

MAY
2018

Sackville

PROGRAM LISTINGS

Adults

Stitch Niche

Whatever your interest - knitting, crocheting, needlework - join us for an evening of stitchery and conversation. All levels are welcome.

Wednesday, May 2

7:00 PM - 8:45 PM

Book Club: Fifteen Dogs by André Alexis

This contemporary moral fable offers a compelling and affecting look at the beauty and perils of human consciousness. Human intelligence is granted to fifteen dogs, who wrestle with the challenges that arise as the result of their elevated thinking. By turns meditative and devastating, charming and strange, Fifteen Dogs shows you can teach an old genre new tricks.

Wednesday, May 9

7:00 PM - 8:00 PM

Stitch Niche

Whatever your interest - knitting, crocheting, needlework - join us for an evening of stitchery and conversation. All levels are welcome.

Wednesday, May 16

7:00 PM - 8:45 PM

Introduction to Making the Most of Your Food Dollar

Learn how to get more value and nutrition from your food dollar with meal planning, preparation, and smart shopping tips. In partnership with the Bedford/Sackville Community Health Team.

Wednesday, May 23

7:00 PM - 8:30 PM

Registration is required. To register, please call (902) 460-4560.

Radon, Your Health & Your Home

Learn about health issues related to radon, how you can test your home, and what to do if you've got a problem. Guests will include a radon evaluation and mitigation expert from Pinchin Leblanc Environmental, and a representative from Health Canada. In partnership with the Lung Association of Nova Scotia.

Friday, May 25

2:30 PM - 3:30 PM

Confidence Building for Women

In this three-session interactive workshop, participants will have the opportunity to learn and utilise a number of techniques designed to increase confidence. Topics will include: defining and understanding confidence; the impact of confidence in one's life; assertive communication strategies tips for dealing with our inner critic; techniques for increasing confidence, and goal setting. Bus tickets and funding for childcare are available upon request. Course runs every Friday, May 4 - May 18, 2018. In partnership with TEAM Work Cooperative with Women's Employment Services.

Fridays

9:30 AM - 12:00 PM

Registration is required. For more information or to register for this program, please call (902) 422-8023.

All Ages

Photography Expo with Sackville Photography Club

View a special exhibit featuring the latest photos taken by Sackville Photography Club members. Member photographers will be on hand to answer all of your questions.

Friday, May 4

1:00 PM - 5:30 PM

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Saturday, May 5

10:30 AM - 4:30 PM

Photography Expo with Sackville Photography Club

View a special exhibit featuring the latest photos taken by Sackville Photography Club members. Member photographers will be on hand to answer all of your questions.

Sunday, May 6

2:30 PM - 4:30 PM

Céilidh with Celtic Harp: A' Chlàrsach Cheilteach

A Gaelic Nova Scotia Month Event

Experience a traditional céilidh - Gaelic for "visit". Your host will bring you songs, stories, tea, and oatcakes, and a special performance by Alys Howe on the Celtic Harp. Gaelic Nova Scotia Month: Our Story to Tell / Mìos nan Gàidheal: Ar Sgeul ri Innse. May is Gaelic Nova Scotia Month. In the old Gaelic calendar, the first day of May marks the beginning of summer. Gaels are a Nova Scotia people with a rich culture expressed through poetry, song, music, dance, stories, foodways, lineages, spirituality, and custom.

Many Nova Scotians have connections to Gaelic heritage. In partnership with HRM Gaelic community members and the Gaelic Affairs Division of the Department of Communities, Culture, and Heritage.

Wednesday, May 30

7:00 PM - 8:00 PM

Kids

Kids' Club: Green Thumbs

A Gardening Programs & Workshops Event

Ages 5-9. It's never too early to start learning about gardening. This week's Kids' Club is all about developing your green thumb. We'll learn about what it takes to help a plant grow, while having loads of fun in the dirt.

Wednesday, May 9

3:15 PM - 4:15 PM

Registration is required. To register, call us at (902) 865-3744

Chinese Cooking: Tangyuan-Making Workshop

Ages 8+. Celebrate Asian Heritage Month with special guests from the Confucius Institute, Saint Mary's University. They will walk us through how to make Tangyuan, a traditional Chinese dessert. This workshop includes a short presentation on the origins of the dessert, and when it is traditionally eaten. In partnership with the Confucius Institute.

Saturday, May 12

2:00 PM - 3:30 PM

Registration is required. To register, call us at (902) 865-3744.

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Kids' Club: Food Field Trip

For this week's Kids' Club, we're going on a field trip. We'll meet at the Lower Sackville Superstore for a healthy eating tour, followed by a scavenger hunt. After that, we'll make a special group snack. In partnership with PC Cooking School.

Wednesday, May 23

3:15 PM - 4:45 PM

Atlantic Superstore | PC Cooking School

Registration is required. To register, call us at (902) 865-3744

Preschoolers

Puppet Show: Jack and the Beanstalk

Watch as Jack trades his treasured cow for magic beans, grows a beanstalk, and faces off against a giant! Caregivers must be present.

Wednesday, May 16

10:30 AM - 11:00 AM

Baby & Tot Time

Ages 0-35 months. Joins us for songs, stories, and play in this interactive program for babies, toddlers, and their caregivers.

Tuesdays

10:30 AM - 11:00 AM

Storytime & Play

Ages 3-5. Songs, stories, rhymes, and free play. Children will experience independent group activity and gain pre-reading skills. Caregivers must be present, and siblings of other ages are welcome.

Thursdays

10:00 AM - 11:00 AM

Teens

Connect the Dots with The Youth Project

Ages 18 and under. LGBTQ+ youth and friends - drop in, make connections, and have fun! This program is held the first Tuesday of every month. In partnership with the Youth Project.

Tuesday, May 1

6:00 PM - 8:00 PM

Teen Zone

Hang out, meet new people, play games, share a meal. Fun activities and snacks offered each week based on ideas from people like you! Drop-in 6-7 PM | Program runs 7-8:30 PM.

Thursdays

6:00 PM - 8:30 PM