Sausage and Lentil Soup

Prep time: 10 mins | Cook time: 8 hours

Servings: 6 | Yields: 12 cups

INGREDIENTS

1 can brown lentils, drained and rinsed

1 can diced tomatoes, low sodium

4 cups vegetable broth

3 cups water

1 carrot, chopped

4 Italian sausages, sliced

2 stalks celery, diced



METHOD

- 1. Cook on low for 8 hours.
- 2. Stir together before serving to thicken the mix.

Recipe from Nadine Bernard's cookbook: Slow Cooked Dreams