

**MARCH**  
2018

# Halifax Central

## PROGRAM LISTINGS

### **Adult**

#### **Movie**

##### ***Get Out***

Rated 14A

When Chris, a young African-American man, visits his white girlfriend's family estate, he becomes ensnared in the more sinister reason for the invitation. Equal parts gripping horror film and provocative commentary, *Get Out* earned two Golden Globe nominations for its star, Daniel Kaluuya, and its writer/director, Jordan Peele.

**Thu, Mar 1/6:30 PM**

#### **Physical Activity and Your Brain**

Join Adria Quigley, a Physical Therapist and Ph.D student at Dalhousie University, for a lecture about exercise and brain health. Come hear about recent research on the effect of different types of exercise on cognitive function, what the optimal exercise dose is, and the steps you can take to improve your brain health.

**Fri, Mar 2/12 PM-1 PM**

#### **Acoustic Song Circle**

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

**Sat, Mar 3/2 PM-4 PM**

#### **Movie**

##### ***Loving Vincent***

Rated PG

In the first fully painted feature film, *Loving Vincent* tells the story of the mysterious and tragic death of the world's most famous artist, Vincent van Gogh.

**Sat, Mar 3/2 PM**

#### **Yoga Flow**

Connect to your breath, play with balance, build strength, and increase flexibility. This session is suitable for all levels and great for beginners. Please bring a mat.

**Sun, Mar 4/2 PM-3 PM**

#### **Retirees Make Great Entrepreneurs: 55+World of Opportunities**

There are many opportunities for older adults to develop businesses and be involved in both for-profit and social enterprise businesses. This session will discuss the changing demographics and the opportunity that the growing senior market presents for entrepreneurs of all ages. We will talk about the practicalities of starting a business at a later age, how to make connections with other entrepreneurs, and get involved in mentorship practices. In partnership with Startup Canada- Halifax Chapter.

**Mon, Mar 5/1 PM-4 PM**

#### **Small Business Cafe**

Meet, learn, and share your experiences and issues with other small business owners like yourself. Bring your business cards and get ready to connect. Discover resources to find answers to your questions. Our guest speaker, Natalie Frederick-Wilson is an American immigrant of Afro-Caribbean descent who believes helping others succeed is the greatest form of service. She encourages other small business to take calculated risks, and mentors international students and newcomers through the process of settling in Nova Scotia. Natalie Frederick-Wilson will share her story about how she learned to do well in a male-dominated automotive industry using tactics she learned elsewhere and also about how all small business owners have wealth to share.

**Mon, Mar 5/6:30 PM-8:30 PM**

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## PROGRAM LISTINGS

### **5 Tips to Writing a Successful Partnership Proposal**

Are you one of many people who have been tasked to fundraise for business, sport, culture, or community group? Darin Roche, founder of The Partnership Company, will break down his 5 most important tips to creating a successful proposal that will help increase your chances for the win. In partnership with the Partnership Company.

**Tue, Mar 6/12 PM-1 PM**

### **Introduction to Online Safety**

The thought of sharing information online can be scary. Join us for an informative session on how to keep yourself protected and secure while using the internet.

**Tue, Mar 6/1:30 PM-3 PM**

### **Author Reading: Jennifer Bakody *When the News Gets It Right: A Memoir Honouring Radio Okapi in the Congo***

In 2004, as six years of war involving eight countries and several million deaths were ending in a ceasefire, Halifax native Jennifer Bakody found herself up the Congo River, managing a joint NGO and U.N.-backed radio station. At a time when the words 'fake' and 'news' are being paired together, *Radio Okapi Kindu: The Station that Helped Bring Peace to the Congo* pays homage to one of Africa's greatest modern-day success stories and honors the importance journalism plays in our daily lives.

**Tue, Mar 6/6:30 PM**

### **Photographic Composition**

Join us as we explore the guidelines for composing a professional looking photograph. We'll show you how to utilize the rule of thirds, leading lines, perspective, and cropping to achieve eye-catching images.

**Tue, Mar 6/6:30 PM-8 PM**

Registration required

### **Tax Implications and Business Structure**

This session will explain income tax rules for individuals, partnerships, corporations, and trusts. In partnership with Peter Wilde, CPA, Wilde Timmons Michaud Inc..

**Wed, Mar 7/12 PM-1 PM**

### **FANDOM WEDNESDAYS**

#### **Hench-Kin's Guild of Halifax RPG Club**

Ages 14-Adult

The Hench-Kin's Guild of Halifax is a club dedicated to tabletop roleplaying games (RPGs), including Dungeons & Dragons, Call of Cthulhu, and many more! These games are fun, social events, and no prior experience is necessary. Everyone 14+ welcome. In partnership with Hench-Kin's Guild of Halifax.

