

**MARCH**  
2018

# Keshen Goodman

## PROGRAM LISTINGS

### **Adult**

#### **Author Reading: Graham Steele**

#### ***The Effective Citizen: How To Make Politicians Work for You***

In his uniquely straightforward and accessible style, Political insider Graham Steele pulls back the curtain on the Canadian political system and gives readers a look inside. A primer for anyone who wants to become a politician or influence one, *The Effective Citizen* explains how politicians think and what factors influence that thinking.

**Thu, Mar 1/6:30 p.m.**

#### **Movie**

#### ***Dunkirk***

Rated PG-13

"Dunkirk" opens as hundreds of thousands of British and Allied troops are surrounded by enemy forces. Trapped on the beach with their backs to the sea, they face an impossible situation as the enemy closes in. The story unfolds on land, sea and air. RAF Spitfires engage the enemy in the skies above the Channel, trying to protect the defenseless men below. Meanwhile, hundreds of small boats are mounting a desperate rescue effort.

**Fri, Mar 2/2 PM**

#### **Hello Android**

Learn the basics of using your Android device, as well as how to download eBooks from the Library.

**Fri, Mar 2/2:30 PM**

Registration required

#### **OPERA CHAT**

#### **Singing the Nature of Love:**

#### **Ten Operas from Mozart's Time until Today—*Semiramide*, by Rossini**

Experience and appreciate opera on a whole new level. Dr. Walter H. Kemp, Artistic Director of Opera Nova Scotia, will present this series of introductory talks to the Metropolitan Opera HD broadcast series at Cineplex Theatres for 2017-2018. In partnership with Opera Nova Scotia.

**Tue, Mar 6/1:30 PM**

#### **Introduction to PowerPoint**

Learn to create beautiful and informative slideshows using PowerPoint in this introductory program. Basic computer skills are required.

**Tue, Mar 6/7 PM**

Registration required

#### **Discover Peace Within with Sahaja Meditation**

Sahaja Meditation classes begin with self-realization and the spontaneous awakening of your internal energy. This practice gently takes us beyond our thoughts and worries and into the present, where the joy of life exists. Classes are welcoming, relaxing, and practice-oriented. or drop-in when you can. This is a seated meditation class. There is no need to bring anything but yourself!

**Wed, Mar 7/6:30 PM**

#### **YA for Adults Book Club**

#### ***Moxie*, by Jennifer Mathieu**

Fed up with unfair dress codes and hallway sexual harassment at her small-town Texas high school, Vivian Carter decides that enough is enough. Inspired by her mother's days as a rebellious Riot Grrrl, Viv creates and circulates issues of *Moxie*, a girl-power zine, at school. She's just blowing off steam, but other girls respond, and soon Viv realizes that what she has started is nothing short of a girl revolution.

**Mon, Mar 12/7 PM**

#### **Spanish Conversation Group (Intermediate)**

Come join our friendly group facilitated by Menashe Cieplinski, a native Spanish speaker. Some knowledge of Spanish will be helpful.

**Tue, Mar 13/7 PM-8 PM**

#### **Acoustic Song Circle**

#### **A special Irish edition led by Dana-Lynn Farrell**

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

**Sat, Mar 17/1 PM**

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### **Laughter Yoga with Helen Fong**

This "laughing for no reason" form of yoga empties the lungs of stale air and balances the different energies in your body. Good for stress relief and better immune system.

**Sat, Mar 17/2 PM**

### **LEARN SOMETHING NEW**

#### **The Latest Cooking Craze: The Instant Pot**

Discover how to maximize the use of this "hot" kitchen gadget. Learn how to use your instant pot and how to prepare some quick and easy meals. Call 902-490-6410 to register.

**Mon, Mar 19/7 PM**

Registration required

### **Book Club**

#### ***Watership Down*, by Richard Adams**

Taking readers into the world of a band of Berkshire rabbits, this classic fantasy novel presents the epic saga of Hazel and his rabbit family and friends who flee the destruction of their fragile community and face extraordinary adversity in pursuing their dream of "home."

