

# Garden Vegetable Soup

Prep time: 15 min | Cook time: 8 hours

Servings: 6 | Yields: 12 cups

## INGREDIENTS

4 carrots, diced  
1 can tomatoes, sodium free  
1 medium zucchini, diced  
1 small turnip, diced  
1 can kidney beans, drained and rinsed  
4 cups vegetable broth  
1 bottle pasta sauce  
1 tsp parsley  
1 tsp oregano  
2 garlic cloves, minced

## METHOD

1. Add all ingredients together in your slow cooker and cook on low for 8 hours.

*Recipe from Nadine Bernard's cookbook: Slow Cooked Dreams*

