

SEPTEMBER
2017

Keshen Goodman

PROGRAM LISTINGS

Adult

Movie

The Zookeeper's Wife

Rated 14A

In 1939 Poland, Antonina Zabinska and her husband successfully run the Warsaw Zoo and raise their family in an idyllic existence. Their world is overturned, however, when the country is invaded by the Nazis and they are to report to the Reich's newly appointed zoologist. To fight back on their own terms, the Zabinskis risk everything by covertly working with the Resistance and using the zoo's hidden tunnels and cages to save families from Nazi brutality. 126 min

Fri, Sep 1/2 PM

Google Maps

Learn how to use Google Maps to help plan your vacation, ensuring that you visit all the sites and attractions on your list. Prerequisite: How to Navigate the Internet or familiarity with web browsers. To register, please call 902-490-6410.

Tue, Sep 5/7 PM-8:30 PM

Registration required

Movie

Gifted

Rated PG-13

Frank Adler is a single man raising his seven-year-old niece Mary. Although she was home schooled and wants to keep being taught at home, Frank decides to send Mary to school so she can find friends of her own age and learn to be social. Her teacher, Bonnie quickly realizes Mary is a mathematical genius. She and the principal tell Frank his niece would be better off at a school for gifted youngsters. Frank refuses, saying he promised his sister he would give Mary a normal life. 101 min

Fri, Sep 8/2 PM

Laughter Yoga

with Helen Fong

This "laughing for no reason" form of yoga empties the lungs of stale air and balances the different energies in your body. Good for stress relief and better immune system.

Sat, Sep 9/2 PM

Book Club

***My Brilliant Friend*, by Elena Ferrante**

The story begins in the 1950s, in a poor but vibrant neighborhood on the outskirts of Naples. Growing up on these tough streets the two girls learn to rely on each other ahead of anyone or anything else. As they grow, as their paths repeatedly diverge and converge, Elena and Lila remain best friends whose respective destinies are reflected and refracted in the other. They are likewise the embodiments of a nation undergoing momentous change.

Wed, Sep 13/1 PM

FOOD FROM OUR OWN BACKYARD

Traditional Acadian Pie

Whether you eat this pie after midnight mass or enjoy it for an everyday meal, learn the secrets behind making this Acadian favourite. Join Corrine Weir from Heppy's Pies to learn how to make a great pastry and filling. Call 902-490-6410 to register. A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Wed, Sep 13/7 PM

Registration required

SEPTEMBER
2017

Keshen Goodman

PROGRAM LISTINGS

Movie

Megan Leavey

Rated PG

Megan Leavey is based on the true life story of a young marine corporal whose unique discipline and bond with her military combat dog saved many lives during their deployment in Iraq. When she is assigned to clean up the K9 unit after a disciplinary hearing, Leavey identifies with a particularly aggressive dog, Rex, and is given the chance to train him. Over the course of their service, Megan and Rex completed more than 100 missions until an IED explosion injures them, putting their fate in jeopardy. 116 min

Fri, Sep 15/2 PM

Be Your Own Travel Agent: Flights and Trains

Curious about where to find the best flight deals for your next vacation? Interested in learning more about train travel? Learn about some of the best online sites for booking domestic and international flights and train trips. Prerequisite: How to Navigate the Internet or familiarity with web browsers. To register, please call 902-490-6410.

Fri, Sep 15/2:30 PM-4 PM

Registration required

Spanish Conversation Group (Intermediate)

Come join our friendly group facilitated by Menashe Cieplinski, a native Spanish speaker. Some knowledge of Spanish will be helpful.

