

FEBRUARY 2018

Tantallon PROGRAM LISTINGS

Adult

Book Club

Featuring Authors Nnedi Okorafor, N.K.Jemisin, and Nisi Shawl

The book club meets once a month on a Tuesday night. Please call the Library at 902-826-3330 or stop by the Information Desk to register. You can also pick-up a complete booklist of titles for each month at the Information Desk.

Tue, Feb 13/7 PM-9 PM

Registration required

TRANSITION BAY

Movie

SEED: The Untold Story

Few things on Earth are as miraculous and vital as seeds. *SEED The Untold Story* follows passionate seed keepers protecting our 12,000 year-old food legacy. In the last century, 94% of our seed varieties have disappeared. As biotech chemical companies control the majority of our seeds, farmers, scientists, lawyers, and Indigenous seed keepers fight a David and Goliath battle to defend the future of our food. In a harrowing and heartening story, these reluctant heroes rekindle a lost connection to our most treasured resource and revive a culture connected to seeds. Featuring Vandana Shiva, Dr. Jane Goodall, Andrew Kimbrell, Winona Laduke, and Raj Patel. Hosted by Transition Bay St Margarets. For more information visit transition-bay.ca/events/. In partnership with Transition Bay.

Sun, Feb 18/2:15 PM-4:30 PM

Autism-Friendly Library Time

All ages

Join Library staff for an afternoon of doing whatever you and your family want. Come to read, play, make a craft, ask questions, and play on a computer or iPad, and check out cool stuff (books, CD's, DVD's). Or simply explore and enjoy the Library in a low-stimulation environment. This day is for adults, children, and families who are living with Autism Spectrum Disorder.

Mon, Feb 12/3 PM-5 PM

Registration required

Sahaja Yoga Meditation Meditation Series

Sahaja Yoga is a unique method of meditation based on an experience called Self Realization (Kundalini awakening) that can occur within each human being. Through this process an inner transformation takes place by which one becomes moral, united, integrated, and balanced. Wear loose comfortable clothing.

Wed, Feb 14/7 PM-8:30 PM

Runs until May

Open Mindfulness in the Bay

Each month there will be a new topic related to mindfulness and notable speakers—Dr. Timothy Walker, Brian Callahan, Alice Haspray, and Margaret Calahan—to guide us through the subject. Drop in once to check it out...or come regularly. Sessions include guided practice and discussion. No previous experience is required.

Sun, Feb 25/2:30 PM-4:30 PM

Public Health Information Sessions

Parenting Support

Parents with children ages 0-5 Drop in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about a special topic. In partnership with Nova Scotia Public Health.

Tue, Feb 27/1:30 PM-3:30 PM

Sahaja Yoga Meditation Meditation Series

Sahaja Yoga is a unique method of meditation based on an experience called Self Realization (Kundalini awakening) that can occur within each human being. Through this process an inner transformation takes place by which one becomes moral, united, integrated, and balanced. Wear loose comfortable clothing.

Wed, Feb 28/7 PM-8:30 PM

Runs until May

Needle Niche

Craft Social Group

Meet in the lounge with this social group and bring along any of your needle crafts and join in with this fun group. Knitting, crocheting, quilting, embroidery—share your passion or develop a new hobby.

Thursdays/7 PM-8:50 PM

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Games at the Library

Join us for an afternoon of games such as Scrabble, Crib, or 45's with old friends and new. Please bring a friend or two or your own games to join in the fun. All are welcome.

Fridays/12:30 PM-2:30 PM

Bridge at the Library

Mixed "Kitchen" style- all new members with some experience with Kitchen Style Bridge are welcome to join.

Fridays/1 PM-4 PM

Kids

SUPER SATURDAYS

Open Craft

All ages

We'll give you materials and inspiration, but no instructions. Make art your way!

Sat, Feb 3/10:30 AM-11:30 AM

SUPER SATURDAYS

Play Mancala

The Traditional African Game

All ages

Ayo Aledjebi, will be presenting a program on the traditional African game "Mancala" <https://en.wikipedia.org/wiki/Mancala>

Sat, Feb 10/10 AM-12 PM

Cookies Galore

Valentine's Day Cookie Decorating

All ages

Families with children of all ages are invited to decorate cookies for Valentine's Day.

Sat, Feb 10/2 PM-4 PM

Registration required

Homeschoolers at the Library

All ages

Drop in to help us make our own Zine. We'll meet to share and plan and play, and take home our special assignments for the month. Contact Eric the librarian to register your family at 902-826-3333.

Tue, Feb 13/2 PM-4 PM

Registration required

SUPER SATURDAYS

Open Craft

All ages

We'll give you materials and inspiration, but no instructions. Make art your way!

Sat, Feb 17/10:30 AM-11:30 AM

Puppet Show

The Wolf Who Loved Sheep - a West African Tale

All ages

What wacky antics will those puppets get up to this time?

Thu, Feb 22/3:30 PM-4 PM

Free tickets given out 30 min before event

SUPER SATURDAYS

Puppet Show

The Wolf Who Loved Sheep - a West African Tale

All ages

What wacky antics will those puppets get up to this time?

Sat, Feb 24/10:30 AM-11 AM

Free tickets given out 30 min before event

Preschoolers

Fables and Frolics

Ages 0-5

Free-play, crafts, story time and more family fun!

Fridays/10 AM-11 AM

Just Drop-in!

Songs and Stuff

Ages 0-5

Music focused story time for preschoolers and their families!

Thursdays/10 AM-11 AM

Just Drop-in!

Teens

Teen Fan Art Club

Ages 13+

Writers! Artists! Makers! Whatever you are a fan of, join us for a night of sharing fan fiction, making art, or building cool things.

Thu, Feb 1/6:30 PM-8 PM