

**MARCH**  
2018

# Tantallon

## PROGRAM LISTINGS

### **Adult**

ATLANTIC MASTER GARDENERS

#### **Pollinator Gardens**

Do you enjoy watching the butterflies, bees, and humming birds? This lecture will show you how to plant annuals, perennials, and vegetables to attract pollinators. Having a garden alive with movement adds a wonderful sense of awe to your gardening. In partnership with the Atlantic Master Gardeners Association.

**Tue, Mar 6/6:30 PM**

#### **Book Club**

##### ***Do Not Say We Have Nothing*, by Madeleine Thien**

Master storyteller Madeleine Thien takes us inside an extended family in China, showing us the lives of two successive generations—those who lived through Mao's Cultural Revolution and their children, who became the students protesting in Tiananmen Square.

**Tue, Mar 13/7 PM-8:30 PM**

Registration required

#### **Book Club**

The book club meets once a month on a Tuesday night. Please call the Library at 902-826-3330 or stop by the Information Desk to register. You can also pick-up a complete booklist of titles for each month at the Information Desk.

**Tue, Mar 13/7 PM-9 PM**

Registration required

#### **Sahaja Yoga Meditation Meditation Series**

Sahaja Yoga is a unique method of meditation based on an experience called Self Realization (Kundalini awakening) that can occur within each human being. Through this process an inner transformation takes place by which one becomes moral, united, integrated, and balanced. Wear loose comfortable clothing.

**Wed, Mar 14/7 PM-8:30 PM**

TRANSITION BAY TALKS

#### **The Climate Change Movement: Atlantic Canada**

Join members of the Transition Bay Community as they present a discussion around creating a vision and action plan with others, to help start a Climate Change Movement in Atlantic Canada. Join us to hear about this movement, and the steps that are being taken at community levels across the region. A Roadmap document is available, and a video documentary on the retreat will be presented. For more information visit:

[www.transitionbay.ca/events/](http://www.transitionbay.ca/events/) In partnership with Transition Bay.

**Sun, Mar 18/2:30 PM-4:30 PM**

#### **Social Media and Your Business with CEED's Jill Davies**

Join Jill Davies from CEED (Centre for Entrepreneurship Education and Development) for an introductory level presentation outlining the steps and information needed to starting your own business, effective ways to promote your business through social media, and what platforms will be effective. In partnership with the Centre for Entrepreneurship Education and Development (CEED).

**Thu, Mar 22/6:30 PM-8:30 PM**

#### **Rug Hooking Demonstration**

All ages

Join the local Rug Hookers from the Hooked Rug Museum of North America in Hubbards for an all day "Hook -In". Watch the local artists in action, bring along you own Rug Hooking, and socialize with the group, or just stop by to chat with our talented Rug Hookers. For more information, please see the website at [www.hookedrugmuseumnovascotia.org](http://www.hookedrugmuseumnovascotia.org) In partnership with Hooked Rug Museum of North America.

**Sat, Mar 24/10 AM-4:30 PM**

**MARCH**  
2018

# Tantallon

## PROGRAM LISTINGS

### **Open Mindfulness in the Bay**

Each month there will be a new topic related to mindfulness and notable speakers—Dr. Timothy Walker, Brian Callahan, Alice Haspray, and Margaret Calahan—to guide us through the subject. Drop in once to check it out...or come regularly. Sessions include guided practice and discussion. No previous experience is required.

**Sun, Mar 25/2:30 PM-4:30 PM**

Begins March 25

### **Public Health Information Sessions**

#### **Parenting Support**

Parents with children ages 0-5

Drop in once a month for a free session with a Public Health Nurse. And, if you wish, stay and learn more about a special topic. In partnership with Nova Scotia Public Health.

**Tue, Mar 27/1:30 PM-3:30 PM**

### **Sahaja Yoga Meditation**

#### **Meditation Series**

Sahaja Yoga is a unique method of meditation based on an experience called Self Realization (Kundalini awakening) that can occur within each human being. Through this process an inner transformation takes place by which one becomes moral, united, integrated, and balanced. Wear loose comfortable clothing.

**Wed, Mar 28/7 PM-8:30 PM**

### **Needle Niche**

#### **Craft Social Group**

Meet in the lounge with this social group and bring along any of your needle crafts and join in with this fun group. Knitting, crocheting, quilting, embroidery—share your passion or develop a new hobby.