**Wed, Mar 7/5 PM-8:30 PM**

### **Women in the City: Past, Present, and Future**

In honour of International Women's Day, come celebrate the contributions of women's organizations in Halifax. This gathering will unite people from different women's organizations to talk about what they have done in Halifax, why they became involved, their impact, and their plans for the future. Join us for an evening reception and inspire yourself to be an agent of change in Halifax. In partnership with the Junior League of Halifax.

**Thu, Mar 8/6:30 PM**

### **Movie**

#### ***The Philadelphia Story***

Rated PG

Here comes the bride! And the ex-husband. And a gossip-rag columnist on assignment. Here come Katharine Hepburn, Cary Grant, and James Stewart in a peerless comedy romance about a faultfinding socialite who gets her comeuppance and an unexpected Mr. Right. Hepburn rekindled her stardom in this 1940 film, and Stewart won his only Best Actor Academy Award as the wisecracking scribe.

**Fri, Mar 9/10 AM**

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## PROGRAM LISTINGS

### **Fair Trade and the World of Coffee: Conversation Continued**

Join students of Saint Mary's University and Co-Coordinator of the International Development Studies Undergraduate Society, who traveled with JustUs! Coffee to Nicaragua and visited coffee farms, met with leaders of local coffee coops and women's projects. They will share their experience, how it relates to their own studies and activism on campus, and what broader lessons exist for all of those concerned with development and social justice in the coffee industry. In partnership with International Development Studies, Saint Mary's University and JustUs! Coffee.

**Sat, Mar 10/1 PM-3 PM**

### **Inside the Music**

#### **Album Release Countdown**

Ages 14-Adult

Releasing a new album takes more than just duplicating discs and throwing a party. You've got to get the word out if you want your music to sell. Come out as we take you step by step through the process.

**Sat, Mar 10/1:30 PM**

### **Book Club**

#### ***The Wonder*, by Emma Donoghue**

Twelve years after the Irish Famine ends in 1847, nurse Elizabeth (Lib) Wright has been hired by residents of a small village in the Irish Midlands to watch Anna O'Donnell, an 11-year-old Roman Catholic girl who—according to the newspapers and people who have met her—has not eaten for four months. As Anna deteriorates, Lib finds herself responsible not just for the care of a child, but for getting to the root of why the child may actually be the victim of murder in slow motion.

**Sun, Mar 11/3 PM-4 PM**

### **Funding and Support Options for Startups and Businesses:**

Hear the facts directly from key players in funding and support: BDC (Business Development Bank of Canada), ACOA (Atlantic Canada Opportunities Agency), Futurpreneur, Innovacorp, and The NRC Concierge service. In five concise presentations, you can learn about what funding is available and how they support startups and entrepreneurs. After the presentations, stay to network, renew old contacts, and make new ones over refreshments and pizza. In partnership with Startup Canada - Halifax Chapter.

**Mon, Mar 12/6 PM-8:30 PM**

### **What Can You Claim As Business Expenses**

This session will discuss the various sources of income and expenses that can be claimed against them. In partnership with Peter Wilde, CPA, Wilde Timmons Michaud Inc..

**Tue, Mar 13/12 PM-1 PM**

DALHOUSIE PRESENTS

### **Catalan Identity within Spain**

Dr. Jerry White will discuss the cultural and historical underpinnings of Catalan identity, as manifested in film and literature. In partnership with Dalhousie University Faculty of Arts and Social Sciences.

**Tue, Mar 13/7 PM**

### **The Dalhousie Review Public Reading: Poet Janette Fecteau and Author David Huebert**

This event features readings of poetry and fiction published by local authors in The Dalhousie Review. Janette Fecteau is a poet, artist, teacher, and social justice activist from Georgeville, Antigonish County. David Huebert is a Canadian writer of fiction, poetry, and critical prose whose work has won the CBC Short Story Prize, the Sheldon Currie Fiction Prize, The Dalhousie Review's short story contest, and the Walrus Poetry Prize, among other awards.

**Tue, Mar 13/7 PM**

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## PROGRAM LISTINGS

### Patents 101

Have you developed a new solution to a problem? Evaluating your creations and identifying your inventions is an important aspect of your business, and may become very lucrative. Learn what you can patent and how a patent can generate your success. Get answers straight from a patent expert. A special note: if you attend this session and wish to discuss particulars of an invention you are working on, do NOT disclose any specifics during the open session. You'll learn why during the seminar. In partnership with Canadian Intellectual Property Office.

**Wed, Mar 14/12 PM-1 PM**

### ATLANTIC MASTER GARDENERS

#### Easy Landscape Design

Before you get overwhelmed by all the choices at your local garden centre, join us to learn some basic design concepts for low maintenance and sustainable landscapes. In partnership with the Atlantic Master Gardeners Association.

