

**SEPTEMBER**  
2017

# Capt. William Spry

## PROGRAM LISTINGS

### **Adult**

#### **Herb and Spice Workshop with Chef Scott**

You may know that herbs and spices are a delicious way to flavour your food, but did you know they also offer health benefits? Join Chef Scott Piercey for this flavourful workshop on the health benefits of culinary herbs and spices and take away some practical information for increasing these in your kitchen. A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

**Fri, Sep 8/2:30 PM**

#### **A Walking Guide to the Old St. Margarets Bay Road**

Join author Wayne Rogers and the Five Bridges Wilderness Heritage Trust volunteers for a book signing and celebration of this new second edition printing. The Walking Guides offers full colour maps, trail descriptions and GPS coordinates for points-of-interest across this more than 200-year-old road that crosses the Chebucto Peninsula. Get to know a wonderful wilderness area right here in your community. Free copies will be provided.

**Sun, Sep 17/2:30 PM**

Registration required

#### **Book Club**

Discover new authors, meet new people, and share insights.

**Wed, Sep 20/7:15 PM**

#### **Fly Fishing 101 with Dave Johnson**

This beginners workshop will familiarize the novice fly fisher with basic fly patterns and entomology as well as fishing tricks and techniques.

**Wed, Sep 27/7:15 PM**

Registration required

#### **It's Tea Time with Margot Bureaux**

What is tea grading? Are teas from different countries really that different? When brewing tea, does it make a difference how you do it? Not only will Margot Bureaux enlighten you on these topics, there will be a chance to sample different teas and experience first hand what these differences may mean to you. You will leave with a better understanding of how to choose tea, and knowledge on how best to prepare teas for your drinking pleasure. Margot Bureaux is a Tea Sommelier, Consultant, and Educator A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage presented in partnership with Cobequid Community Health Board.

**Fri, Sep 29/2:30 PM**

Registration required

#### **Job Junction**

You are not alone. Job Junction gives you personalized help with one-on-one meetings. Drop in, bring your questions and needs, and we will review options with you.

**Thursdays/1 PM-4 PM**

#### **Bridge Club**

Meet and play with other bridge lovers. Some Bridge playing experience is necessary.

**Thursdays/1 PM-4 PM**

#### **English Conversation Group for Women**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. In partnership with YWCA.

**Fridays/1 PM-3 PM**

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### Kids

#### **Creating Comics Workshop for Kids, Part 1/3 with Alex Forbes**

Ages 8-12

Led by graphic novelist and artist Alex Forbes, this three-week workshop will guide you through the process of visual storytelling—from storyboard to publication. You'll learn how to develop a plot and characters, and you'll get to design and paint your own title page.

**Wed, Sep 27/5 PM-6 PM**

Registration required

### Preschoolers

#### **Munchkins at Culture Days**

Ages 0-6

Classical Munchkins is an interactive, fun, and free program for pre-schoolers which offers up close and personal learning with symphony musicians. Join Symphony Nova Scotia musicians who will “show off” their instruments and explain how they work while playing familiar, delightful tunes. In partnership with Symphony Nova Scotia.

**Fri, Sep 29/10:30 AM-11 AM**

Registration required

#### **Family Drop-in**

Ages 0-5

Families! Enjoy a variety of activities together, including stories and songs.

**Tuesdays/10:30 AM-11:30 AM**

#### **Storytime**

Ages 0-5

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading.

**Fridays/10:30 AM-11 AM**

Begins September 8

#### **Puppet Show**

Watch your favourite stories come to life.

**Saturdays/11 AM-11:45 AM**

Begins September 16

### Teens

#### **Welcome Back Pizza Party**

Ages 12-18

Teen Zone is back from Summer Break and there's no better way to celebrate than a Pizza Party! Create your own pizzas from scratch! We provide everything—just bring your cooking skills and your appetite! Space is limited so make sure you book your spot so you don't miss out! A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

**Thu, Sep 14/6 PM-8 PM**

Registration required

#### **Connect the Dots**

**Led by The Youth Project**

Ages 18 and under

LGBTQ youth and friends, drop in on the third Tuesday of every month, make connections and have fun! Led by the Youth Project. For more information, call 902-429-5429. In partnership with The Youth Project.

**Tue, Sep 26/6 PM-8 PM**

#### **Creating Comics Workshop, Part 1/3 with Alex Forbes**

Ages 12-18

Led by graphic novelist and artist Alex Forbes, this three-week workshop will guide you through the process of visual storytelling—from storyboard to publication. Learn to develop plot and characters, design and paint your title page, and digitally edit your creations.

**Thu, Sep 28/6 PM-8 PM**

#### **Teen Zone**

Ages 12-18

Let's hang out and do cool stuff! We'll have a mix of special guests, healthy snacks, tech and maker programs, movies, and sometimes we just chill out and relax with music and friends.

**Thursdays/6 PM-8 PM**

Begins September 14