

JUNE
2018

Capt. William Spry

PROGRAM LISTINGS

Adults

Job Junction

You are not alone. Job Junction gives you personalized help with one-on-one meetings. Drop in, bring your questions and needs, and we will review options with you. Presented in partnership with Job Junction

Wednesday, June 6
1:00 PM - 4:00 PM

An Evening with Bill Jardine

All ages. Join Bill Jardine for an intimate acoustic performance as he sings a collection of touching songs about his family, friends, neighbours, and strangers he has encountered along the way. Enjoy the stories behind the songs written for his latest CD, Family Matters.

Wednesday, June 6
6:30 PM - 8:00 PM

Colour Away Your Stress

Studies show that coloring can relieve stress and promote wellness. Come and experience the latest trend in relaxation. Join us for an hour of relaxing activity that is calming as well as fun. Coloring supplies are provided.

Friday, June 8
2:30 PM - 3:30 PM

Registration is required. To register call our Information Desk at (902) 490-5818.

MEC's Mobile Bicycle Maintenance Station

All ages. Staff from MEC (Mountain Equipment Co-op) will be on hand with their mobile bicycle safety check and repair station. Drop in and learn basic bike maintenance, get some quick adjustments, and prepare to explore your community on 2 wheels. In partnership with the Halifax Regional Municipality

Saturday, June 9
2:00 PM - 4:00 PM

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Wednesday, June 13
1:00 PM - 4:00 PM

Sahaja Yoga Meditation Series

Sahaja Yoga is a unique method of meditation based on an experience called Self Realization (Kundalini awakening) that can occur within each human being. Through this process an inner transformation takes place by which one becomes moral, united, integrated, and balanced. Wear loose comfortable clothing.

Wednesday, June 13
7:00 PM - 8:30 PM
Registration is required.

Float Your Boat: DIY Cork Sailboat Workshop

All ages. Set sail for fun with this unique craft. Join us as we magically turn wine corks into tiny colorful sailboats! All supplies are provided.

Friday, June 15

3:00 PM - 4:00 PM

Registration is required. To register call our Information Desk at (902) 490-5818.

Book Club: When Breath Becomes Air by Paul Kalanithi

When Breath Becomes Air is a non-fiction autobiographical book written by Paul Kalanithi. It is a memoir about his life and illness, battling stage IV metastatic lung cancer.

Wednesday, June 20
7:00 PM - 8:00 PM

Literary Cafe: Short Stories

Stories take time. Join Theatre Guild actor and musical duo Elena and Azin Mehrjou for this one of a kind Friday afternoon. Whether you're bingeing the newest season of your favourite TV show, listening to an audiobook, or engrossed in the pages of a novel, stories are experienced in hours, days, months, and occasionally years. But short stories are different. Short stories, to paraphrase Neil Gaiman, take us around the universe or break our hearts with only a few thousand words.

Friday, June 22
2:30 PM - 3:30 PM

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Wednesday, June 27

7:00 PM - 8:30 PM

Registration is required.

Bridge Club

Play bridge and meet new people in your neighbourhood.

Thursdays | Thursday, June 7

1:00 PM - 4:00 PM

4-Week Series: Craving Change

Discover why you eat the way you do and find out some tricks to change your thinking and your eating. In partnership with Chebucto Community Health Team

Fridays | Friday, June 1

2:00 PM - 4:00 PM

Runs June 1-22. Registration is required.

Kids

Summer Reading Club Kick-off Party: Captain William Spry

We're kicking off the Summer Reading Club 2018 with fun games, treats and fun activities. Come and join us to get the head start on your reading adventure!

Thursday, June 28

2:00 PM - 3:00 PM

Preschoolers

Puppet Show

Come see what funny antics our silly puppets get up to.

Saturday, June 9

11:00 AM - 11:30 AM

Puppet Show

Come see what funny antics our silly puppets get up to.

Saturday, June 23

11:00 AM - 11:30 AM

Teens

Connect the Dots with The Youth Project

Ages 18 and under. LGBTQ youth and friends, drop in on the third Tuesday of every month, make connections and have fun! In partnership with The Youth Project

Tuesday, June 26

6:00 PM - 8:00 PM

Teen Zone

A fun and safe place for teens of all backgrounds to hang out, relax, meet friends and learn new things. Everyone is welcome...and there's food!

Thursdays | Thursday, June 7

6:00 PM - 8:00 PM