**Wed, Mar 14/7 PM**

### STRENGTHEN YOUR HEALTH WORKSHOPS

#### Managing Persistent Pain with Keltie Cheney and Tyler Dillman, Physiotherapists

Persistent pain is a common problem that limits activity and impacts our quality of life. This seminar will focus on helping you understand pain and learn tools for effective self-management. On April 19, instructors will follow this seminar with an interactive workshop that explores how movement and exercise can help you feel greater comfort and more freedom. In partnership with One to One Wellness Centre.

**Thu, Mar 15/7 PM-8 PM**

#### St. Patrick's Day Show with Diaga Irish Dance

The Diaga Irish Dancers are based in Halifax under the direction of former Riverdance cast member Zeph Caissie. The performance will feature hard-shoe and soft-shoe dancing from students aged 6-19. This lively performance will be sure to put you in the St. Patrick's Day spirit.

**Sat, Mar 17/11 AM**

### From Whiteboys to White

#### Nationalism: Reading Joyce in the Age of Trump with SUNY's Joseph Valente

In a reading of Joyce's *Portrait of the Artist as a Young Man*, Professor Valente identifies some Irish origins of the White supremacist ideology we have come to associate with President Trump's place in American politics. Joseph Valente is a distinguished Professor of English and Disability Studies at SUNY, Buffalo, New York and the author of numerous books, including *James Joyce and the Problem of Justice* (1995), *Dracula's Crypt: Bram Stoker, Irishness and the Question of Blood* (2002), and *The Myth of Manliness in Irish Culture: 1880-1922* (2010). In partnership with Irish Studies in the Faculty of Arts at Saint Mary's University (SMU).

**Sat, Mar 17/3 PM**

#### International Astrology Day

The Atlantic Professional Astrologers' Association invites you to celebrate International Astrology Day. Find out about astronomy, astrology, modern research, which planet is "boss" in your birth chart, and all of the useful things astrology can do. It is more than just your sun sign. From 1 to 3 p.m., free mini-readings are also available. In partnership with the Atlantic Professional Astrologers' Association.

**Sun, Mar 18/12:30 PM-4:30 PM**

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## PROGRAM LISTINGS

### Coding Learn Along:

#### HTML

Ages 14+

Are you looking for a coding meetup in Halifax? Every month we pick a programming language, watch an instructional video from Lynda.com, and learn some new skills together over discussion and coffee. Basic computer skills required; some coding experience an asset.

**Sun, Mar 18/2 PM-4 PM**

### Reading Apps 101

Did you know that you can borrow thousands of ebooks and audio books with your Halifax Public Libraries library card? Join us for an informative overview on how to use apps like Overdrive and Libby to get into a whole new way of reading.

**Mon, Mar 19/10:30 AM-12 PM**

### The Radical Imagination Project

#### *Trouble #7: No Permission Needed*

In episode 7 of *Trouble*, sub.Media focuses on grassroots mutual aid efforts aimed at supporting and empowering communities most affected by natural disasters, highlighting the voices and experiences of individuals actively providing mutual aid disaster relief in front-line communities. Moderated discussion to follow. In partnership with Autonomy East and the Radical Imagination Project..

**Mon, Mar 19/6:30 PM-8:30 PM**

### The Origins of GST and HST

This session is a review of taxable and exempt supplies of goods and services, and the various rates of tax to be collected. In partnership with Peter Wilde, CPA, Wilde Timmons Michaud Inc..

**Tue, Mar 20/12 PM-1 PM**

#### DALHOUSIE PRESENTS

### Muskrat Falls and the Maritime Link: Politics, Myths, and Hydroelectricity in Atlantic Canada

Dr. Jerry Bannister will explore the political origins of the controversial Muskrat Falls hydroelectric project. He will examine the cultural factors that enabled the troubled project to proceed in the face of widespread protests, systemic mismanagement, and dire fiscal conditions. In partnership with Dalhousie University Faculty of Arts and Social Sciences.

**Tue, Mar 20/7 PM**

### Essential Oils for Spring

Spring into wellness with essential oils. Get the most out of this rejuvenating time of year by learning how nature's powerful oils can help re-energize and lift your mood, relieve seasonal allergies, boost your immune system, and jump-start your spring cleaning.

**Tue, Mar 20/7 PM-8 PM**

#### FANDOM WEDNESDAYS

### *FRIENDS* Trivia

Ages 12-Adult

Has it been your day, week, month, and even your year? Show off at *Friends* Trivia, based on the long-running TV show!

**Wed, Mar 21/6 PM-8 PM**

### Why North Korea is a Threat to the World and To Itself:

#### How to Understand the Hermit Kingdom

Based on years of research, Robert Huish, an Associate Professor at Dalhousie University, reveals chilling details of North Korea's nuclear ambitions and human rights abuses. Learn how the Kims cling to power in Pyongyang, and why the international community fails to bring stability to North Korea. Professor Huish will also show how students, activists, and community groups--even in Halifax--can have an important role in supporting those who suffer under the Kim Regime.

