

APRIL
2018

Cole Harbour

PROGRAM LISTINGS

Adult

Pre-Diabetes: What to Do

Pre-diabetes, when blood sugars are above the normal range, offers a warning that you are at risk of developing diabetes. Learn how lifestyle choices can give you a chance to change your future. Please call the Community Health Team at 902-460-4555 to register. In partnership with the Dartmouth Community Health Team.

Wed, Apr 11/6 PM-8:30 PM

Registration required

ATLANTIC MASTER GARDENERS

Planning Your Vegetable Garden

Interested in growing your own fresh produce? This hands-on workshop will show you how to plan your garden for companion plants, rotation, cover crops, and maximum yield. No matter if you have a small plot or a half acre, you will be able to plan your garden for your greatest enjoyment. In partnership with the Atlantic Master Gardeners Association.

Sat, Apr 14/10:30 AM

Registration required

Prepare to Do Your Will

Prepare for writing your will by using the 12 simple steps of the Legal Information Society's online wills form. Review sample will templates and get a lawyer referral to a lawyer who prepares wills for a reasonable fee. Getting organized to write your will has never been easier. Presented by The Legal Information Society of Nova Scotia (LISNS), which is a charitable, not for profit organization connecting Nova Scotians with the resources they need to assist with their legal issues. In partnership with Legal Information Society of Nova Scotia.

Wed, Apr 18/7 PM-8 PM

Registration required

Knitting for Charity

Preemie caps, finger puppets and twiddle muffs are just a few of the things our knitters have made for charity. We've been knitting for area retirement homes, the IWK, community groups and more. Patterns, needles and materials provided. You supply the time - and the heart! Yarn donations gratefully received.

Wed, Apr 25/6:30 PM-8:30 PM

Kids

LIBRARY RATS

Art-tastic

Grades 5-6

Origami, sketching, and painting - let's get into it and have an evening of artistic fun. Drop off is at 6:30pm and pick up at 7:45pm

Tue, Apr 3/6:30 PM-7:45 PM

LIBRARY RATS

Life-Sized Pac-Man

Grades 5-6

See the program room transform into a giant Pac-Man game and you...you are the playing pieces. Drop off is at 6:30 p.m. and pick up at 7:45 p.m.

Tue, Apr 17/6:30 PM-7:45 PM

Preschoolers

Puppet Show

Storybook Characters Look for Work

Ages 0-8

Peter Rabbit wants to be a vegetable gardener, the Big Bad Wolf thinks he'd be great as a pig farmer, the first Little Pig wants to go into construction, and Bingo the dog wants to become a singer. Where will they end up working?

Thu, Apr 5/10:30 AM-11 AM

Group registration required, Free tickets given out 30 min before event

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Puppet Show

Gruffalo

Ages 0-8

What will happen when mouse meets some hungry forest animals?

Thu, Apr 12/10:30 AM-11 AM

Group registration required, Free tickets given out 30 min before event

Puppet Show

Little Red Riding Hood and Friends: The Earth Day Edition

Ages 0-8

Reduce, reuse, recycle. Join Little Red and her friends, as we celebrate Earth Day.

Thu, Apr 19/10:30 AM-11 AM

Group registration required, Free tickets given out 30 min before event

Puppet Show

Don't Let the Pigeon Drive the Bus

Ages 0-8

Pigeon really, really, really wants to drive the bus, and he sees his chance when the bus driver takes a break.

Thu, Apr 26/10:30 AM-11 AM

Group registration required, Free tickets given out 30 min before event

Family Drop-In

Ages 0-8

Stories, rhymes and plenty of time to play and chat.

Wednesdays/10:30 AM-11:15 AM

Group registration required, Free tickets given out 30 min before event

Teens

Area 51

Grades 7-9

Space for teens to hang out and relax, watch movies and videos, play games and participate in cool activities.

Snacks are provided.

Thursdays/6:30 PM-8 PM