Tue, Sep 19/7 PM-8 PM

Acadian Maple Secrets

Brian Allaway from Acadian Maple Products will speak about the historical aspect of the production of maple syrup from the beginning to the modern production methods. Learn how Canada supplies the world with this wonderful sweet treat that we often take for granted. Learn about the different grades and colour classifications of syrup, the many bi-products made with maple syrup, taste the different grades and become an informed consumer. Call 902-490-6410 to register. A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Wed, Sep 20/7 PM

Registration required

MSVU LECTURES

Community Stories of War and Peace: A New Generation of Veterans

For centuries, Nova Scotia's communities have been deeply affected by experiences of war. Professors from across the disciplines come together with members of community groups to collaborate on projects that examine this impact. Join faculty from the Mount and NSCAD, and guests, as they discuss their findings, invite discussion, explore what stories of war and peace are being told. This session is led by Maya Eichler, a professor of Political Studies and John Whelan, a professor of Family Studies and Gerontology. In partnership with Mount St. Vincent University (MSVU).

Fri, Sep 22/1:30 PM

POP-UP LIBRARY EVENT

Let's Do Science at Titus Smith Park

Join students from Dalhousie University as they host a variety of hands on science activities. And while you're here, check out the Mobile Food Market, too. In partnership with Let's Talk Science Outreach at Dalhousie University.

Special Location: Titus Smith Park, Fairview

Sat, Sep 23/12 PM-1:30 PM

Acoustic Song Circle

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

Sat, Sep 23/2 PM-4 PM

Foods and Moods with the Chebucto Community Health Team

Have you ever thought about the connection between what you eat and how you feel? What's good for your body is good for your mood. Join us to learn more. To register, please call 902-487-0690

Tue, Sep 26/6:30 PM-8:30 PM

Registration required

SEPTEMBER
2017

Keshen Goodman

PROGRAM LISTINGS

FOOD FROM OUR OWN BACKYARD

Homemade Apple Pie

Making a great pie pastry and a great apple pie can be tricky. Luckily, we have some tips and tricks to get you there. Using Nova Scotia apples is always a good start. You'll get to sample a great treat and learn how to do it yourself at home. Call 902-490-6410 to register. A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture, and Heritage.

Wed, Sep 27/7 PM

Registration required

National Stitch in Public Day

Join the Town Clock Stitchers to celebrate national stitch in public day.

Learn some new techniques, try your hand at some stitching, or just watch as they work on a variety of projects.

Fri, Sep 29/10 AM

MSVU LECTURES

Community Stories of War and Peace: Representations in Art

For centuries, Nova Scotia communities have been deeply affected by experiences of war. Professors from across the disciplines come together with members of community groups to collaborate on projects that examine this impact. Join faculty from the Mount and NSCAD, and guests, as they discuss their findings, invite discussion, explore what stories of war and peace are being told. This session is led by Reina Green, a professor of English, and Jessica L. Wiebe, a local artist. In partnership with Mount St. Vincent University (MSVU).

Fri, Sep 29/1:30 PM

Be Your Own Travel Agent: Accommodations

Join us and learn how to research and book safe, affordable, and comfortable accommodations online. Prerequisite: How to Navigate the Internet or familiarity with web browsers. To register, please call 902-490-6410.

Fri, Sep 29/2:30 PM-4 PM

Registration required

Bridge

Meet and play with other bridge lovers. Some experience is necessary.

Mondays/1 PM-3:30 PM

Begins September 11, No program September 4

Seniors Drop-In

Join us for adult colouring and tabletop board games.

Tuesdays/1 PM-4 PM

English Conversation Group for Women

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

Wednesdays/10 AM-12 PM

Begins September 13, Registration required

Discover Peace Within with Sahaja Meditation

Sahaja Meditation classes begin with self-realization and the spontaneous awakening of your internal energy. This practice gently takes us beyond our thoughts and worries and into the present, where the joy of life exists. Classes are welcoming, relaxing, and practice-oriented. or drop-in when you can. This is a seated meditation class. No need to bring anything but yourself!

Thursdays/1:30 PM-2:30 PM

No program September 21

SEPTEMBER
2017

Keshen Goodman

PROGRAM LISTINGS

English Conversation Group

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. To register, please call 902-490-6410.

Thursdays/7 PM-8:30 PM

Begins September 14, Registration required

Knitters' Circle

Fellow knitters from all different parts of the world are invited to share stories, knitting tips, and make new friends! Donations of yarn are always welcome.