**Wed, Mar 21/6:30 PM**

### The World of Word Processing

Interested in developing some word processing skills? Want to know about free alternatives to sometimes pricey software? Then this introductory look at word processing with Microsoft Word and Google Docs is for you. If you have a Google/Gmail account, please bring your password. An active account is not a requirement for attending.

**Thu, Mar 22/11:30 AM-1 PM**

Registration required

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## PROGRAM LISTINGS

### **Seven Deadly Sins Blinded by Pride**

How does our heightened sense of National pride blind us to some of the more disturbing realities in Canada? This presentation will question whether the pride we enjoy as Canadians causes us to be blinded to conditions in indigenous communities requiring our attention. In partnership with the Canadian Centre for Ethics in Public Affairs.

**Thu, Mar 22/7 PM-8:30 PM**

### **Movie**

#### ***Battle of the Sexes***

Rated PG

The electrifying true story of the 1973 tennis match between women's champion Billie Jean King and former men's champ Bobby Riggs. As fierce rivals on opposite sides of the court and the gender equality issue, Billie Jean and Bobby served up a cultural spectacle that resonated far beyond the sporting world. Filled with heart, humour and biting wit, *Battle of the Sexes* is a triumphant celebration of the historic contest that changed the game.

**Fri, Mar 23/10 AM**

### **Music for Wellness Workshop with Accredited Music Therapist Mackenzie Costron**

Learn how music can intentionally and purposefully enhance wellness in your life. Music has an impact on all aspects of self and connects us with others. Mackenzie will also share research on music, the brain, and health. Just bring your love of music. No music knowledge is required. In partnership with Find Your Voice Music Therapy.

**Fri, Mar 23/2 PM-3 PM**

### **Chess at the Library**

Join us for this monthly instructional and recreational program. While the program's goal is to teach novice players the basic strategies of the game, the emphasis is on fun, enjoyment, and learning something new. Chess is a pastime that has been embraced by young and old alike. It has been played in many cultures throughout the world for centuries. Known as the royal game, it can help develop logic, spatial thinking, and improve planning, memory, judgment, creativity, and concentration.

**Sun, Mar 25/1 PM-4 PM**

### **Drop-In for Makers and Coders: Basic Electronics**

Ages 12+

If you are interested in electronics, but don't know where to start, this event is for you. You'll learn how to use a multi-meter to measure voltage, current, and resistance, and how to use a bread-board to prototype a circuit. In partnership with Halifax Makerspace.

**Sun, Mar 25/2 PM-4 PM**

### **GERMAN FILM SERIES**

#### ***Heavy Girls (Dicke Mädchen)* with bilingual introduction by Christian Ensslin**

Not rated

Mama's boy Sven and male nurse Daniel attend to Sven's aging mom Edeltraut, who suffers from dementia. When one day Edeltraut escapes, the two men not only find her, but also an affection for each other. *Heavy Girls* is a self-conscious slice of quirk from Berlin's indie corners. In German with English subtitles. In partnership with German Canadian Association of Nova Scotia and the Goethe Institut (Montréal). Central

**Mon, Mar 26/6 PM**

### **Tech Try Outs: Easter Crafts**

Join us for an evening of crafts and technology. We'll show you how a Lego Mindstorm Robot can paint an Easter egg and how a Cricut cutter can bring all of your Easter designs to life.

**Tue, Mar 27/6:30 PM-8 PM**

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## PROGRAM LISTINGS

DALHOUSIE PRESENTS

**The Right to be Rural:  
Reflections on Rural Sustainability in  
Atlantic Canada**

Dr. Karen Foster will examine public and academic discourse about the future of rural communities in our region, and will offer some preliminary theories to explain what effect it has on rural-urban relations and our social fabric. More specifically, Dr. Foster will ask whether or not there exists a “right” to live in a rural community—an idea behind debates over funding for rural medicine, schools, infrastructure and enterprise. In partnership with Dalhousie Faculty of Arts and Social Sciences.

**Tue, Mar 27/7 PM**

FANDOM WEDNESDAYS

**Deep Cuts Vinyl Music Club  
Guns 'n' Roses' *Chinese Democracy***  
Ages 14-Adult

*Chinese Democracy* had many lineup changes, was completely re-recorded, and ended up being the most expensive rock album ever produced. Despite the drama, album sales went platinum, proving Axl Rose is the only necessary GnR ingredient. In partnership with Taz Records.

**Wed, Mar 28/7 PM**

**Tales from the Trails  
Section Hiking the Northeastern  
United States**

In this multi-media, interactive presentation, hiker Andrew Knight will share long-distance backpacking tips that he learned while hiking the Long Trail in Vermont and the Cohos Trail in New Hampshire. The session will cover what to expect on the trail as well as planning, preparation, clothing, footwear, food, hydration, and equipment. This advice can also be applied to any multi-day backpacking trip. Adventure awaits!

