PM**

Registration required

### Young Adult Author Panel: New Books by BR Myers and Mark Burley

Ages 12-Adult

Join young adult authors B.R. Myers and Mark Burley as they reveal their thrilling new books, *Diadem of Death* and *Hit the Ground Running*. These local authors will conduct a reading and panel discussion, including tips for aspiring writers, a Q&A session, and a meet-and-greet and book signing. Bring your questions and sense of adventure, and learn about these hot new mystery series.

**Tue, Jun 6/6 PM-8 PM**

### Teen Zone: Bad Art Night

Ages 12-18

Come get messy and create the worst art imaginable for a chance to win a prize. Art pieces voted most awful will be displayed in the branch. And as always we have snacks, video games iPads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

**Thu, Jun 8/6 PM-8 PM**

TASTES LIKE HOME

### Teen Zone: Cupcake Wars.

Ages 12-18

Come compete for best decorated cupcake.

**Thu, Jun 15/6 PM-8 PM**

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## PROGRAM LISTINGS

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### **PAWs Room**

12-18

Stressed about exams? Need to max the relax? Just love dogs? Come in, cuddle, and play with these super Zen therapy dogs. In partnership with Therapeutic Paws of Canada.

**Fri, Jun 16/3 PM-5 PM**

### **Teen Zone: Teens' Choice Movie Night**

Ages 12-18

You vote for the film you'd like to watch. We provide the popcorn.

**Thu, Jun 22/6 PM-8 PM**

### **Teen Zone: End of Year Party**

Ages 12-18

Come celebrate the beginning of summer at the last Teen Zone of the school year and take green screen photos. And as always we have snacks, video games iPads, laptops, music and more. Hang out, meet new people, play games, do homework, and explore your artistic side.

**Thu, Jun 29/6 PM-8 PM**

### **It Might Get Loud**

Ages 12-18

Drop-in to the teen space on the second floor and let your creativity loose in the music studios or experiment with technology old and new on the floor.

**Fridays/3:30 PM-5:30 PM**