**Wed, Mar 21/1 PM**

### **Discover Peace Within with Sahaja Meditation**

Sahaja Meditation classes begin with self-realization and the spontaneous awakening of your internal energy. This practice gently takes us beyond our thoughts and worries and into the present, where the joy of life exists. Classes are welcoming, relaxing, and practice-oriented. or drop-in when you can. This is a seated meditation class. There is no need to bring anything but yourself!

**Tue, Mar 21/6:30 PM**

### **Movie**

#### ***Viceroy's House***

Rated PG

New Delhi in March 1947. The huge and stately Viceroy's Palace is like a beehive. Its five hundred employees are busy preparing the coming of Lord Louis Mountbatten, who has just been appointed new (and last) viceroy of India by prime minister Clement Attlee. Mountbatten, whose difficult task consists in overseeing the transition of British India to independence, arrives at the Palace, accompanied by his Edwina, his liberal-minded wife and by his eighteen-year-old daughter Pamela.

106 min

**Fri, Mar 23/2 PM**

### **OPERA CHAT**

#### **Singing the Nature of Love:**

#### **Ten Operas from Mozart's Time until Today—Mozart's *Così fan tutte***

Experience and appreciate opera on a whole new level. Dr. Walter H. Kemp, Artistic Director of Opera Nova Scotia, will present this series of introductory talks to the Metropolitan Opera HD broadcast series at Cineplex Theatres for 2017-2018. In partnership with Opera nova Scotia.

**Tue, Mar 27/1:30 PM**

### **Spanish Conversation Group (Intermediate)**

Come join our friendly group facilitated by Menashe Cieplinski, a native Spanish speaker. Some knowledge of Spanish will be helpful.

**Tue, Mar 27/7 PM-8 PM**

### **Hand-Lettering Workshop**

Join Kristen from KDP Letters and try your hand at hand lettering one of the most popular forms of word art. Tips, tricks, and basic composition will be taught and then participants will get to try their hand at their own lettering project. Call 902-490-6410 to register.

**Wed, Mar 28/7 PM**

Registration required

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## PROGRAM LISTINGS

### **A Tempo**

#### **An A Cappella Performance**

A Tempo are an a cappella quintet based in Halifax, performing under the auspices of John Lindsay-Botten and drawing their singers from members of East Coast Carolling. Singing favourites from days gone by - some days not too far gone either - A Tempo spontaneously garner an effect that changes each time they sing together in harmony. Will March go out like a lion or a lamb? There's only one way to find out.

**Sat, Mar 31/2:30 PM**

### **Bridge**

Meet and play with other bridge lovers. Some experience is necessary.

**Mondays/12:30 PM- 3 PM**

### **English Conversation Group for Women**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

**Wednesdays/10 AM-12 PM**

No program during March break week, Registration required

### **Chair Exercises**

#### **with Erin Clements, Bridgeview Physiotherapy**

Are you deconditioned or feeling out of shape due to aging or after a prolonged illness? Are you having some minor balance issues, or did you have a fall in the last year? If yes, please join Erin Clements of Bridgeview Physiotherapy for a low-impact, seated-to-standing exercise program that will help you regain some strength and function through exercise. Please call 902-490-6410 to register.

**Thursdays/1:30 PM**

Runs March 22-April 12, Registration required

### **English Conversation Group**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

**Thursdays/7 PM-8:30 PM**

Registration required

### **English Conversation Group for Women**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

**Thursdays/10 AM-12 PM**

No program during March break, Registration required

### **Knitters' Circle**

Fellow knitters from all different parts of the world are invited to share stories, knitting techniques or work on your own project. Beginners welcome.

**Fridays/10 AM-12 PM**

No program March break week

### **Traditional Rug Hooking**

Join our 'hookers' and learn traditional rug hooking techniques or work on your own project. Beginners welcome.