**Wed, Mar 28/7 PM**

**Artist Talk with Mocean Dance  
with Guest Artist Heidi Strauss**

Mocean Dance will share the company's newest dance creation through this informal presentation and a short excerpt performance. Visiting guest artist Heidi Strauss (Toronto), along with members of Mocean Dance, will share insights to how the creative process works, what the beginnings of a new dance piece looks like, and will delight you with the expressive power of dance. In partnership with Mocean Dance.

**Thu, Mar 29/7 PM-8 PM**

**Hench-Kin's Guild of Halifax RPG Club**  
Ages 14-Adult

The Hench-Kin's Guild of Halifax is a club dedicated to tabletop roleplaying games (RPGs), including Dungeons and Dragons, Call of Cthulhu, and many more. These games are fun, social events, and no prior experience is necessary. Everyone 14+ welcome. In partnership with Hench-Kin's Guild of Halifax.

**Sat, Mar 31/11 AM-5 PM**

**Artist Talk with Nadah El Shazly**

Join us for an afternoon of musical insight with Cairo's Nadah El Shazly. This Cairene composer and vocalist is one of the world's most exciting new voices. Her practice combines jazz, classical, and electronic approaches, all steeped in manifold Egyptian music. In partnership with the OBEY Convention.

**Sat, Mar 31/3 PM-4 PM**

NSCAD PRESENTS

**Art and Death with Marilyn McKay**

This course will examine the functions of funerary art in a selected number of Western and non-Western cultures in a variety of time periods including the contemporary. In partnership with Nova Scotia College of Art and Design.

**Tuesdays/10 AM-12 PM**

Runs until April 3

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## PROGRAM LISTINGS

SMU PRESENTS

### **Law and Politics**

#### **with Hendricus Van Wilgenburg**

An examination of the practical and theoretical connections between law and politics. The course will concentrate on contemporary public law issues and constitutional reform in liberal-democracies. In partnership with Saint Mary's University.

**Wednesdays/1 PM**

Runs until April 4

### **English Conversation Group**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. To register, please call 902-490-5706.

**Thursdays/10 AM-12 PM**

Registration required

SMU PRESENTS

### **The Culture of Bollywood**

#### **with Rohini Bannerjee**

This course will analyze popular Bollywood films and contextualize South Asian cinema as both commercial and cultural text—particularly in the context of cultures, diaspora, and globalization. In partnership with Saint Mary's University.

**Thursdays/1 PM**

Runs until March 29

## Kids

### **The Hangout**

#### **Taste Test Challenge**

Ages 8-12

Join us after school to challenge your taste buds by tasting and comparing various brand name snack foods with their inexpensive equivalent. Warning for those with allergies...food will not be labeled. Plus, there will be video games, craft supplies, snacks, and lots of fun.

**Thu, Mar 1/3:30 PM-4:30 PM**

### **Agriculture Literacy**

#### **Our Food, Our Story**

Ages 6-12

You are invited to join the Dalhousie Agricultural Campus students as they share their knowledge with children to celebrate Agriculture Literacy Month in Nova Scotia. Discover the story behind the ingredients in your smoothie, explore plants and what we eat, and learn about sheep and wonderful woolly projects. In partnership with Canadian Agriculture Literacy Month; Nova Scotia Agricultural Awareness; Nova Scotia Department of Agriculture; and Dalhousie University Faculty of Agriculture..

**Sat, Mar 3/2 PM-3:30 PM**

### **Giant Games**

All ages

Join us as we play giant versions of your favourite board games.

**Sun, Mar 4/1:30 PM-2:30 PM**

### **The Hangout**

#### **Flip Book Fantasy**

Ages 8-12

Make your own hand-held cartoon. Get creative, and turn your drawings into amazing moving flipbooks. Anything goes! And of course, there will be video games, snacks, and lots of fun.

**Thu, Mar 8/3:30 PM-4:30 PM**

### **March Break Kick-Off Party**

All ages

Start your March Break off right and join us for music, games, prizes, snacks, and above all...FUN.

**Fri, Mar 9/2 PM-4 PM**

### **Family Crafternoon**

All ages

Drop-in for simple crafts or activities: often silly, and always fun.

**Sat, Mar 10/2:30 PM-3:30 PM**

### **Family Coding Hour**

Ages 5+

Make a game or animation as a team with your family. Come join us for this 2 hour session where we will work on a coding project from code.org and learn how to be a programmer.

**Sun, Mar 11/2 PM-4 PM**

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## PROGRAM LISTINGS

### Slime Lab

Ages 5+

Learn about the science of slime and make your own slime to take home. All recipes are borax free.

