

SEPTEMBER
2017

Bedford

PROGRAM LISTINGS

Adult

Bedford Sackville Autism Support Group

Open to primary caregivers of people with Autism Spectrum Disorder, these meetings are an opportunity to share and learn from other families experiencing the challenges and joys that can come with caring for a person on the spectrum. You are welcome to join us on the first Tuesday of every month.

Tue, Sep 5/7 PM

Adulting:

Choosing the Right Career for You

Most people struggle with choosing a career. There are many factors to consider – values, interests, personality, abilities, financial, and job availability. This interactive session will give you the insight and tools to choose the right career for your life. Speaker Dr. Scott MacMillan is an Associate Professor, Management at MSVU.

Tue, Sep 12/7 PM

Writers' Circle

Join our writers' circle for support and inspiration, hosted by author Suzanne Atkinson.

Wed, Sep 13/6:30 PM-8 PM

POP-UP LIBRARY EVENT

The Antique Story Show at Scott Manor House

Bring a photo or artifact along with a story to share with others at this special show-and-tell event. Staff will record your stories (optional) for our Cobequid Past and Future web portal. Your item can be anything significant to you that recalls a memory of life in Bedford/Waverley/Sackville. If you don't want to share a story, come hear others and enjoy refreshments and music in the Scott Manor House tea room. Supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Special Location: Scott Manor House
Sat, Sep 16/2 PM-4 PM

Renovate Your Relationships

Whether with family, friends, or others, our lives are full of relationships. Join us to learn strategies to build more supportive relationships. To register, call the Community Health Team at 902-460-6750. In partnership from the Community Health Team.

Tue, Sep 19/6 PM-8 PM

Registration required

Documentary

Ticked Off:

The Mystery of Lyme Disease

Donna Lugar is the Nova Scotia Representative of the Canadian Lyme Disease Foundation (CanLyme) and our host for the screening of the documentary *Ticked Off: The Mystery of Lyme Disease*. In addition to her work with CanLyme, Donna runs a Lyme Support group and has been advocating for change in the way Lyme and tick borne diseases are handled in this province since 2011.

Wed, Sep 20/7 PM

Key Figures in Bedford History

Join Steve Warburton for a special showing of his film *A History of Bedford*, followed by a discussion of some of Bedford's most interesting people from the last 150 years. Supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Sat, Sep 23/2:30 PM-3:30 PM

Book Club

***A God In Ruins*, by Kate Atkinson**

Discover new authors, meet new people and share insights.

Tue, Sep 26/2:30 PM

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Tue, Sep 26/6 PM-8 PM

Registration required

Grown-Up Storytime

It's nice to be read to at any age. Bring your lunch, or your knitting, and let us read to you. We'll start with short stories and see what happens. We meet on the last Wednesday of the month at lunchtime. Sweets and coffee are provided.

Wed, Sep 27/12:15 PM-12:45 PM

Mi'kmaq Food and Traditions

Join Mi'kmaq Mama for a special tasting of Mi'kmaq traditional luskinikn (bannock). She'll also share about traditional ways of sharing resources and how the Mi'kmaq culture has evolved. A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Sat, Sep 30/2:30 PM

English Conversation Group (Beginner Level)

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. To register, please call 902-490-5740.

Mondays/9:30 AM-11:30 AM

Begins September 11, Registration required

English Conversation Group (Intermediate Level)

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. To register, please call 902-490-5740.

Saturdays/10 AM-12 PM

Registration required

Kids

POP-UP LIBRARY EVENT

Gold Rush Days at Waverley Village Green

Join us on the Village Green as we celebrate Waverley Gold Rush Days. We'll have a puppet show, games, and activities. In partnership with Waverley Gold Rush Days.

Special Location: Waverley Village Green

Sat, Sep 9/12 PM-2 PM

Engineering a Safer World: Earthquake-Proof Buildings with Engineers Nova Scotia

Ages 5+

Engineers solve problems to make our world a safe and better place to live. Join Engineers Nova Scotia to learn about the science behind how buildings withstand an earthquake. You can also design, build, and then test your own with an earthquake simulator. In partnership with Engineers Nova Scotia.

Thu, Sep 21/10 AM-11 AM

Lego at the Library

All ages

Let your imagination run wild with the Library's Lego collection. Create some fun for the whole family.

Sat, Sep 23/10 AM-4:30 PM

Felt Fridays

Felt superheroes, princesses, castles, cars, farms, and more. Every Friday, our children's area will convert to a felt wonderland. Come in and build your own world.

Fridays/9 AM-6 PM

Begins September 8

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Preschoolers

Puppet Show

Clyde Can't Sing: A Musical Puppet Show

Lewis the mouse loves to sing when he's happy. Clyde the monkey is too nervous to join in. Will these best friends be able to sing together in the end?

Thu, Sep 14/10:30 AM

Puppet Show

Very Little Sleeping Beauty

In this version of the classic tale Sleeping Beauty is a very little girl. An evil fairy has cast a spell on her! How will she ever wake up? It's a surprise ending you'll have to see to believe!

Thu, Sep 28/10:30 AM

Bébé et moi

de la naissance à 2 ans

Venez en grand nombre afin d'assister à un groupe de jeu avec des chansons et des activités pour les parents et les enfants. En partenariat avec La Pirouette.

les mardis/10h-11h

Commence à 12 septembre

La petite histoire

de 2 à 5 ans

Venez en grand nombre afin d'assister à un groupe de jeu avec des chansons et des activités pour les parents et les enfants. En partenariat avec La Pirouette.

les mardis/11h-12h

Commence à 12 septembre

Family Drop-in

Ages 0-5

A short storytime followed by free play with puzzles and crafts is sure to delight and entertain your child. There's something here for everyone, including a baby corner complete with infant toys.

Wednesdays/10:15 AM-11 AM