**Fridays/10 AM-1 PM**

### **English Conversation Group Saturday Group 1**

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

**Saturdays/1 PM-2:30 PM**

Registration required

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## PROGRAM LISTINGS

### English Conversation Group Saturday Group 2

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, please call 902-490-6410.

**Saturdays/2:30 PM-4 PM**  
Registration required

### Kids

#### Freedom to Read

Ages 0-5  
Enjoy picture books with your little one, and celebrate the freedom to read and the lifelong learning reading leads to! A craft will round out the fun.  
**Sat, Mar 3/10 AM-10:45 AM**

#### Unicorn Day Puppet Show: *Not Quite Narwhal*

All ages  
Help us kick off Unicorn Day at the Library with a puppet show about a unicorn that doesn't know how special he is.  
**Fri, Mar 9/10:30 AM-11 AM**

#### Unicorn Day Let's Party

All ages  
After the puppet show, stay for a Unicorn Day Party. There will be games, crafts, and all the fun and magic of unicorns.  
**Fri, Mar 9/11:15 AM-12 PM**

#### Unicorn Day Make it Magical!

All ages  
Bring a light colour shirt, pillowcase, or piece of fabric, and we'll help you screen print it with a magical image. Hey! ... Is that a unicorn on your shirt?!  
**Fri, Mar 9/2:30 PM-3:30 PM**

#### Jedi Jamboree

Ages 8+  
Have you explored the worlds of *The Last Jedi*? Can you break the code? Wear your favourite Star Wars inspired costume (if you like). You might make a porg to eat or a vulpex to take home.  
**Sat, Mar 10/10:30 AM-11:30 AM**

#### Movie *Lego Ninjago Movie Bingo!*

Rated PG  
Watch the movie and play LEGO Bingo at the same time!  
**Sat, Mar 10/2:30 PM**

#### Morning of Minecraft

Ages 8-18  
We're opening up the Library early, just for you. Register for your chance to play three hours of Minecraft. Snacks, and crafts are included. Call 902-490-6410 to register on or after February 12.  
**Sun, Mar 11/10 AM-1 PM**  
Registration required

#### Stuffy Vet Clinic

All ages  
Bring your favourite stuffed toy to the Library's veterinary clinic! Make your own stethoscope, help our stuffy-vets give check-ups, and snuggle up for stories and songs about our fluffy friends.  
**Mon, Mar 12/10:30 AM-11:30 AM**

#### Mad Science Spin, Pop, Boom!

Ages 5+  
Explore a series of chemical reactions with Mad Science of the Maritimes and witness some amazing colour changes. Watch out for the giant foam snake!  
**Mon, Mar 12/2:30 PM**  
Group registration required

#### 3D Printer Demo: Spirograph

Ages 5+  
Drop by to see our 3D Printer in action. Today, we will be printing materials for a Spirograph set. You can even make your own piece of Spirograph art.  
**Tue, Mar 13/10:30 AM-4 PM**

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### **Pete the Cat's Spring Fling**

Pete loves the spring! Get ready for spring activities, group games and crafts with Pete the Cat.

**Tue, Mar 13/10:30 AM-11:30 AM**

### **Good Vibes Girls**

Ages 8-12

Mindfulness. Empowerment. Confidence. Join us for an afternoon of yoga, arts and crafts, and inspiring group discussions. Yoga and meditation can reduce stress and anxiety, build self-esteem, and help girls learn about themselves and the world around them. Good Vibes Girls is for girls who are looking for a safe place to be themselves and discover their potential. All female-identifying youth ages 8-12 are welcome. Snacks will be provided. Please call 490-6410 to register on or after February 12.

**Tue, Mar 13/2 PM-4 PM**

Registration required

### **The Floor is LAVA!**

Ages 5+

Caution! The Library floor is lava! Join us for interactive explosive volcanoes, photo booths, and relay style activities.