**Sun, Mar 11/2:30 PM-4 PM**

### Mad Science

**Spin, Pop, Boom!**

Ages 5+

Explore a series of chemical reactions with Mad Science of the Maritimes and witness some amazing colour changes. Watch out for the giant foam snake!

**Mon, Mar 12/10:30 AM-11:30 AM**

### Brilliant Labs Workshop

Ages 9-12

Join Brilliant Labs for a hands-on STEAM workshop. Topics may include 3D design and printing, coding, robotics, green screen, circuits, and more. Brilliant Labs is a not-for-profit organization that encourages creativity, technology-integration and entrepreneurship in Nova Scotia's youth and communities. In partnership with Brilliant Labs.

**Mon, Mar 12/12 PM-1:30 PM**

Registration required

### Brilliant Labs Workshop

Ages 9-12

Join Brilliant Labs for a hands-on STEAM workshop. Topics may include 3D design and printing, coding, robotics, green screen, circuits, and more. Brilliant Labs is a not-for-profit organization that encourages creativity, technology-integration and entrepreneurship in Nova Scotia's youth and communities. In partnership with Brilliant Labs.

**Mon, Mar 12/2 PM-3:30 PM**

Registration required

### Level UP!

Ages 5-12

Get ready to play some awesome video games on our giant screens. We've got PS4, XBOX, Super Nintendo and Atari games. Something for everyone. Join us in the hall and get your GAME ON!

**Mon, Mar 12/2 PM-4 PM**

### Lego Olympics

Ages 5+

Let your imagination go wild with the Library's Lego collection! Challenge yourself in our Lego Olympics and, also, feel free to bring in your own Lego creations and put them on display for all to see.

**Tue, Mar 13/10 AM-12 PM**

### Tech Play Day

Ages 5+

Ever wanted to play with Little Bits, Makey Makey, or Dash & Dot? This is your chance! Let your imagination soar with this fun, family-friendly afternoon where our tech equipment, blocks, Lego, and cardboard creations kit will be available for use.

**Tue, Mar 13/2 PM-4 PM**

### Make Your Own Dance Music

Ages 5-12

Using iPads and cutting-edge music software you'll learn how to create electronic dance music and have loads of fun doing it. Space is limited so sign up now.

**Wed, Mar 14/2 PM**

Registration required

### Movie Sing-Along

***The Little Mermaid***

Rated G

Join us at the Library, for an "Under the Sea" adventure! Sing along with your favourite characters from Disney's *The Little Mermaid*, showing on Central Library's big screen in the Lindsay Children's Room. Costumes are encouraged. Free props and popcorn for all kids.

**Wed, Mar 14/2 PM-4 PM**

Free tickets given out 30 min before event

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## PROGRAM LISTINGS

### **Matt the Music Man**

All ages

Join us for an exciting time full of music, laughs and learning. Matt encourages children to sing and clap along. They can even dance with Pat the Platypus and try out a variety of Matt's instruments.

**Wed, Mar 14/10:30 PM-11:30 PM**

### **Happy Unbirthday!**

Ages 3-7

It's a birthday party for everyone! Join us in celebrating everyone's unbirthday. There will be stories, songs, and crafts to help make this a special day for all.

**Thu, Mar 15/10:30 AM-11:15 AM**

Group registration required

### **The Hangout**

#### **Superhero Academy**

Ages 6-12

It's a bird, it's a plane, it's...Superhero Training Academy! Grab your cape, mask, and come test your powers to save the Library from the Book Burglar. Plus, there will be video games, snacks, craft supplies, and lots of fun. Feel free to bring along a sidekick or two.

**Thu, Mar 15/3:30 PM-4:30 PM**

### **Enter the Centre Ring**

#### **with the Dartmouth Circus Club**

All ages

The DCC will teach basic tricks with circus toys, including poi, juggling balls, and hula hoops. Participants will learn how to safely have fun and experiment with different toys while handcrafted music playlists by a local electronic artist keep us moving and flowing. Instruction and guidance will be based on the interest of the participants.

**Fri, Mar 16/2 PM-4 PM**

### **Family Crafternoon**

All ages

Drop-in for simple crafts or activities: often silly, and always fun.

**Sat, Mar 17/2 PM-3 PM**

### **Makedo Cardboard Creations**

Ages 5+

Let your imagination soar with the Library's Makedo toolkit. You can design and build your own cardboard creation. Supplies are provided.

**Sun, Mar 18/2:30 PM-3:30 PM**

### **The Hangout**

#### **Paper Airplane Games**

Ages 8-12

Show off your design skills. Fold your best paper airplane and compete in the Paper Airplane Games for fun prizes. Compete for speed, distance, accuracy and design. As usual, there will be video games, snacks, and lots of fun.