**Thursdays/7 PM-8:50 PM**

### **Games at the Library**

Join us for an afternoon of games such as Scrabble, Crib, or 45's with old friends and new. Please bring a friend or two or your own games to join in the fun. All are welcome.

**Fridays/12:30 PM-2:30 PM**

### **Bridge at the Library**

Mixed "Kitchen" style- all new members with some experience with Kitchen Style Bridge are welcome to join.

**Fridays/1 PM-4 PM**

## **Kids**

### **Teen Fan Art Club**

Ages 13+

Writers! Artists! Makers! Whatever you are a fan of, join us for a night of sharing fan fiction, making art, or building cool things.

**Thu, Mar 1/6:30 PM-8 PM**

### **SUPER SATURDAYS**

#### **Family Games**

All ages

Giant Games, Board Games, Video Game... Let's Play!

**Sat, Mar 10/10 AM-12 PM**

### **Sensory-Friendly Library Time**

#### **March Break Edition**

Join Library staff for an afternoon of doing whatever you and your family want, or take part in a special March Break activity. Come to read, play, make a craft, ask questions, and play on a computer or iPad, and check out cool stuff (books, CD's, DVD's). Or simply explore and enjoy the Library in a low-stimulation environment. This day is for adults, children, and families who are living with Autism Spectrum Disorder and other sensory disorders.

**Mon, Mar 12/3 PM-5 PM**

Registration required

**MARCH**  
2018

# Tantallon

## PROGRAM LISTINGS

### **Take Flight!**

#### **A STEM workshop**

Ages 5+

Hands-on science experiments and activities all about flight. It will be so much fun, they won't even notice they are learning something.

**Tue, Mar 13/2 PM-3:30 PM**

Free tickets given out 30 min before event

### **Retro Play!**

Ages 5+

Dig into classic games from your parent's childhood. We've some oldies but goodies; that's why games like connect Four, Jenga, Twister, and others are still around. Come try them out with a friend.

**Wed, Mar 14/9:30 AM-11:30 AM**

### **Hello New Tech Toys**

Ages 5+

Try out new technology toys, such as Dot and Dash (yup, robots!), green screen technology, all the best new iPad music apps and a few surprises.

**Wed, Mar 14/2 PM-4 PM**

### **Lego Building Challenges**

Ages 8+

Start with a free build, then face our quick challenges. Tallest, longest, strongest, prettiest, fastest...are you a future Lego Master?

**Thu, Mar 15/9:30 AM-11:30 AM**

Free tickets given out 30 min before event

### **Puppet Show**

#### **Bark, George!**

All Ages

What wacky antics will those puppets get up to this time?

**Thu, Mar 15/3 PM-3:30 PM**

Free tickets given out 30 min before event

### **Creator Contest**

Ages 5+

A new contest for March Break! We have three categories that you can enter: Arts, Models, or Inventions. We have three age groups each: 5-8 years, 9-12 years, and 13+. For more information, and for an entry form, please contact the Library.

**Sat, Mar 17/12 PM-4 PM**

Registration required

### **Homeschoolers at the Library**

All ages

Drop in to help us make our own Zine. We'll meet to share and plan and play, and take home our special assignments for the month. Contact Eric the librarian to register your family at 902-826-3333.

**Tue, Mar 20/2 PM-4 PM**

Registration required

## **Preschoolers**

### **Puppet Show**

#### **Bark, George!**

What wacky antics will those puppets get up to this time?

**Thu, Mar 15/3:30 PM-4 PM**

Free tickets given out 30 min before event

### **SUPER SATURDAYS!**

#### **Puppet Show**

##### **Bark, George!**

All ages

What wacky antics will those puppets get up to this time?

**Sat, Mar 24/10:30 AM-11 AM**

Free tickets given out 30 min before event

### **Songs and Stuff**

Ages 0-5

Music focused story time for preschoolers and their families!

**Thursdays/10 AM-11 AM**

No program March 15 and 22

### **Fables and Frolics**

Ages 0-5

Free-play, crafts, story time and more family fun!

**Fridays/10 AM-11 AM**

No program March 23 and 30,