**Wed, Mar 14/10:30 AM-12 PM**

Group registration required, Free tickets given out 30 min before event

### **Stranger Fun**

Ages 8+

It's weird but true! (maybe not all true...). This program is for fans of all things strange, stranger, and strangest. Can you win it in a minute? We're even having waffles!

**Wed, Mar 14/2:30 PM-3:30 PM**

### **Coco-rrific Art Party**

Ages 5+

Unleash your creativity at this Coco-themed party. Learn to see all the beautiful colours that make us who we are by painting life-sized self portraits. Listen to the music of Coco and Mariachi tunes as we craft Mexican paper flowers. Then put it all together in a beautiful art display to share with the whole Library. Frida Kahlo would give us all high fives!

**Thu, Mar 15/10:30 AM-11:30 AM**

Group registration required

### **March Break Dance Party**

Bring the family and break out your dance moves at our Dance Party. Family-friendly music, face painting, punch, and a cool craft round out the fun.

**Thu, Mar 15/2:30 PM-3:30 PM**

### **Jumanji Adventures**

All ages

Join in the adventure with our scavenger hunt game, balloon animal making, and jungle face painting. You'll have a roaring good time.

**Fri, Mar 16/10:30 AM-11:30 AM**

Group registration required

### **A Visit with Little Ray's Reptile Zoo**

Ages 5+

Little Ray's Reptile Zoo is the largest reptile rescue in Canada, assisting the SPCA and the Hope for Wildlife Society in rescuing and placing unwanted pet reptiles across the country. They will provide an educational and entertaining experience featuring some cool and scaly creatures!

**Fri, Mar 16/3 PM**

Free tickets given out 30 min before event

### **St. Patrick's Day Show with Diaga Irish Dance**

All ages

The Diaga Irish Dancers will be joining us for a special performance, dancing hard-shoe and soft-shoe numbers to get everyone in the St. Patrick's Day spirit. Don't forget to check out our St. Patrick's Day puppet show beforehand, at 10:30 a.m. In partnership with the Diaga Irish Dancers.

**Sat, Mar 17/12:15 PM**

### **SuperNOVA Science Camp**

Grades 4-6

Looking for something exciting to do over March Break? Join us for an action-packed week of science and engineering activities hosted by Dalhousie's SuperNOVA! This program is for children who are new to Canada and in Grades 4-6. Please bring a snack to eat on break. Call 902-490-6410 to register after February 12. In partnership with SuperNOVA at Dalhousie and ACTUA.

**Monday-Friday/10 AM-1 PM**

Runs March 12-16, Registration required

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## PROGRAM LISTINGS

### Preschoolers

#### **St. Patrick's Day Puppet Show**

##### ***Is This Wise, Pig?***

All ages

Mouse and Cow want to make an Irish stew for St. Patrick's Day dinner but their friend Pig has funny ideas about what to put in the stew pot. Maybe he has a secret plan!? Come to the Library and find out.

**Sat, Mar 17/11:30 AM-12 PM**

#### **Puppet Show**

##### ***The Wizard's Sneeze***

All ages

The whole kingdom needs the Wizard's help to cast a spell on the rainy weather, but he's got a cold. Come to the library and see what happens when a wizard can't control his magic.

**Wed, Mar 21/10:30 AM-11 AM**

#### **Puppet Show**

##### ***The Wizard's Sneeze***

All ages

The whole kingdom needs the Wizard's help to cast a spell on the rainy weather, but he's got a cold. Come to the library and see what happens when a wizard can't control his magic.

**Sat, Mar 24/10 AM-10:30 AM**

#### **Preschool Egg Hunt**

Ages 0-5

It's time to hunt for hidden eggs. Then trade them in for prizes, make a craft, or take a picture with our cardboard Easter Bunny Rabbit.