**Thu, Mar 22/3:30 PM-4:30 PM**

### **Family Crafternoon**

All ages

Drop-in for simple crafts or activities: often silly, and always fun.

**Sat, Mar 24/2:30 PM-3:30 PM**

### **Bricks and Blocks**

Ages 3+

Come play with the Library's colossal collection of wooden blocks. Kids can build, explore, and create together.

**Sun, Mar 25/2:30 PM-4 PM**

### **The Hangout**

#### **Easter Cricut Crafts**

Ages 8-12

It's time to get creative. Come and check out our Cricut cutter and see how you can bring your Easter designs and crafts to life. Plus, there will be video games, snacks, and lots of good fun.

**Thu, Mar 29/3:30 PM-4:30 PM**

### **Family Crafternoon**

All ages

Drop-in for simple crafts or activities: often silly, and always fun.

**Sat, Mar 31/2 PM-3 PM**

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## PROGRAM LISTINGS

### Preschoolers

#### **Puppet Show**

##### ***The Cow that Laid an Egg***

All ages

Watch as your favourite story comes to life.

**Sat, Mar 3/11 AM-11:30 AM**

Free tickets given out 30 min before event

#### **Puppet Show**

##### ***The Paper Bag Princess***

All ages

Watch as your favourite story comes to life.

**Sat, Mar 10/11 AM-11:30 AM**

Free tickets given out 30 min before event

#### **Silly-Songs Dance Party**

Ages 0-7

Put on your dancing shoes and get ready to wiggle and shake at our Library dance party. Bring the whole family and dance to some awesome music kids will love.

**Fri, Mar 16/10:30 AM-11 AM**

Free tickets given out 30 min before event

#### **Puppet Show**

##### ***The Leprechaun's Gold***

All ages

Watch as your favourite story comes to life.

**Sat, Mar 17/11 AM-11:30 AM**

Free tickets given out 30 min before event

#### **Puppet Show**

##### ***Don't Count Your Chickens***

All ages

Watch as your favourite story comes to life.

**Sat, Mar 24/11 AM-11:30 AM**

Free tickets given out 30 min before event

#### **Puppet Show**

##### ***Duck and the Key to Every Door***

All ages

Watch as your favourite story comes to life.

**Sat, Mar 31/11 AM-11:30 AM**

Free tickets given out 30 min before event

#### **Baby and Tot Drop-In**

Ages 0-2

Enjoy stories, songs, rhymes, and playtime for little ones and their caregivers!

**Mondays/10:30 AM-11:15 AM**

No program March 12 and 19, April 2, Free tickets given out 30 min before event

#### **Storytime**

Ages 3-5

Storytime features great picture books, felt stories and rhymes, songs and more. This program fosters independence as children attend without caregivers or work towards that goal.

**Tuesdays/10:30 AM-11 AM**

No program March 13 and 20, Registration required

#### **Daycare Groups—Welcome to Shake, Rattle, and Read**

Ages 2-5

Pre-registered daycare groups can Shake, Rattle, and Read with the Library. This active musical storytime incorporates singing, movement, and instruments to help children develop pre-literacy skills through song, rhyme, and stories. Content is geared towards ages 2-5 with adult participation. Everyone is invited to put their listening ears, singing voices, and dancing feet to good use! (The program repeats at 10:45 for families).

**Wednesdays/10 AM-10:30 AM**

No program March 14 and 21, Group registration required

#### **Families—Welcome to Shake, Rattle, and Read**

Ages 0-5

Families can Shake, Rattle, and Read with the Library. Children explore music through learning and singing songs, playing rhythm instruments and books and other fun stuff. Parents and caregivers participate with children, so that everyone learns new songs and music ideas to do at home.

**Wednesdays/10:45 AM-11:15 AM**

No program March 14 and 21, Free tickets given out 30 min before event

**MARCH**  
2018

# Halifax Central

## PROGRAM LISTINGS

### **Baby's First Books**

Ages 0-18 months

In this program babies hear stories, songs and rhymes and interact with other babies. Parents and caregivers learn new songs and fun things to do with baby, plus have some social time with other grown-ups.

**Wednesdays/2 PM-2:45 PM**

No program March 14 and 21, Registration required

### **Tales for Tots**

Ages 19-35 months

Stories, songs, rhymes, toys and more, specially chosen to engage and delight toddlers. Parents and caregivers learn fun new things to do with their tots, but also have time to socialize with the other grown-ups.

**Thursdays/10:30 AM-11:15 AM**

No program March 15 and 22, Registration required

### **Family Drop-in**

Ages 0-5

The whole family can enjoy a variety of activities including stories, songs, crafts, and playtime.

**Fridays/10:30 AM-11:15 AM**

No program March 16, 23, and 30, Free tickets given out 30 min before event

## Teens

### **Teen Night**

#### **Pudding Pictionary**

Ages 12-18

It's exactly what it sounds like: Pictionary. But with pudding. Plus, we have video games, craft supplies, board games, music, laptops, and more.