Fridays/10 AM-12 PM

Traditional Rug Hooking

Join our 'hookers' and learn traditional rug hooking techniques or work on your own project. Beginners welcome.

Fridays/10 AM-1 PM

English Conversation Group 1

Beginner Level

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

Saturdays/1 PM-2:30 PM

Begins September 16, Registration required

English Conversation Group 2

Intermediate and Advanced Level

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Some English language skills are required. To register, please call 902-490-6410.

Saturdays/2:30 PM-4 PM

Begins September 16, Registration required

Kids

Just Dance Party

All ages

Join us to dance away your In-Service day to your favourite Just Dance hits on the PS4.

Fri, Sep 29/2 PM-4:30 PM

Preschoolers

Puppet Show

The Case of the Disappearing Books

Ages 3+

Pig is on the case to find out why the books are disappearing from the library! Join us to help Pig to find who's behind this mysterious act!

Wed, Sep 13/10:30 AM-11 AM

LEAF Summer Behind

Ages 0-5 years

Bid summer farewell and welcome vibrant fall leaves with this storytime. Sing songs, listen to stories, and learn a new craft celebrating the fall season and leaves.

Sat, Sep 30/10:30 AM-11:15 AM

Family Drop-in

Ages 0-5

Join us for stories, songs, and a craft. Each week, we will explore a different theme.

Mondays/10:30 AM-11:15 AM

Begins September 18

Storytime

Ages 3-5

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading.

Tuesdays/10:30 AM-11:15 AM

Registration begins September 11, Program begins September 19, Registration required

Tales for Tots

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

Thursdays/10:15 AM-10:45 AM

Registration begins September 11, Program begins September 21, Registration required

SEPTEMBER
2017

Keshen Goodman

PROGRAM LISTINGS

Tales for Tots

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

Thursdays/11:15 AM-11:45 AM

Program begins September 21, Free tickets given out 30 min before event

Baby's First Books

Ages 0-18 months

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Caregiver must be present.

Fridays/10:15 AM-10:45 AM

Begins September 22, Registration begins September 11, Registration required

Baby's First Books

Ages 0-18 months

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Caregiver must be present.

Fridays/11:15 AM-11:45 AM

Begins September 22, Free tickets given out 30 min before event

Family Drop-In

Ages 0-5

Families! Enjoy a variety of activities together, including stories and songs.

Saturdays/10:30 AM-11 AM

Begins September 23

Teens

Welcome Back Party

Ages 12+

Start the school year off right and get back in the swing of things with snacks, games, and prizes at Keshen Goodman! We'll be outside if the weather is nice, or inside if it's not!

Thu, Sep 7/3:30 PM-4:30 PM

Anime Club

Anime Kahoot!

Ages 12-18

Test your anime knowledge with our Anime Kahoot game. Bring your WiFi enabled devices to play if you can, but we'll also have a few of our own for you to use, as well. After a couple of games, we'll also watch an episode on Crunchyroll, and eat some snacks.

Thu, Sep 7/6:30 PM-8 PM

Connect the Dots

Led by The Youth Project

Ages 18 and under

LGBTQ youth and friends, drop in on the fourth Monday evening of every month, make connections and have fun! Led by the Youth Project. For more information, call 902-429-5429. In partnership with The Youth Project.

Mon, Sep 25/6 PM-8 PM

No program in December

YMCA Homework Club for Newcomer Youth

Ages 12+

Are you a teen who is new to Canada? Join us for a safe and friendly environment where you can get help with your homework, practice your conversational English, and make new friends. In partnership from YMCA.

Tuesdays/3:30 PM-5:30 PM

Begins September 19

The Thursday Hangout

Ages 12+

Join us on Thursdays afterschool for a chill hangout spot for teens. Every week we'll do something different – snacks, movies, video games, or even a study session if you want...the possibilities are endless. Meet new people and have fun!

Thursdays/3:30 PM-4:30 PM

Begins September 14