**Sat, Mar 31/10 AM-10:45 AM**

#### **Family Drop-In**

Ages 0-5

Join us for stories, songs, and a craft. Each week, we will explore a different theme.

**Mondays/10:30 AM-11:15 AM**

Begins March 26

#### **Storytime**

Ages 3-5

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading.

**Tuesdays/10:30 AM**

Begins March 27, Registration required

#### **Parent and Baby Yoga**

Ages 2-12 months

Parents and babies ages 2-12 months are welcome to join us for a therapeutic yoga class that is designed to build post-partum strength and relieve tension from nursing and/or carrying your baby. The class will end with a short infant massage session. Accessible to all levels; no previous yoga experience is required. Bring your own mat and a small blanket for your baby.

**Wednesdays/11:30 AM-12:15 PM**

Runs until March 7, Session 2 begins March 28, Registration required

#### **Tales for Tots**

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

**Thursdays/10:15 AM-10:45 AM**

No program March 8, 15, and 22, Registration required

#### **Tales for Tots**

Ages 19-35 months

Engage your toddler's imagination and develop early literacy skills. Caregiver must be present.

**Thursdays/11:15 AM-11:45 AM**

No program March 8, 15, and 22, Free tickets given out 30 min before event

#### **Family Drop-In**

Ages 0-5

Families! Enjoy a variety of activities together, including stories and songs.

**Saturdays/10 AM-10:30 AM**

No program March 10, 17, and 24

### Teens

#### **Anime Club**

Ages 12-18

Join us to talk about your favorite anime, manga and fandoms, on the first Thursday night of each month! We start each meeting off with an anime themed game, activity or project before watching a Funimation episode while eating snacks.

**Thu, Mar 1/6:30 PM-8 PM**

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## PROGRAM LISTINGS

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### **The Gallery of Phenomenal Women**

All ages

Celebrate International Women's Day with a collection of images and stories from remarkable women who have shaped our history. Inclusive and intersectional, this installation will look at how we record and remember women's history. Tell us about the phenomenal women in your life, and take part in some all ages "girl power" crafts. Everyone is welcome.

**Thu, Mar 8/3:30 PM-4:30 PM**

### **Riverdale Milkshake Social**

Ages 12+

If you ever wished you could live with Archie, Betty, Veronica, and Jughead in Riverdale, we've got the next best thing. Come on down to our very own version of Pop's Chock-lit Shoppe for a milkshake (Betty's Old Fashioned Vanilla or Veronica's Double Chocolate), photo booth, and other fun activities inspired by Archie and the gang.

**Mon, Mar 12/6:30 PM-7:30 PM**

### **We Love You Evan Hansen**

Ages 12+

Are you as obsessed as we are with the Tony-winning musical *Dear Evan Hansen*? Join us to sing along to your favourite songs from the musical, show off your DEH trivia skills in a Kahoot battle, and make a button to remind everyone #YouWillBeFound.

**Thu, Mar 15/6:30 PM-7:30 PM**

### **Connect the Dots**

#### **Led by The Youth Project**

Ages 18 and under

LGBTQ youth and friends, drop in on the fourth Monday evening of every month, make connections and have fun! Led by the Youth Project. For more information, call 902-429-5429. In partnership with The Youth Project.

**Mon, Mar 26/6 PM-8 PM**

### **YMCA Homework Club for Newcomer Youth**

Ages 12+

Are you a teen who is new to Canada? Join us for a safe and friendly environment where you can get help with your homework, practice your conversational English, and make new friends. In partnership with YMCA.

**Tuesdays/3:30 PM-5:30 PM**

No program March 13

### **The Thursday Hangout**

Ages 12-18

Join us on Thursdays afterschool for a chill hangout spot for teens. Every week we'll do something different - snacks, movies, video games, or even a study session if you want...the possibilities are endless. Meet new people and have fun!

**Thursdays/3:30 PM-4:30 PM**

No program March 15