**Thu, Mar 1/6 PM-8 PM**

### **Teen Night**

#### **Teens' Choice Movie Night**

Ages 12-18

Come vote for which movie you'd like to see on the big screen. The popcorn's on us.

**Thu, Mar 8/6 PM-8 PM**

### **Game of Thrones Trivia**

Ages 12-18

Do you have the Knowledge to rule the Seven Kingdoms? Then come to our Game of Thrones trivia to earn your seat on the Iron Throne.

**Tue, Mar 13/2:30 PM-4:30 PM**

### **Anime Club**

#### **Inked**

Ages 12-18 (Rated PG)

Join us in creating some anime-inspired temporary tattoos. Snacks and an episode screening to follow.

**Wed, Mar 14/3:45 PM-5 PM**

### **March Break Youth Concert**

Ages 12+ (performers), All ages (audience)

Show us your stuff on stage in Central's Paul O'Regan hall, or just stop by to watch our youth showcase their talent in this March Break show. Participation is open to teens ages 12+, and the audience is open to everyone. Registration is required for participants only.

**Wed, Mar 14/6 PM-8 PM**

### **Teen Night**

#### **Video Game Tournament: Injustice 2**

Ages 12-18

Come compete on the big screen for victory, bragging rights and a big basket of candy. Or just come watch - the popcorn's on us. To register, please call 902-490-5707.

**Thu, Mar 15/6 PM-8 PM**

Registration required

### **Throwback Movie Marathon**

Ages 12-18 (Rated PG)

Come curl up in the teen area for the day and watch some of the best nerdy classics on a big screen. Featuring: *Labyrinth* (12 PM), *Teenage Mutant Ninja Turtles* (2 PM), and *Jurassic Park* (3:45 PM). Treats and popcorn are on us.

**Fri, Mar 16/12 PM-5:45 PM**

**MARCH**  
2018

# Halifax Central

## PROGRAM LISTINGS

### **Project Soundcheck— Youth Training Session**

Ages 14-19

Project Soundcheck aims to give volunteers and bystanders the tools to recognize and address rape culture at events. The training will give participants a comprehensive overview of sexualized violence, identifying drug facilitated sexual assault, and bystander intervention. For advanced registration visit [halifaxpride.com](http://halifaxpride.com). In partnership with Halifax Pride, Avalon Sexual Assault Centre, and the Nova Scotia Department of Communities, Culture, and Heritage.

**Mon, Mar 19/6 PM-8:30 PM**

### **Teen Night Teen Advisory Takeover**

Ages 12-18

Central's Teen Advisory and Action Council is taking over Teen Night - come see what they have planned.

**Thu, Mar 22/6 PM-8 PM**

### **Creative City Building with Engineers Nova Scotia**

All ages

This year's signature event for National Engineering Month is themed around building communities and creative expression. For our main event we are asking for your help to build a construction paper version of Halifax!

There will be activities ranging from creative design to competitive structure building, suitable for all ages and with the chance to win some awesome prizes! Plus we're still holding our creative bridge design competition! All materials will be provided. In partnership with Engineer's Nova Scotia

**Sat, Mar 24/9 AM-2 PM**

### **Active Listening— Youth Training Session**

Ages 14-19

This active-listener training gives participants tangible skills to become better listeners and support people who may be feeling triggered or overwhelmed. The workshop uses an interactive approach in order to give participants hands on experience. The training will touch on several important topics in active listening such as setting personal boundaries, trauma, grounding exercises, the importance of utilizing an anti-oppressive approach, and supporting someone in accessing additional resources. For advanced registration visit [halifaxpride.com](http://halifaxpride.com). In partnership with Halifax Pride, Avalon Sexual Assault Centre, and the Nova Scotia Department of Communities, Culture, and Heritage.

**Mon, Mar 26/6 PM-8:30 PM**

### **Anime Club Party Games on Ice**

Join us to play some party games like Apples to Apples and Werewolves. Snacks and an episode screening to follow.

**Wed, Mar 28/3:45 PM-5 PM**

### **Teen Night Breakout Box**

Ages 12-18

Unlock the prizes by following the clues and riddles. Plus, we have video games, craft supplies, board games, music, laptops, and more.

**Thu, Mar 29/6 PM-8 PM**

### **BreakSpace**

Ages 8-Adult

Join the Library in helping grow Dance Nova Scotia's BreakSpace. This Breaking ("Breakdance") workshop is open and free to all. Participants are welcome to drop in or stay the whole time. For more information, go to <https://www.dancens.ca/> Supported by the Cultural and Youth Activities program of Department of Communities, Culture, and Heritage, and in partnership with Dance Nova Scotia.

**Tuesdays/6:30 PM-8:30 PM**